

PLAYGROUND GUIDANCE FOR SCHOOLS AND CHILD CARE



CORONAVIRUS
COVID-19

Children of all ages need to move their bodies to support physical and mental health daily. While the risk of outdoor transmission of COVID-19 is known to be lower than indoor, protection measures for children and staff health must still be implemented.

PROMOTE HEALTH

- Help children engage in physical activity daily through safe activities.
- Ensure students and staff wash hands before and after outdoor playground time.
- Talk with children about avoiding touching their eyes, nose and mouth and covering a cough.

CONSIDERATIONS FOR PLAYGROUND USE

- Physical distancing alone may not be the most effective at reducing risk.
- Keep classroom cohorts of students together on playground.
- Limit the size of groups participating in playground time simultaneously (i.e. mixing cohorts).
- Stagger lunch, recess and playtimes to maintain cohorts.
- Refrain from activities where students are less than 6 feet from each other. If must be within 6 feet, students should wear a mask.
- Eliminate Gaga Ball and other close contact games.
- Clean playground equipment such as balls, jump ropes etc. daily.
- Outdoor areas like playgrounds require normal routine cleaning, but not disinfection. Focus cleaning on plastic or metal high touched surfaces – grab bars, railings, etc.

This is an evolving situation and information/resources will be updated as available at www.oakgov.com/covid. Our Nurse on Call is available at 800-848-5533.