

## **DEBRIEFING MODEL**

### **INTRODUCTION**

- I'm sorry this happened to you
- Introduce team members
- I know some of you don't want to be here. I appreciate that some of you may not need this information, but perhaps one of your friends will and by being here you may be of some help to them.
- We are here to share information with you about what others who have gone through a similar event have experienced.
- This is not a critique of the event or of anyone's performance.
- You have the opportunity of talking about what you did during and after the event.
- CONFIDENTIALITY
- DISCLAIMER
- NO MEDIA
- Permission to move around, leave, come back

### **FACT**

- What did you see, hear or do during the incident?
- Where were you and what did you do when you first heard about the incident?

### **THOUGHT**

- What was your first thought after the incident?
- What was your first thought after you heard about what happened?

### **REACTION**

- What is the worst part of this for you?

### **SYMPTOMS**

### **TEACHING**