

## Home Delivered Meals

Available to older adults who cannot leave home due to illness, frailty or disability, without regard to income. Must be age 60 and older. An in-home assessment is required to determine need.

**Bloomfield Township Senior Services** [www.bloomfieldtwp.org/seniors](http://www.bloomfieldtwp.org/seniors) **248-723-3500**

Bloomfield Township, City of Bloomfield Hills (Ages 62 and above only)

**Emerald Food Services** [www.aaalb.org/programs-services/meals-on-wheels/](http://www.aaalb.org/programs-services/meals-on-wheels/) **248-689-0001**

Berkley, Beverly Hills, Birmingham, Clawson, Ferndale, Franklin, Hazel Park, Huntington Woods, Lathrup Village, Madison Heights, Oak Park, Pleasant Ridge, Royal Oak Township, Southfield, Troy.

*You may be added to a waiting list before you will receive service.*

**City of Farmington Hills** [www.fhgov.com/Activities/Programs/Adults-50-Better/Nutrition-Services.aspx](http://www.fhgov.com/Activities/Programs/Adults-50-Better/Nutrition-Services.aspx) **248-473-1825**

Farmington, Farmington Hills

**Jewish Family Services-Kosher Mobile Wheels** [www.jfsdetroit.org/how-we-help/for-older-adults](http://www.jfsdetroit.org/how-we-help/for-older-adults) **248-592-2313**

*Kosher Home Delivered in:* Farmington Hills, West Bloomfield, Oak Park, Southfield

**Older Persons' Commission** [www.opcseniorcenter.org](http://www.opcseniorcenter.org) **248-608-0264**

Addison Township, Auburn Hills, Brandon, Clarkston, Independence, Lake Angelus, Lake Orion, Leonard, Oakland Township, Orion Township, Oxford, Rochester, Rochester Hills

**Pontiac Meals On Wheels** **248-738-9393**

Keego Harbor, Orchard Lake, Pontiac, Sylvan Lake

**Waterford Senior Center** [www.waterford.k12.mi.us/pages/51377/waterford-senior-center](http://www.waterford.k12.mi.us/pages/51377/waterford-senior-center) **248-682-9450**

Waterford Township



## OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

### **Western Oakland Meals on Wheels**

[www.womow.org](http://www.womow.org)

**888-886-8971 or  
810-632-2155**

West Bloomfield, Commerce, Davisburg, Groveland Township, Highland, Holly, Lyon Township, Milford, New Hudson, Northville (N. of 8 Mile), Novi, Novi Township, Rose Township, South Lyon, Springfield Township, Walled Lake, White Lake, Wixom

### **Liquid Nutrition:**

**Check with the Meal Program in your area to see if they provide liquid nutrition.**

There may be a location in the community where seniors can eat a meal and socialize with others. Congregate meal sites are often available in local senior centers and senior housing sites. See the list of senior centers or contact **Area Agency on Aging 1B at 800-852-7795** for a site listing. [www.aaalb.org/programs-services/meals-on-wheels/](http://www.aaalb.org/programs-services/meals-on-wheels/)

### **Other sources for meals that are delivered to the home:**

#### **Mom's Meals**

[www.momsmeals.com](http://www.momsmeals.com)

**877-508-6667**

Meals are in sealed packages and are shipped in a cooler to your home. Stay fresh in the refrigerator for 14 days. Special diets available. Meals are approximately \$6.00-\$7.00 each. Accepts Medicaid Waiver & Gov't Meal Programs.

#### **Schwan's**

[www.schwans.com/](http://www.schwans.com/)

**888-724-9267**

Home-delivered frozen foods