### Crisis Intervention

**Common Ground**
- **Number:** 800-231-1127
- **Website:** [www.commongroundhelps.org](http://www.commongroundhelps.org)
- **Services:**
  - 24 hour crisis helpline
  - Referrals to local mental health agencies
  - Counseling & support services
  - Mental health and substance abuse assessment services

**Haven**
- **Number:**
  - 877-922-1274
  - 248-334-1274
- **Website:** [www.haven-oakland.org](http://www.haven-oakland.org)
- **Services:**
  - Domestic Violence & Sexual Assault services
  - Counseling program
  - 24 hour crisis and support line

**National Suicide Hotline**
- **Number:**
  - 800-SUICIDE (784-2433)
  - 800-799-4889 (Text Telephone)
- **Website:** [www.suicide.org](http://www.suicide.org)

**National Suicide Prevention Lifeline**
- **Number:** 800-273-TALK (8255)
- **Website:** [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)
- **Services:** 24-hour hotline for anyone in suicidal crisis or emotional distress

### Counseling Services

**Catholic Charities of Southeast Michigan**
- **Counseling and substance abuse services**
- **Number:** 855-882-2736
- **Website:** [http://ccsem.org/](http://ccsem.org/)

**Locations**
- Auburn Hills: 248-537-3300
- Lake Orion: 248-693-7526
- Pontiac: 248-338-4250
- Royal Oak: 248-548-4044
- Southfield: 248-552-0750
- Waterford: 248-666-8870

**Easterseals Senior Reach Program**
- **Services:** Counseling & case management referrals for 60 years+ Oakland County residents
- **Number:** 877-231-0155
- **Website:** [www.eastersealsmichigan.com](http://www.eastersealsmichigan.com)

Crisis Intervention and Counseling Services
05/01/2018
Jewish Family Services  (Some programs are for Jewish adults only. Check for eligibility)
248-592-2313  www.jfsdetroit.org  Support services for older adults  Individual, group & financial counseling

Oakland Family Services  www.oaklandfamilyservices.org
Counseling services for homebound older adults  Mental health and substance abuse counseling and treatment
Pontiac  Berkley-no sliding scale here  Rochester Hills  Walled Lake

Oakland Mediation Center
248-338-4280  http://mediation-omc.org/  Helps residents resolve disputes (i.e. divorce, guardianship, employment mediation) in a peaceful, respectful manner

Oakland University, Rochester
248-370-2633  www.oakland.edu/sehs/cc/  Free counseling services by graduate student interns (some restrictions apply)  M-Th, 9a-9p  F, 9a-5p  S, 9a-3p

Grief Counseling
American Hospice Foundation
www.americanhospice.org  Library of resources

Angela Hospice
866-464-7810  www.angelahospice.org
734-464-7810

Hospice of Michigan
888-247-5701  www.hom.org

Check with your local senior center, local funeral home or Hospice to find support after the loss of a loved one.