



The Mentors Plus Match

For members of the Mentors Plus Family

November, 2015

Volume 3, No. 11



The Harlem Globe Trotters

will be performing at the Palace on Saturday, January 2nd. We have a limited number of tickets – call Julie for reservations.

The Piston's Basketball Season is underway. Tickets are currently available for Saturday, November 21st, 7:30 – *Playing the Washington Wizards.*

Quote of the Month

“When you take the time to actually listen, with humility, to what people have to say, it’s amazing what you can learn. Especially if the people talking also happen to be children.”

— Greg Mortenson, *Stones into Schools: Promoting Peace With Books, Not Bombs, in Afghanistan.*

As mentors, we need to be sure we’re listening well to what our mentees are letting us know through discussion and body language, so we are able to advocate for them, as best we can.



Charlotte having Halloween Fun!!!

★ Please E-mail your pictures, stories, and new events to Julie each month.

Fun Things to Do Anytime

- * Attending a Thanksgiving Dinner? Help cook the meal or a dish to share!
- *Have a gratitude attitude! Write thank you cards to people in your life that have had a positive impact on you.
- *Visit the Detroit Institute of Arts and look at the beautiful art. Then, create a piece of artwork of your own or hear the free music on Fridays, 7:00 & 8:30.
- *Organize a Board Game tournament with other mentors, family or friends.
- *Explore new recipes online or from a cookbook. Then try to make it. You could also try to create a new specialty!

October Announcements

- ★ Please turn in your **November Mentor Reports** by Tuesday 11/10/15.
- ★ **Reminder:** Thursday, 11/12/15, Advisory Committee Meeting, 6:00, 2100 Pontiac Lake, Waterford.
- ★ **Mentors Plus Orientation:** Saturday, 11-14-15, 10:00 a.m. Please have anyone interested call Julie for an application and directions.



(See page 3)

Mini Makers Faire

Most Barnes and Noble Stores are having this event November 6th - 8th.
http://www.barnesandnoble.com/h/make_rfaire?sourceId=L000018333&st=EML

Julie's Corner



Kristin & Kendyl picking apples.



A Christmas Carol, Meadowbrook Theatre

Matches will be attending this terrific play at group rates. Please let us know if you're available to attend: At 8:00 p.m. on Fridays, 11-20, 11-27, & 12-4 or at 6:30 p.m. on Sundays, 11-22, 11-29 and 12-6. Let Julie know what would work for you. We need a minimum of 8 people for any performance to pay the group rate of \$12 per person.

★ Would you like to attend an Oakland University basketball game and, maybe shoot baskets at half time? Let Julie know!

Oakland County Youth Assistance



Mentors Plus

Be a friend. Show the way.

Oakland County Circuit Court-Family Division
Oakland County Youth Assistance
1200 N. Telegraph Road, Building 14 East
Pontiac, MI 48341-0452
248-858-0041





Grant - For organizing our wonderful Halloween Afternoon of Mystery! Waterford matches enjoyed a great lunch, Halloween trivia and lots of fun chatting and solving a challenging crime incident on Saturday, October 17th. Three winners were able to identify George as the culprit. Left over pizza was available for the lucky participants to take home.

Happy Halloween to one and all!

Please visit our FACEBOOK page to see MORE PICTURES!

Did you know that Mentors Plus is on Facebook? Be sure to check out our Facebook page for updates about Mentors Plus and for photos of past events. <https://www.facebook.com/mentorsplusprogram> While you're there, be sure to share and click "Like" on posts to improve our visibility on Facebook timelines. Are you not familiar with using Facebook? The following are links to tutorials: <http://goo.gl/SncwOm>, <http://youtu.be/ewlC5p851KE>, <http://freefacebooktutorials.com/>, and <http://youtu.be/ZpLiODJsp4Q>

HELP RECRUIT MORE MENTORS AND SUPPORT MENTORS PLUS!

Henry Ford Museum – a terrific place to have fun and learn!

There is going to be a Tinker Hack event every Saturday the rest of the year there, 10:00 to 2:00. Folks will be able to do everything from making spooky Halloween items to meeting with Star Wars characters. How to order tickets has changed Please contact Julie for tickets by the 15th of each month for the next month's tickets. Also see the similar information offered below at Barnes and Noble Stores in this region.



Mini Maker Faires, November 6th, 7th and 8th

<http://www.barnesandnoble.com/h/makerfaire?sourceId=L000018333&st=EML>

Here is the contact information for David Knapp, the Community Business Development Manager in Rochester, who is in charge of the event, should you have any questions or concerns: Tel. 248-853-9939, Email: crm2627.bn.com I verified the Ann Arbor Store was holding this event, too.



Fall Fun and Flavor for Kristin and Kendyl!

The Community House Sara-Smith Productions Youth Theatre Presents

Disney Peter Pan JR



Saturday, November 7th
10:30am & 1:30pm
Sunday, November 8th
2:00pm & 5:00pm

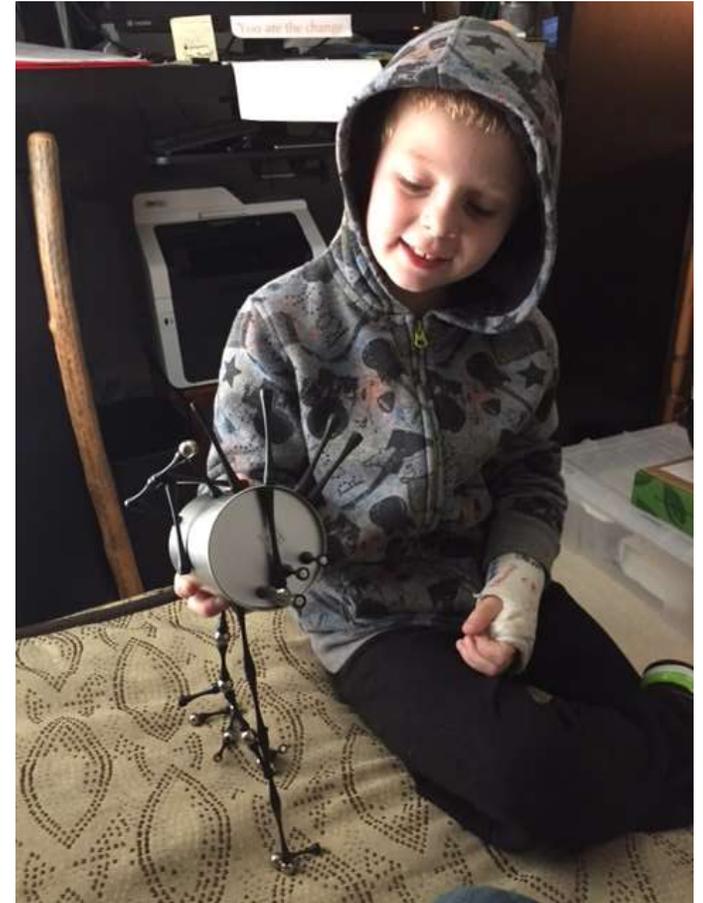
Purchase your tickets today!
Kids' Floor Seating: \$10
General Seating: \$15
Friends' Limited Reserved Seating: \$30

TCH
THE COMMUNITY HOUSE
Teach - Connect - Inspire

380 South Bates
Downtown Birmingham

www.tchserves.org
248-644-5832

Sounds like another fun opportunity, although it's a bit pricy – thought I'd pass it along.



Our newest Mentee Kevin and Izzie having fun!! (Izzie is his new Mentor Thad's dog)

Knowing that dogs also make good friends, here are the times and dates for ***Therapy Dog Reading at local libraries:**

- * **Reading to Rover:** Highland Township Public Library; 248-887-2218 ext 4; 10:30-11:30, Every Saturday in November
- * **Read to a Dog:** West Bloomfield Township Public Library; K-5; 1:00-2:00, November 1, 15, 29
- * **Library Dogs Reading Program- Kassie:** Huntington Woods Library; 2-3pm, November 1, 8, 15, 22, 29
- * **Therapy Dogs:** Auburn Hills Public Library; 7:00-8:00, November 4, 18
- * **Doggone Readers with Maggie:** Orion Library; 248-693-3002 to register; 4:30-5:30, November 4, 11, 18
- * **Doggone Readers with Midas:** Orion Library; 248-693-3002 to register; 4:30-5:30, November 10, 24
- * **Paws and Tales:** Ferndale Public Library; 12:00-2:00, November 14th



Youth Focus: Bullying - What Should We Know? What Can We Do? Where Do We Start?

Julie McDaniel from Oakland Schools spoke at our last Mentor Meeting. Here are some brief excerpts from her presentation.
(Our next Mentor Meeting will be on Monday, January 11th at 6:00)

The Internet - 2013

- It is important to realize how early children are using the internet.
 - 82% of youth aged 5-7
 - 96% of youth aged 8-11
 - 99% of youth aged 12-15



Source: Ofcom (2013) [Children and parents: media use and attitudes report \(PDF\)](#). London: Ofcom. Figures are all for 2013, and are compiled from a range of Ofcom surveys, research studies and analysis as outlined on pages 18-19 of the report.

Cyberbullying

Bullying that takes place using electronic technology

Examples of devices:

- Cell phones
- Computers/tablets
- Social media sites
- Text messages
- Chat rooms
- Instant messaging
- Websites



Examples of cyberbullying:

- cruel text messages or emails
- rumors sent by email or posted on social networking sites
- embarrassing pictures, videos, websites, or fake profiles

The Social Age

25% of the over 1 billion FB users are <20 years old



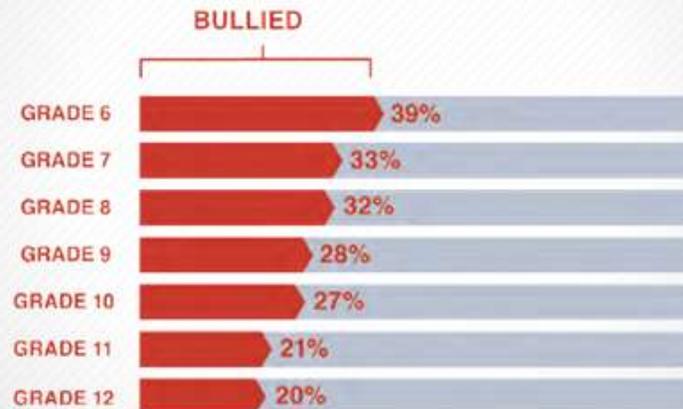
FB is considered for "old people" and other social media is preferred and used.



Kik Messenger, Instagram and SnapChat are our children's preferences at this moment. Most adults know little about them.



Prevalence



Societal Impact

- 43% of youth ages 13-17 report experiencing some form of cyberbullying in the prior year.
- 80-90% of U.S. pre-adolescents face ongoing psychological and physical harassment at some point in their school life that could be characterized as bullying
- An estimated 160,000 children stay out of school on any given day because they are afraid of being bullied
- More current data suggests that it is somewhere between 1:3 and 1:4 teens



Division of Bullying at School, Safe Schools and an Effective Intervention program, Promotion of Education 11961 (1/12-12)
Michigan's School Climate and Safety 2009, National Center for Education Statistics
National Association of School Psychologists

Matt's Law



[http://www.legislature.mi.gov/\(S\(j1dimmt0i141lcsdh4y1sed\)\)/mleg.aspx?page=GetObject&objectname=md-380-1310b](http://www.legislature.mi.gov/(S(j1dimmt0i141lcsdh4y1sed))/mleg.aspx?page=GetObject&objectname=md-380-1310b)

Michigan's anti-bullying law is found here, including recent language added on cyberbullying and mandatory annual training in schools. (Also referred to as "The Matt Epling Safe School Law" or "Matt's Law")

Matt's Law



[http://www.legislature.mi.gov/\(S\(f1dimmt0i141lcsdh4y1sed\)\)/mileg.aspx?page=GetObject&objectname=md-380-1310b](http://www.legislature.mi.gov/(S(f1dimmt0i141lcsdh4y1sed))/mileg.aspx?page=GetObject&objectname=md-380-1310b)

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Michigan's Anti-Bullying Legislation

- Prohibits the bullying of any student
- Prohibits retaliation or false accusation against a target, witness, or another person with reliable information about an act of bullying
- Identifies the school official responsible for policy implementation
- Describes how the policy is to be publicized



Michigan's Anti-Bullying Legislation

- Procedure for notification of the parents of both victims and perpetrators
- Procedure for prompt investigation of a reported policy violation or related complaint
- Procedure to document reported incidents, and to annually report all verified incidents of bullying/consequences to the district's school board



Civil Rights and Matt's Law

- Immediate and appropriate action to investigate or otherwise determine what happened.
- Inquiry must be prompt, thorough, and impartial.
- Interview targeted students, offending students, and witnesses, and maintain written documentation of investigation
- Prevent retaliation against the targeted student(s) or complainant(s).
- And more

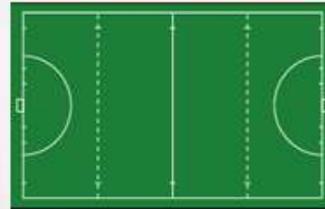


What is the best prevention for aggressive behavior?

Positive and caring relationships



Consistent, Transparent, School-Wide



- Clear limits and expectations
- Staff consensus about specific rules
- School-wide commitment to report
- Infractions reported centrally
- Start mild for low level aggression and escalate for repeated or serious aggression

Effective Consequences...



- Are non-hostile and non-punitive
- Effective consequences consistently applied (i.e., they are predictable and inevitable)
- Avoid reinforcement error
- Encourage reflection and teach alternative behaviors

Contact Information

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