

Senior Project FRESH



Fresh Local Produce for Older Adults

Senior Project FRESH (Farm Resources Expanding & Supporting Health) provides qualifying seniors with Michigan grown products from registered farmers markets and roadside stands. Seniors can also learn about healthy nutrition, food access information, and food assistance. Qualified adults receive \$25 in benefits to purchase fresh fruits and vegetables at participating farmers markets only – **not** for use at grocery stores.

To qualify, the following criteria must be met:

- 60 years of age or older
- Have a total household income of 185% or less of the poverty level
- Live in the county where coupons are dispersed
- Attend a class or one-on-one instruction on healthy eating

For more information on Senior Project FRESH in Oakland County, please contact Robin Danto at 248-215-6307 or dantor@oakgov.com



FUNDING FOR SENIOR MARKET FRESH ORIGINATES FROM THE U.S. DEPARTMENT OF AGRICULTURE AND IS FUNDED THROUGH THE FEDERAL FARM BILLS.

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