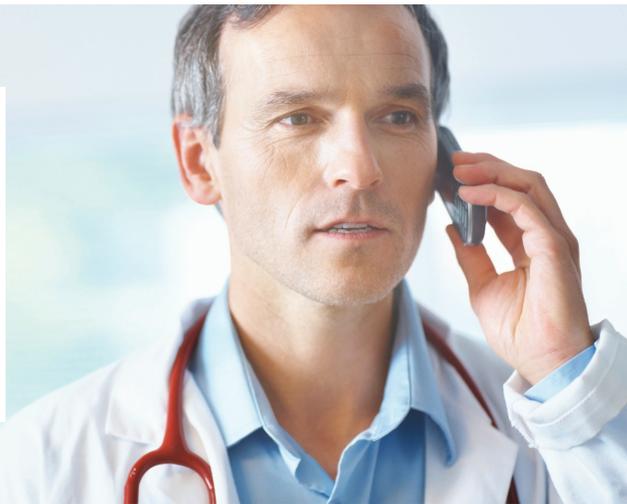


Getting started with Teladoc[®]



Teladoc's U.S. board-certified doctors are available 24/7/365 to resolve many of your medical issues through phone or video consults. Set up your account today so when you need care now, **a Teladoc doctor is just a call or click away.**

GET STARTED

It's quick and easy online. Visit the Teladoc website at Teladoc.com, click "GET STARTED NOW" and provide the required information. Upon entering your information, you will be required to select your health insurance provider. Select Trustmark and enter your member ID. You can also call Teladoc for assistance over the phone.

REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care.

PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.

Online: Log into Teladoc.com and click "My Medical History".

Mobile app: Log into your account and complete the "My Health Record" section. Visit Teladoc.com/mobile to download the app.

Call Teladoc: Teladoc can help you complete your medical history over the phone.

Talk to a doctor anytime

 Teladoc.com

 [Facebook.com/Teladoc](https://www.facebook.com/Teladoc)

 **1-800-Teladoc**

 **Teladoc.com/mobile**

Download the app and talk to a doctor for \$45*

Download
the app:



*Specialist services may have additional costs associated.

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