

## Administration and Facility

- Gyms operate at 25% indoor capacity, inclusive of employees and members.
- Members and Employees must stay home if sick. [Post signs](#) outside of entrances instructing individuals not to enter if they are or have recently been sick.
- Maintain accurate records, including date and time of entry and exit, names of patrons, and contact information, to aid with contact tracing; and deny entry to any visitor who does not provide at minimum their name and phone number.
- Temperature checks and completion of health screening questionnaire must be conducted each day upon entry.
- Thoroughly wash hands with soap and water for at least 20 seconds or use an alcohol-based sanitizer that contains at least 60% of alcohol. Include [signage](#) to encourage members to do so prior to use of equipment and before leaving the facility.

## Locker Rooms

- Lockers, showers, toilets, and sinks available for member use, while observing six feet distancing.
- Steam rooms, jacuzzis, cold plunge pools, and saunas remain [closed](#).

## Social Distancing

- Use best efforts to provide opportunities for patrons to outdoor exercise.
- Members and staff must ensure that distance of at least six feet is maintained among individuals.
- Restrict the number of available workout stations and exercise equipment to ensure there is at least six feet between individuals during exercise sessions. If equipment can't be moved, flag for non-use to comply with spacing and facility capacity.
- Reduce class sizes, as necessary, to achieve at least six feet of separation between individuals, and comply with relevant restrictions on social gatherings and organized events in the Michigan Safe Start.
- Pools:
  - If they are outdoors, limit capacity to 50% of the bather capacity limits described in Rule 325.2193 of the Michigan Administrative Code.
  - If they are indoors, limit capacity to 25% of the bather capacity limits described in Rule 325.2193 of the Michigan Administrative Code
  - Limit capacity on the pool deck to ensure that persons not part of the same household maintain six feet of distance from one another.

## Personal Protective Equipment

- Employees and members must always wear acceptable face coverings unless swimming (if over the age of two and able to medically tolerate).
- [Executive Order 2020-175](#) must be followed to protect employees.

## Disinfecting

- Make hand sanitizer, disinfecting wipes, soap and water or similar disinfectant available to employees and members.
- Provide equipment-cleaning products throughout the facility for use on equipment.
- Regularly disinfect exercise equipment, including immediately after use. If patrons are expected to disinfect, [post signs](#) encouraging patrons to disinfect equipment.
- Regularly clean and disinfect public areas, locker rooms, and restrooms.

## Ventilation

- Ensure that ventilation systems operate properly.
- Increase introduction and circulation of outdoor air as much as possible by opening windows and doors, using fans, or other methods.



Learn more about slowing the spread of COVID-19 at [www.michigan.gov/coronavirus](http://www.michigan.gov/coronavirus)  
For questions call Nurse On Call at 1.800.848.5533 or visit [www.oakgov.com/covid](http://www.oakgov.com/covid)