



# OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

## Senior Resource Information

### **Oakland County Health Division Nurse on Call**

800-848-5533 and choose option 1

[www.oakgov.com/health](http://www.oakgov.com/health)

e-mail at [noc@oakgov.com](mailto:noc@oakgov.com)

### **Beaumont Hospital Older Adult Services**

800-328-2241

[www.beaumont.edu/centers-services/home-health-services/older-adult-services](http://www.beaumont.edu/centers-services/home-health-services/older-adult-services)

### **Michigan Home Care Guide**

[www.michiganhomecareguide.com](http://www.michiganhomecareguide.com)

### **Eldercare locator**

800-677-1116

[www.eldercare.gov](http://www.eldercare.gov)

### **Jewish Senior Life**

248-661-1836

[www.jslmi.org](http://www.jslmi.org)

### **Medicare and Medicaid Assistance Program**

800-803-7174

[www.aaalb.com](http://www.aaalb.com)

### **Michigan (OSA) Office of Services for the Aging**

517-373-8230

[www.michigan.gov/osa](http://www.michigan.gov/osa)

### **Macomb Oakland Regional Center, Inc.**

866-807-6940

Assists individuals with disabilities and mental illness

[www.morcinc.org](http://www.morcinc.org)

**Oakland** 248 276-8000

**Macomb** 586-263-8700

TTY: 248-276-8009

TTY: 586-286-5036

### **Oakland Livingston Human Service Agency (OLHSA)**

248-209-2600

[www.olhsa.org](http://www.olhsa.org)

### **United Way of Southeast Michigan**

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[www.liveunitedsem.org](http://www.liveunitedsem.org)



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## **Adult Abuse and Neglect Referrals:**

**Adult Protective Services for all of Michigan**

**855-444-3911**

[www.michigan.gov/dhs/0,1607,7-124-5452\\_7122-15663--,00.html](http://www.michigan.gov/dhs/0,1607,7-124-5452_7122-15663--,00.html)

## **Senior Programs in Cities and Counties:**

### **Oakland County Nurse on Call**

248-858-1406, choose option 1

[www.oakgov.com/seniors](http://www.oakgov.com/seniors)

### **City of Detroit Ombudsman**

313-224-6000

[ombudsman@detroitmi.gov](mailto:ombudsman@detroitmi.gov)

### **Genesee County**

810-424-4478

[www.gc4me.com/resident/senior\\_services/index.php](http://www.gc4me.com/resident/senior_services/index.php)

### **Lapeer County**

810-245-5866

[www.lapeercountyweb.org/](http://www.lapeercountyweb.org/)

### **Livingston County (Senior Nutrition-Meals on Wheels)**

810-632-2155 or 888-886-8971

[www.livgov.com/seniornutrition](http://www.livgov.com/seniornutrition) or [www.lcsnp.org](http://www.lcsnp.org)

### **Macomb County**

586-469-5228

<http://mca.macombgov.org>

### **Washtenaw County**

734-544-6747; AAA 734-213-6704

[www.ewashtenaw.org/services\\_for/older\\_adults.html](http://www.ewashtenaw.org/services_for/older_adults.html)

### **Wayne County**

734-727-7373

[www.waynecounty.com/svs/index.htm](http://www.waynecounty.com/svs/index.htm)



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## **SE Michigan Area Agencies on Aging:**

**Area Agency on Aging 1B** (Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw)

800-852-7795 [www.aaalb.com](http://www.aaalb.com)

**Detroit Area Agency on Aging 1A** (Detroit, Hamtramck, Harper Woods, Highland Park, Pointes)

313-446-4444 [www.detroit seniorsolution.org](http://www.detroit seniorsolution.org)

**1C Senior Alliance, Inc.** (All of Wayne County except areas served by Detroit AAA)

734-722-2830 or 800-815-1112 [www.aaalc.org](http://www.aaalc.org)

**Region 7 Area Agency on Aging** (Bay, Clare, Gladwin, Gratiot, Huron, Isabella, Midland, Saginaw, Sanilac, Tuscola)

989-893-4506 or 800-858-1637 [www.region7aaa.org](http://www.region7aaa.org)

**Valley AAA** (Genesee, Lapeer, Shiawassee)

810-239-7671 or 800-978-6275 [www.valleyaaa.org](http://www.valleyaaa.org)

**TDD** 810-233-4242

For a list of other Area Agencies on Aging in Michigan go to [www.aaanm.org/area-agencies-on-aging-michigan/](http://www.aaanm.org/area-agencies-on-aging-michigan/)

## **Other Resources**

**Better Business Bureau of Eastern Michigan**

248-223-9400 <http://easternmichigan.bbb.org/>

**Michigan Protection and Advocacy Services** Protects the legal rights of people with disabilities

800-288-5923 or 517-487-1755 [www.mpas.org](http://www.mpas.org)

## **Volunteer Opportunities:**

**Home Delivered Meals:** Contact your local senior center or your local Area Agency on Aging (See above on this page)

**Oakland Literacy Council**

248-253-1617 [www.oaklandliteracy.net](http://www.oaklandliteracy.net)

**American Red Cross**

313-833-4440 or 877-788-0014 [www.redcross.org/local/michigan](http://www.redcross.org/local/michigan)