



HEALTHY OAKLAND PARTNERSHIP

GOAL: To improve the health and wellbeing of Oakland County by collaborating to increase and promote healthy eating and physical activity opportunities.

WHO: Healthy Oakland Partnership (HOP) is a collaboration of stakeholders in Oakland County who work together to improve and promote healthy living.

WHERE: Healthy Oakland Partnership (HOP) has five focus cities: Hazel Park, Oak Park, Pontiac, Southfield, and Waterford



YOUTH TEAM

Increase and promote healthy eating and physical activity opportunities for youth both inside, and outside, of school.



FARMERS MARKET TEAM

Increase and promote healthy eating and physical activity opportunities with families and seniors.

HOP INITIATIVES:

- Family & Senior Market Days
- Farm to School Programs
- CATCH Training
- School Wellness Support
- Yoga at the Market
- Walk with Doctors
- Local Wellness Policy Assistance
- Fuel Up to Play 60

PARTNERS:

- Oakland County Health Division
- Oakland County Parks & Rec.
- Oakland Schools
- MSU-Extension
- Health Care Systems
- OUWB School of Medicine
- Youth Assistance
- Oakland County Board of Commissioners

FOR MORE INFORMATION VISIT OAKGOV.COM/HOP