Oakland County has been selected to participate in the Centers for Disease Control & Prevention’s National Health and Nutrition Examination Survey (NHANES) in the Summer of 2017

WHAT IS NHANES?
NHANES is a survey used to evaluate the health and nutritional status of adults and children across the United States.

WHY IS NHANES UNIQUE?
• Determines the prevalence of major diseases and risk factors for diseases
• Combines interviews and physical examinations of participants
• In existence since 1960 and has surveyed over 190,000 people

WHAT ARE THE OVERALL BENEFITS OF NHANES?
• Participants will find out more about their overall health and the health of their family
• Results from local participants and persons across the nation will be combined in order to:
  - Provide statistics that influence public health policy and services
  - Identify risk factors for certain diseases
  - Reduce problems associated with heart disease, diabetes, high cholesterol and more

HOW IS DATA COLLECTED?
• Step 1: Home-based interviews with CDC employee
• Step 2 (Based on eligibility): Mobile Examination Centers
  - Blood pressure testing
  - Height and weight measurements
  - Oral health screening with dentist
  - Laboratory tests on blood & urine

WHAT ARE THE BENEFITS TO PARTICIPATING?
• Many measurements/tests performed are unique & not commonly done in doctor’s offices during routine physical exams.
• Chance for participants to take important tests and gain additional health information about themselves.
• Tests are done at no expense to participants.
• NHANES will pay back participants for transportation and baby/elder care.

WHO IN OAKLAND COUNTY WILL BE PARTICIPATING IN NHANES?
• Communities throughout Oakland County will have residents participating in the survey.
• Individual eligibility is determined by a set of questions administered by a NHANES interviewer during a home interview.
• For more information on how participants are selected, please visit https://www.cdc.gov/nchs/nhanes/participant.htm

WHO DO I CALL WITH QUESTIONS?
• To discuss the survey or to speak to our Senior Medical Officer about your results, call us at 1-800-452-6115
• For questions about your rights as a survey participant, call Research Ethics Review Board at the National Center for Health Statistics at 1-800-223-8118
• Visit oakgov.com/health for more information.