

Screen all staff and residents daily for travel history, symptoms (fever, cough, or shortness of breath) and exposure to COVID-19 using the facilities' [staff and resident screening guidelines](#). Other prevention steps include:

## RESTRICT VISITORS AND NON-ESSENTIAL SERVICE PROVIDERS

- [Restrict all volunteers, non-essential healthcare personnel, and service providers \(e.g., barbers, recreation\).](#)
- Restrict all visitors except for end of life situations, medical emergencies, and those allowed under Michigan Executive Orders when possible
  - Use emails, letters and signs posted at entrances to inform families that no visitors are allowed.
  - Use alternative methods for visitation (e.g., video conferencing, social media, phone calls)
  - Allowed visitation can occur after visitor passes screening. Restrict permitted visitors to resident's room when possible and ask them to wash hands often.

## MAINTAIN SOCIAL DISTANCING

- Modify activities and communal dining to accommodate social distancing.
  - Ensure people are seated 6 feet apart during recreation activities and dining.
  - Serve plated meals vs. cafeteria or buffet style dining.
- Urge residents and staff to keep a 6-foot distance from others.
- If anyone has COVID-19 symptoms in the facility:
  - Restrict residents to their rooms except for medically necessary purposes.
  - If residents must leave their room, have them wear a facemask, if available, and limit movement throughout the facility
- Avoid in-person meetings. Use email, phone, or virtual conferencing instead.

## CLEAN AND DISINFECT SURFACES TO PROTECT WORKERS

- [Clean and disinfect hard surfaces and surfaces touched often.](#)
- Encourage staff and volunteers to wear gloves and facemasks, if available, and wash their hands often with soap and water for 20 seconds.
- If someone is sick:
  - Close areas used by the sick resident. Before cleaning, open outside doors and windows to circulate air.
  - Clean dirty surfaces using soap and water prior to disinfection.
  - CDC states someone who is sick should wear a facemask and may need to improvise a facemask using a scarf or bandana.

## EDUCATE ABOUT COVID-19

- Train staff and residents about COVID-19, proper hand hygiene, social distancing, and use of personal protective equipment, if appropriate.



## HANDLING SICK RESIDENTS

### Report Illness:

- If a resident shows symptoms, contact their primary care provider. If they do not have a primary care provider, contact Oakland County Health Division's Nurse on Call (800-848-5533).
- Notify Oakland County Health Division at 248-858-1286 (M-F 8:30 am – 5:00 pm) if any of the following occurs:
  - A cluster (more than two) of residents or staff with respiratory symptoms
  - Residents or staff confirmed with COVID-19

### Care for Sick Residents:

- If the resident exhibits mild symptoms and will stay at the facility:
  - Isolate them in their own room with a private bathroom, if possible.
  - If room sharing is necessary, roommates might already be exposed, and separation is generally not recommended.
  - Designate sick and well restrooms - one for symptomatic residents and their roommates and one for well residents.
  - Minimize staff who have face-to-face interactions with symptomatic residents.
  - Ensure staff and volunteers wear gloves. If the person who is sick cannot wear a facemask (for example, because it causes trouble breathing), caregivers should wear a face shield and n95 mask when in the same room with them. CDC states you may need to improvise a facemask using a scarf or bandana if a regular facemask is unavailable.
- Limit staff and volunteers in high-risk categories (over 60 and/or has underlying health conditions) caring for sick residents.
- Monitor symptoms and contact emergency services if these severe symptoms occur:
  - Trouble breathing
  - New confusion or inability to arouse
  - Persistent pain or pressure in the chest
  - Bluish lips or face
- If a resident needs a higher level of care, transfer them to another facility. Notify transport personnel and the receiving facility about symptoms prior to transfer.

Follow exclusion guidelines below for residents returning from hospitalization for COVID-19.

## STAFF EXPOSURE TO COVID-19 POSITIVE INDIVIDUALS

### Staff exposed to resident with COVID-19:

- Essential health care workers are exempt from the 14-day CDC quarantine guidelines post exposure.
- Monitor exposed staff for symptoms and temperature (>100.4) twice daily for 14 days.
- Testing is recommended for any exposed staff

### EXCLUSION GUIDELINES FOR RESIDENTS AND STAFF

#### Exclude symptomatic individuals until:

- **10 days** after symptoms began AND 24 hours after no fever without fever reducing medications with improved symptoms.
- Isolation may continue longer than 10 days in some patients with severe illness. Consult with a healthcare provider.

#### Exclude non-symptomatic individuals with confirmed COVID-19 until:

- **10 days** after positive test taken if no symptoms develop.
- Isolation may continue longer than 10 days in some patients who are severely immunocompromised. Consult with a healthcare provider.

This is an evolving situation and information/resources will be updated as available at [www.oakgov.com/covid](http://www.oakgov.com/covid). Our Nurse on Call is available at 800-848-5533