



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Crisis Intervention and Counseling Services

Crisis Intervention

Common Ground

800-231-1127	www.commongroundhelps.org	<ul style="list-style-type: none"> • 24 hour crisis helpline • Referrals to local mental health agencies 	<ul style="list-style-type: none"> • Counseling & support services • Mental health and substance abuse assessment services
--------------	--	--	--

Haven

877-922-1274	www.haven-oakland.org	<ul style="list-style-type: none"> • Domestic Violence & Sexual Assault services 	<ul style="list-style-type: none"> • Counseling program • 24 hour crisis and support line
--------------	--	---	---

National Suicide Hotline

800-SUICIDE (784-2433) www.suicide.org
 800-799-4889 (Text Telephone)

National Suicide Prevention Lifeline

800-273-TALK (8255) www.suicidepreventionlifeline.org 24-hour hotline for anyone in suicidal crisis or emotional distress

Counseling Services

Catholic Charities of Southeast Michigan

		http://ccsem.org/ Counseling and substance abuse services		
Auburn Hills	Lake Orion	Royal Oak	Southfield	Waterford
248-537-3300	248-693-7526	248-548-4044	248-552-0750	248-666-8870

Jewish Family Services (Some programs are for Jewish adults only. Check for eligibility)

248-592-2300	www.jfsdetroit.org	<ul style="list-style-type: none"> • Support services for older adults 	<ul style="list-style-type: none"> • Individual, group & financial counseling
--------------	--	---	--



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Oakland Family Services

	www.oaklandfamilyservices.org	Counseling services for homebound older adults	Mental health and substance abuse counseling and treatment
Pontiac 248-858-7766	Berkley-no sliding scale here 248-544-4004	Rochester Hills 248-853-0750	Walled Lake 248-624-3812

Oakland Mediation Center

800-8-RESOLVE (800-873-7658)	http://mediation-omc.org/	Helps residents resolve disputes (i.e. divorce, guardianship, employment mediation) in a peaceful, respectful manner	
---------------------------------	---	--	--

Oakland University, Rochester

248-370-2633	www.oakland.edu/sehs/cc/	Free counseling services by graduate student interns (some restrictions apply) M-Th, 9a-9p F, 9a-5p S, 9a-3p	
--------------	--	--	--

Grief Counseling

American Hospice Foundation

	www.americanhospice.org	Library of resources
--	--	----------------------

Angela Hospice

866-464-7810	www.angelahospice.org
--------------	--

Hospice of Michigan

888-247-5701	www.hom.org
--------------	--

Check with your local senior center, local funeral home or Hospice to find support after the loss of a loved one.