

Oakland County has been selected to participate in the Centers for Disease Control & Prevention's National Health and Nutrition Examination Survey (NHANES) in the Summer of 2017

WHAT IS NHANES?

NHANES is a survey used to evaluate the health and nutritional status of adults and children across the United States.

WHY IS NHANES UNIQUE?

- Determines the prevalence of major diseases and risk factors for diseases
- Combines interviews and physical examinations of participants
- In existence since 1960 and has surveyed over 190,000 people

WHAT ARE THE OVERALL BENEFITS OF NHANES?

- Participants will find out more about their overall health and the health of their family
- Results from local participants and persons across the nation will be combined in order to:
 - Provide statistics that influence public health policy and services
 - Identify risk factors for certain diseases
 - Reduce problems associated with heart disease, diabetes, high cholesterol and more

HOW IS DATA COLLECTED?

- Step 1: Home-based interviews with CDC employee
- Step 2 (Based on eligibility): Mobile Examination Centers
 - Blood pressure testing
 - Height and weight measurements
 - Oral health screening with dentist
 - Laboratory tests on blood & urine

WHAT ARE THE BENEFITS TO PARTICIPATING?

- Many measurements/tests performed are unique & not commonly done in doctor's offices during routine physical exams.
- Chance for participants to take important tests and gain additional health information about themselves.
- Tests are done at no expense to participants.
- NHANES will pay back participants for transportation and baby/elder care.

WHO IN OAKLAND COUNTY WILL BE PARTICIPATING IN NHANES?

- Communities throughout Oakland County will have residents participating in the survey.
- Individual eligibility is determined by a set of questions administered by a NHANES interviewer during a home interview.
- For more information on how participants are selected, please visit <https://www.cdc.gov/nchs/nhanes/participant.htm>

WHO DO I CALL WITH QUESTIONS?

- To discuss the survey or to speak to our Senior Medical Officer about your results, call us at 1-800-452-6115
- For questions about your rights as a survey participant, call Research Ethics Review Board at the National Center for Health Statistics at 1-800-223-8118
- Visit oakgov.com/health for more information.