

# Go-Kits for At-Risk Individuals

Seniors, persons with disabilities, and others may require special planning. Create a Go-Kit that is specific to their needs. A special-needs person may not be living in your home full time, but you may be responsible for them during an emergency, like a grandparent or a neighbor.



- A hard copy of information like meeting places, phone numbers, and directions or instructions
- Food for special diet needs, candies, snacks
- Water
- Extra shoes/slippers
- Blanket
- Spare canes, folding walkers, folding shower chairs, or other mobility aides
- Wheelchair, non-motorized
- Extra battery for motorized wheelchair
- Hearing aids with extra batteries
- Dentures and denture care items
- List of model and serial numbers for medical devices, chairs, or equipment
- Extra medical items like oxygen, catheters, diabetes monitors, etc.
- Extra pair of glasses (not older than one year)
- Personal sanitary items (protective undergarments, wipes, disposable bags, ties)

**Don't wait for disaster to strike - get prepared!**



L. Brooks Patterson  
Oakland County Executive



@publichealthoc



Oakland County Health Division  
1200 N Telegraph 34E Pontiac MI 48341  
248.858.1280