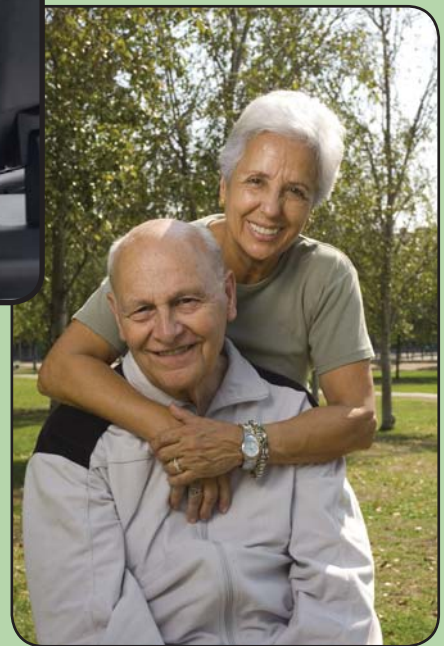


OAKLAND



2011 Oakland County Senior Resource Directory



www.oakgov.com

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

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2011 Oakland County Senior Resource Directory

Oakland County Health Division is pleased to provide this directory as a service to the community. Many programs and services were identified to assist you in locating resources that address specific areas of need for senior citizens, their families and caregivers.

Oakland County Health Division does not endorse any agency or service listed in the directory. This is not a complete listing of agencies that may offer senior services. Information is verified up to the date the resource guide was placed on the website. Revisions are made periodically but information may be outdated or change at any time after posting.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Adult Day Care Services

Adult day care services provide care and supervision plus memory stimulation and recreational activities for older adults with memory deficits. Hours of service and fees vary with each facility.

Alzheimer's Association Detroit Area Chapter

20300 Civic Center Dr Ste 100 Southfield MI 48076 **248 351-0280** www.alz.org/gmc

Bloomfield Twp. Senior Adult Day Services

4315 Andover Rd Bloomfield Hills 48302 **248 723-3500** <http://www.bloomfieldtwp.org/Services/SeniorServices/OverviewSeniorServices.htm>

Members of the Friendship Club must be Bloomfield Township residents or their primary family caregiver must reside in Bloomfield Township

Brown Center Adult Day Care Programs

Jewish Vocational Service

29699 Southfield Road Southfield 48076 **248 661-1836** www.jslmi.org

Jewish Community Campus

6720 West Maple Road W. Bloomfield 48322 **248 661-1836** www.jslmi.org

Catholic Social Service Adult Day Care

Sheltering Arms – South

18310 West Twelve Mile Southfield MI 48076 **248 557-7373** www.cssoc.org

Sheltering Arms – North

3300 South Adams Road Auburn Hills 48326 **248 537-3300** www.cssoc.org

City of Farmington Hills Senex Program

28600 Eleven Mile Farmington Hills 48336 **248 473-1826** www.fhgov.com/services/seniordivision/ov

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

[erviewsenior.asp](#)

Jewish Senior Life-Club in the Plaza

6710 West Maple Rd West Bloomfield 48322 248 661-1836

Older Person's Commission Dennis White Adult Day Service

650 Letica Rochester 48307 248 608-0261 www.opcseniorcenter.org

Quality of Life Center Adult Day Health Care

3100 Cross Creek Parkway Auburn Hills 48326 248 364-4064 www.qualityoflifecenter.net/
Suite 160

Waterford Senior Center – Encore Adult Day Services

3621 Pontiac Lake Road Waterford MI 48328 248 682-9450 www.waterford.k12.mi.us/seniorcenter/

Macomb County Adult Day Services

Clinton Township 586 469-5579 www.macombcountymi.gov/seniorservices/

St Clair Shores 586 466-6817 www.macombcountymi.gov/seniorservices/

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At-Home Assistance Resources

Chore Services

Services available such as heavy cleaning, yardwork, and snow removal will vary with each agency.

Jewish Family Services

248 592-2300 www.jfsdetroit.org/olderadult.htm

OLHSA

248 542-5860 www.olhsa.org

Check with your local senior center for other available local services

Friendly Visiting/Telephone Reassurance

Catholic Social Services Senior Companion Program

248 559-1147 www.cssoc.org

Lighthouse of Oakland County

248 920-6100 www.lighthouseoakland.org

Check with your local senior center for available local services

Personal or Non-medical Home Care

Assistance with personal care, meals, light cleaning, laundry, etc. Fees for services vary.

Affordable Home Care

877 424-3578 / 248 419-5010 www.affordablehomecare.org Serving Oakland, Macomb, Wayne

All Valley Home Care

877 602-3191 / 248 601-0777 www.allvalleyhomecare.com Serving Oakland, Macomb, Wayne

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Always Open 24/7/365

248 922-7398 www.alwaysopen24-7-365.com Serving Oakland, Macomb, Wayne, Genesee, Washtenaw, Livingston

Ameristaff

248 288-2270 www.americaremedical.com/ameristaff.htm Serving Oakland, Macomb, Wayne

Beaumont Helping Hands

248 551-0776 www.beaumont hospitals.com/older-adult-services-helping-hands Serves Royal Oak & surrounding communities

ComforCare

248 623-6500 www.northoaklandmi.comforcare.com Serving Northern Oakland County

248 745-9700 www.oaklandmi.comforcare.com Serving Southern Oakland and Macomb

248 305-1388 www.woak-livingston.comforcare.com Serving Western Oakland and Livingston

Comforting Hands Companion Care

248 434-7242 www.comfortinghandscc.com Serving Oakland, Macomb, Western Wayne

Comfort Keepers

248 651-9880 www.comfortkeepers.com Serving Rochester area and surrounding communities
248 504-4974 Serving West Bloomfield
248 443-9624 Serving Oak Park

Greater Oakland Visiting Nurse Association

248 683-1770 or 800 466-3234 Serving Waterford and surrounding communities

Greti's Helping Hands

248 601-4623 www.gretishelpinghands.com Serving Eastern Oakland County and Macomb

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Hannah's Home Care

877 222-2248 / 248 471-0063 www.hannahshomecare.com Serving Oakland, Macomb, Wayne

Crittenton Home Care

800 852-0995 or 248 656-7010 www.homehealthoutreach.com Serving Rochester area and surrounding communities

Home Helpers

586-477-9407 www.homehelpers.cc/troy58151 Serving Eastern Oakland

586 752-3797 www.homehelpers.cc/romeo57695 Serving Northeast Oakland

Home Instead Senior Care

866 996-1087 www.homeinstead.com Serving North Oakland

866 996-1087 www.homeinstead.com Serving Southwest Oakland

866 996-1087 / 248 203-2273 www.homeinstead.com Serving Southeast Oakland

Jewish Senior Life

248 661-1836 www.jslmi.org

Metro Home Health Care

800 462-5632 www.metrohomehealthcare.com Serving Oakland, Macomb, Wayne, Genesee, Washtenaw, Livingston, Lapeer

Peace of Mind Home Care

586 292-3806 www.mypomhomecare.com Serving Eastern Oakland, Macomb, Wayne

Professional Parent Care

800 227-9553 / 248 569-1234 www.professionalparentcare.com Serving Southeast Oakland, Macomb, Wayne

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Sensible Choice Senior Care

248 241-6612

www.sensiblechoice.net

Serving Northwest Oakland

Seniors Helping Seniors

248 969-4000

www.seniorshelpingseniors.com/EastOaklandCounty

Serving Eastern Oakland

Trillium Home Care

887 864-4842

www.trilliumhomecare.com

Serving Oakland and Northern Wayne

TLC Senior Care

248 363-4082

www.tlcseniorcare.com

Serving Oakland, Macomb, Wayne, Washtenaw,
Livingston, Lenawee

Visiting Angels

248 693-6567

www.visitingangels.com/lakeorion

Serving all of Oakland County

Check with your local senior center for available local services

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Crisis Intervention and Counseling Services

Crisis Intervention

Common Ground

800 231-1127 www.commongroundhelps.org

- 24 hour crisis helpline
- Referrals to local mental health agencies
- Counseling & support services
- Mental health and substance abuse assessment services

Haven

877 922-1274 www.haven-oakland.org

- Domestic Violence & Sexual Assault services
- Counseling program
- 24 hour crisis and support line

National Suicide Hotline

800 SUICIDE (784-2433) <http://suicidehotlines.com/national.html>
800 799-4889 (TTY)

National Suicide Prevention Lifeline

800 273-TALK (8255) www.suicidepreventionlifeline.org 24-hour hotline for anyone in suicidal crisis or emotional distress

Counseling Services

Catholic Social Services

www.cssoc.org Adult day care, counseling and substance abuse services

Auburn Hills	Lake Orion	Royal Oak	Waterford
248 537-3300	248 693-7526	248 548-4044	248 666-8870

Deaf Options

313 592-3175 www.deafoptions.net Mental health, counseling and substance abuse services
888 843-7949 (TTY)

Jewish Family Services (Some programs are for Jewish adults only. Check for eligibility)

248 592-2300 www.jfsdetroit.org

- Support services for older adults
- Individual, group & financial counseling

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Oakland Family Services

		www.oaklandfamilyservices.org	Counseling services for homebound older adults	Mental health and substance abuse counseling and treatment
Pontiac	Berkley		Rochester Hills	Walled Lake
248 858-7766	248 544-4004		248 853-0750	248 624-3812
877 742-8264	877 211-4113		866 903-8955	866 903-8956

Oakland Mediation Center

248 338-4280	http://mediation-omc.org/	Helps residents resolve disputes in a peaceful, respectful manner
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Oakland University, Rochester

248 370-2633	www.oakland.edu/sehs/cc/	Free counseling services by graduate student interns (some restrictions apply)
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Grief Counseling

American Hospice Foundation

800 347-1413	www.americanhospice.org
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Angela Hospice

866 464-7810	www.angelahospice.org
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Hospice of Michigan

888 247-5701	www.hom.org
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Oakland University, Rochester

248 370-2633	www.oakland.edu/sehs/cc/	Free counseling services by graduate student interns (some restrictions apply)
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Check with your local senior center, local funeral home or Hospice to find support after the loss of a loved one.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Dental Services

A-1 Dentures

248 577-1300

Same day dentures, repairs

Baker College Dental Hygiene Clinic

248 276-6664

1500 University Dr.
Auburn Hills 48326

Exam, x-rays, cleaning & fluoride,
periodontal cleanings

Detroit Receiving Hospital Dental Health Clinic

313 494-6700

4201 St. Antoine, 1st floor, Room 2G
Detroit 48201

<http://dental.udmercy.edu/patients/>

Low-income residents. Discounted
basic and emergency dental services
and dental outreach clinics.

Detroit Donated Dental Services

800 850-5913 or 248 489-2204
P.O. Box 3405
Farmington Hills 48333

Private dental offices throughout the state. Must be unable to afford dental treatment and permanently disabled, chronically ill or elderly. Must need extensive dental work - no routine or emergency care.

Mott Community College Dental Hygiene Clinic

810 762-0493

1401 E. Court St., Flint 48503

www.mcc.edu/community_resources.shtml

Exam, x-rays, cleaning and fluoride

OCC Dental Hygiene Clinic, Highland Lakes Campus

248 942-3260

7350 Cooley Lake Rd.
Waterford 48327

www.oaklandcc.edu/Health/DentalHygiene/

Exam, x-rays, cleaning and fluoride,
Adults and children

Oakland County Dental Program

248 858-1306

www.oakgov.com/health/program_service/dental_about.html

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Oakland County Discount Dental Program (DenteMax)

866 498-7914

www.oakgov.com/discountdental/

For \$69 per year you receive 20% to 50% off most General Dentists' & Specialists' standard fees.

Portable Dental Services

586 873-5567

www.portabledentalservices.com

Serving Macomb and eastern Oakland counties. Services available include dentures, partial dentures, extractions, fillings, cleanings, crowns, bridges, root canals and other dental treatments. Call for payment/insurance information.

St. John Detroit Hospital Oral and Maxillofacial Surgery Clinic

313 499-4775

7815 E. Jefferson Detroit 48214

Oral and maxillofacial surgery residency training program. Disabled, handicapped, seniors, nursing home residents, children under 18, low-income, referrals, extractions, exams, emergency care. Medicaid, payment plans, reduced fees.

Superteeth Walk-In Clinic

586 756-6888

23105 Van Dyke, Warren

www.superteeth.net

No appointments necessary - open 6 days a week

Tri County Dental Health Council (Referral Services)

248 559-7767

www.dentalhealthcouncil.org

Gives information, names and phone numbers of places that offer lower cost dental services in Wayne, Oakland, and Macomb counties, and dentists who accept Medicaid.

University of Detroit Mercy School of Dentistry

313 494-6700

2700 Martin L King Jr Blvd. Detroit 48208

www.dental.udmercy.edu

University of Michigan School of Dentistry

888 707-2500

1011 N. University, Ann Arbor 48109

www.dent.umich.edu

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Disease and Wellness Information and Support Groups

Disease Information (May also offer support groups)

Alzheimer Association

www.alzgmcc.org	800 272-3900	248 351-0280
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Alzheimer Association Safe Return Program

www.alz.org/safetycenter	888 572-8566	
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American Cancer Society-Michigan

www.cancer.org	800 227-2345	248 663-3400
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American Diabetes Association

www.diabetes.org	800 342-2383	248 433-3830
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American Lung Association

www.lungusa.org		248 785-3355
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Crohns & Colitis Foundation

www.ccfa.org/chapters/michigan	888 737-2232	248 737-0900
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Epilepsy Foundation of Michigan

www.epilepsymichigan.org		248 351-7979
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Karmanos Cancer Institute

www.karmanos.org	800 527-6266	
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Leukemia and Lymphoma Society

www.leukemia-lymphoma.org	800 955-4572	248 581-3900
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Michigan Parkinson Foundation

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

www.parkinsonsmi.org

800 852-9781

248 433-1011

National Institutes of Health

www.nihseniorhealth.gov

National Multiple Sclerosis Society-Michigan

www.nationalmssociety.org

800 344-4867

248 350-0020

American Heart/ American Stroke Association

www.americanheart.org

800 242-8721

248 827-4214

www.strokeassociation.org

800 478-7653

Wellness Information

Oakland County Health Division

www.oakgov.com/health

248 858-1406

Centers for Disease Control and Prevention

www.cdc.gov/aging

800 232-4636

TTY 888 232-6348

Michigan Protection and Advocacy Services

www.michigan.gov

800 288-5923

Assists disabled persons

Council of Citizens with Low Vision International

www.cclvi.org

800 733-2258

Alcoholics Anonymous

www.aa-semi.org

(Hotline) 248 332-6116 248 332 3521

Narcotics Anonymous

www.michigan-na.org/oakland/

248 544-2010 or 248 544-2011

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Michigan Gamblers Helpline

www.michigan.gov/mdch 800 270-7117

Smoking Cessation (State Quitline)

www.michigan.gov/tobacco 800 784-8669 517 335-8376

Smokefree.gov

www.smokefree.gov An online step-by-step cessation guide with printable information

Stop Smoking (Freshstart)

www.cancer.org 800 227-2345

Support Groups

Alzhiemers Family Support

www.alzgm.org 800 272-3900 248 351-0280

American Liver Foundation

www.liverfoundation.org 888 695-4837 248 615-5768 248 672-7561
Hepatitis C support

Arthritis Foundation-Michigan

www.arthritis.org/chapters/michigan/ 800 968-3030 248 649-2891

Association for Macular Diseases, Inc.

www.macula.org 212 605-3719

American Council of the Blind

www.acb.org 800 424-8666 202 467-5081

Blinded Veterans Association

www.bva.org

800 669-7079

202 371-8880

Grandparents Raising Grandchildren

www.raisingyourgrandchildren.com

Hearing Loss Association of America (Michigan Chapter)

www.hearingloss.org

616 361-8555

248 332-3331

National Family Caregivers Association

www.nfcares.org

800 896-3650

Caregiver support groups may be offered at senior living locations or by senior centers. Check the facilities in your area for resources.

Bereavement and Coping with Loss

American Hospice Foundation

www.americanhospice.org

800 347-1413

Common Ground (for referrals)

www.commongroundhelps.org

800 231-1127

Check with your local senior center, local funeral home or Hospice to find support after the loss of a loved one.

Driving Safety & Resources

Traffic Improvement Association Mature Driver Workshops

248 334-4971 www.tiami.us

3-day work shop includes driving strategies, safety and an on-road evaluation

AARP Driver Safety Program

888 227-7669 www.aarp.org/drive

In-class driving improvement course for motorists' age 50 and older.

AAA Foundation for Traffic Safety

202 638-5944 www.seniordrivers.org

Tools for driving assessment and education

AAA Seniors

www.aaaseniors.com

Tips and tools for helping the senior driver in your life

Detroit Medical Center/ Rehabilitation Institute of Detroit- Novi Center

248 305-7575

Assessment and on-the-road evaluation of drivers who have a disability or illness that limits ability to drive. Call for information/cost.

Providence Hospital

248 849-3907

Assessment and on-the-road evaluation of drivers who have a disability or illness that limits ability to drive. Call for information/cost. Doctor's prescription required. Call for information/costs.

St. Joseph Mercy-Oakland Hospital

248 858-3116

Assessment and on-the-road evaluation of drivers who have a disability or illness that limits ability to drive. Call for information/cost. Doctor's prescription required. Call for information/costs.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

William Beaumont Hospital, Royal Oak

248 655-5800

Assessment and on-the-road evaluation of drivers who have a disability or illness that limits ability to drive. Call for information/cost. Call for information/costs.
A Mature Driving Course is also available for those who want to improve their skills.

University of Michigan Health System Drive-Ability Program

734-998-7911 www2.med.umich.edu/healthcenters

Comprehensive and individualized clinical driving evaluations for patients with physical, visual, perceptual and/or cognitive impairments that may impair their driving safety.

State of Michigan Secretary of State

888 767-6424 www.michigan.gov/sos

Offers the booklet, *Driving for Life: A Guide for Older Drivers and Their Families*

View *Drivers License and State ID* area and click on *Losing Your Privilege to Drive*

Check with a local Senior Center for available driver safety courses

For automobile modification information see the *Home Safety and Medical Equipment* page.

Elder Abuse and Neglect

Adult Protective Services

The goal of the Adult Protective Services Program is to assist those persons 18 years or older who have been abused, neglected, or exploited and who are vulnerable and unable to take the necessary steps to correct their situation. A vulnerable adult is someone who because of physical or mental incapacity lacks the abilities required to manage their own property or affairs.

Physical Abuse

Is harm to an adult's health or welfare caused by another person. An example of abuse is: An older woman resides in the home of her son and is being beaten by him.

Psychological Abuse

Is threatened harm in which a person is manipulated, humiliated or otherwise made to feel distress. An older man is told that if he does not stay in his room he will be tied to the chair.

Neglect

Is harm caused when an adult is unable to make safe decisions to care for themselves (self-neglect) or when a caregiver who is responsible for the care of another adult does not provide adequate care or protection. An example of neglect is: A physically disabled man is left in front of the TV all day without a meal or access to toilet facilities.

Exploitation

Is the misuse of an adult's funds, property, or personal dignity by another person. An example of exploitation is: An elderly woman's son is using her money for his own needs without her knowledge or approval.

To make a report call your local Department of Human Services office listed below or the Michigan Adult Protective Services Hotline at **1-800-996-6228**. Reports are confidential and the callers name is not shared with the alleged victim.

Adult Protective Services County Offices:

Oakland 866 975-5010	Macomb 877 412-6109	Livingston 517 546-8668	Washtenaw 734 481-9110	Wayne 877 963-6006
Genesee 810 760-2202 (daytime) 810 760-2222 (after hours)		Lapeer 810 667-0800 (daytime) 810 664-5968 (after hours)		

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

For more information:

Oakland County S.A.V.E. Task Force - Elder Abuse Prevention information

www.oakgov.com/seniors

Emergency Preparedness

Emergency Numbers:

For Police/Fire/EMS Dial 911

When you call from a land line phone, the 911 dispatcher knows your exact location. When you call 911 from your cell phone, the signal goes to the tower that you are closest to and then sends that call to the dispatch center nearest the tower. The dispatcher will know the location of the tower, but not your exact location. When calling for emergency services from a cell phone, be prepared to give them your exact location, if you are able. If you are not certain of the location you are calling from it is important for you to look around and give the dispatcher as much information about your location as possible such as landmarks like a bank or restaurant.

ICE- In Case of Emergency

Put ICE in your cell phone and make it easier for emergency personnel to contact your family in case of an emergency. Make new contact entries on your cell phone with the words “ICE 1” or “ICE 2” for the people that you want contacted in emergency situations. For example add “ICE 1 Wife” or “ICE 2 Son” to your list with their phone numbers. Make sure these people know your medical history. If you do not have a cell phone, carry a card in your wallet with similar information.

Emergency Radio Broadcast stations:

WJR 760 AM WWJ 950 AM

Emergency Information Websites:

Local:	www.oakgov.com	www.oakgov.com/health
State:	www.michigan.gov/michiganprepares	www.michigan.gov/mdch
National:	www.ready.gov	www.emergency.cdc.gov
International:	www.who.int	
Other:	www.redcross.org	www.redcross.org/preparedness/cdc_english/evac-plan.html

Outdoor Warning Siren:

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Oakland County Homeland Security tests the [outdoor warning siren](#) system on the first Saturday of each month at 1:00 p.m. Siren tests are **NOT** conducted during December, January or February due to winter weather.

Make an Emergency Kit! Keep it portable, easy to grab and go.

Water: **minimum** one gallon per person per day. Keep a supply for at least 3 days.

Food: at least a three-day supply of non-perishable items, a can opener and some simple utensils

Radio: battery-powered or hand crank. Also consider a NOAA weather-alert radio which is available for less than \$50. Have extra batteries for both.

Flashlight with extra batteries

First Aid Kit containing bandages, antibiotic cream, scissors, sanitizer, instant ice pack

Surgical Mask to help filter air

Sanitation such as garbage bags, paper products, latex gloves, soap, towelettes, household bleach.

Special Items such as prescription medications, baby items, pet foods and supplies, important documents. You may also need denture items, an extra pair of eyeglasses, hearing aid batteries. Consider adding a change of clothes and shoes, hats, gloves, blankets, a list of your prescriptions, extra keys, cash and copies of your ID and insurance cards. If you own a cell phone, bring it and its charger.

Make a Plan!

Discuss with your family a safe location where you may all meet in the event you are suddenly displaced from your homes by a disaster.

See the information above under the heading ICE to assist the authorities in contacting your loved ones.

Identify an out-of town contact. In some local disasters it may be easier for everyone to get through to Aunt Millie in California than to call each other across town. Make sure everyone knows who to call.

If you text message, texts may be another way to communicate when phones are down.

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Depending on the nature of the emergency, be ready to evacuate if you are told to by authorities. Have your emergency kit ready to take with you. Stay tuned to TV or above radio station for emergency broadcasts and instructions.

Keep yourself up-to-date on flu shots and other immunizations.

Additional planning if you are disabled:

E-Michigan Deaf and Hard of Hearing People 800 YOUR-EAR (968-7327) www.michdhh.org/index.html

Keep in mind a disaster can disrupt mail services for days. Consider direct deposit of Social Security or SSI checks. 877-333-1795 www.godirect.org

The Direct Express prepaid debit card is designed as a safe and easy alternative to paper checks for people who don't have bank accounts. Call or sign up online. These options can help you access your funds if the mail is disrupted. 877-212-9991 www.usdirectexpress.com

Wear medic-alert bracelets to help identify your medical disabilities. Order by phone or on line. 888-633-4298 www.medicalert.org

Consider having backup oxygen, wheelchair batteries or other extra supplies pertinent to your own condition in case there is a several-day period of time when you cannot access these supplies. If you depend on electricity for your oxygen supply or to power a ventilator or other life-sustaining equipment, consider purchasing a generator and have a back-up plan for where to go for prolonged outages. Discuss with your local emergency services.

Financial Assistance

Limited assistance with medical and household utility expenses

Jewish Family Services

248 592-2300 25900 Greenfield, Ste 405, Oak Park 48237 www.jfsdetroit.org/olderadult.htm

248 592-2300 6555 West Maple Rd, W. Bloomfield 48322 www.jfsdetroit.org/olderadult.htm

Lighthouse

248 920-6100 46156 Woodward Pontiac 48342 www.lighthouseoakland.org

248 620-6116 6330 Sashabaw Clarkston 48346 www.lighthouseoakland.org

Serves Addison, Brandon, Groveland, Holly, Independence, Oakland, Oxford, Orion, Rose, Springfield and parts of Waterford.

Oakland Livingston Human Service Agency

248 209-2600 196 Cesar Chavez, Pontiac 48343 www.olhsa.org

248 542-5860 345 E. Nine Mile Rd, Ferndale 48220 www.olhsa.org

Salvation Army

248 334 2407 34 Oakland Ave. Pontiac 48342 www.salvationarmyusa.org Contact: [Captain H Sells](#)

248 585 5600 3015 N. Main St. Royal Oak 48073 www.salvationarmyusa.org Contact: [Captain M Wandling](#)

Southfield Human Services Department

Serves residents of Southfield and Lathrup Village

248 796-4540 26080 Berg Road, Southfield 48033 www.cityofsouthfield.com

Check with your local senior center for other local resources

To find out if you qualify for **Home Heating Credit** contact the Michigan department of Treasury.

800 367-6263 www.michigan.gov/treasury

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Michigan Department of Human Services

www.michigan.gov/dhs

Assists with Medicaid, Food Stamps, Utility bill assistance, Nursing Home coverage

For information, contact the Oakland County DHS office listed above your zip code.

District 2- Madison Heights 30755 Montpelier Madison Heights 48071-4698 248 583-8700	
48008-10	Birmingham
48017	Clawson
48025	Franklin/Beverly Hills
48030	Hazel Park
48067-68, 73	Royal Oak
48069	Pleasant Ridge
48070	Huntington Woods
48071	Madison Heights
48072	Berkley
48075, 76	Southfield/Lathrup
48083-85, 98	Troy
48220	Ferndale
48237	Oak Park
48301-03	Bloomfield Twp.
48304	Bloomfield Hills
48307-09	Rochester Hills

District 3- Walled Lake 195 Ladd Rd Walled Lake 48390-9906 248 669-7600	
48033-34	Southfield
48165	New Hudson
48167	Northville
48178	South Lyon
48320	Keego Harbor
48322-25	W. Bloomfield
48327, 29	Waterford
48330	Drayton Plains
48331-34	Farmington Hills
48335-36	Farmington
48350	Davisburg
48356-57	Highland
48374-77	Novi
48380-81	Milford
48382	Commerce Twp.
48383, 86	White Lake
48387	Union Lake
48390	Walled Lake
48393	Wixom

District 4- Saginaw St. 235 N. Saginaw Pontiac 48342-2067 248 975-5200	
48003	Almont
48306	Rochester
48321, 26	Auburn Hills
48340-43	Pontiac
48346-48	Clarkston
48359	Orion Twp
48360-62	Lake Orion
48363	Oakland Twp
48366	Lakeville
48367	Leonard
48370-71	Oxford
48430	Fenton
48442	Holly
48462	Ortonville
48328	Waterford

Tax Help

IRS

800 829-1040

www.irs.gov

Accounting Aid Society

Assists low income filers & Earned Income Tax Credit. Offers appointments at community locations in Oakland County.

313 556-1920 7700 Second Avenue, Ste. 314,

www.accountingaidsociety.org

866 673-0873 Detroit 48202

AARP

Ask a question or find tax help in your community

888 227-7669

www.aarp.org/money/taxaide/

To find out if you qualify for **Federal Earned Income Tax Credit** contact the Internal Revenue Service.

800 829-1040

www.irs.gov

Credit Counseling

GreenPath Debt Solutions

GreenPath will work with you to build a personalized plan of action for regaining control of your debt.

800 550-1961

www.greenpath.com

Assistance for Veterans: See the Veteran's Services page

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Food, Clothing & Shelter

Food & Clothing

To find Food Bank locations go to: www.pantrynet.org

Angel Food Ministries

Box of fresh and frozen food available at low-cost. Order and purchase boxes monthly from a host site.

888-819-3745 www.angelfoodministries.com

Community Sharing

Provide food, clothing and other items for residents of Milford and Highland plus residents of Stratford Villa and Commerce Meadows mobile home parks in Wixom. Contact Community Sharing for financial guidelines.

248 889-0347 www.community-sharing.org 2029 N. Milford Rd., Highland 48357

Gleaners Community Food Banks

866 453-2637 www.gcfb.org

Lighthouse Emergency Services www.lighthouseoakland.org

248 920-6100 46156 Woodward Pontiac 48342

248 620-6116 6330 Sashabaw Clarkston 48346

Neighbor for Neighbor

Provides food, clothing and other items for residents of the townships of Groveland, Holly, Rose, Springfield, White Lake and parts of Independence

248 634-0900 www.neighborforneighbor.net 495 Broadway, Davisburg

Oakland Livingston Human Service Agency www.olhsa.org

248 209-2655 196 Cesar Chavez, Pontiac 48343

248 542-5860 345 E. Nine Mile Rd, Ferndale 48220

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Open Door Outreach Center

Provides food, clothing & other items for residents of Commerce, Walled lake, Waterford, West Bloomfield, White Lake, Wixom
248 360-2930 <http://opendooroutreachcenter.com/> 7170 Cooley Lake Rd. Waterford 48327

Salvation Army

248 334 2407 www.salvationarmyusa.org Contact: [Captain Heath Sells](#) 34 Oakland Ave. Pontiac 48342

248 585 5600 Contact: [Captain Monty Wandling](#) 3015 N. Main St. Royal Oak 48073

Yad Ezra

Serving kosher food and other items for low-income Jewish families in Southeast Michigan

248 548-3663 2850 W. 11 Mile Rd. Berkley 48072

For information on meals for seniors who cannot make their own at home, see the Home Delivered Meals page.

Call Oakland County Nurse on Call at 800 848-5533 for other resources

Call the senior center in your area for other local resources including Focus Hope Food Programs

Shelter- temporary housing

Oakland County Housing Counseling keeps a list of shelter locations

248 858-5402

American Red Cross

313 833-4440 www.semredcross.org

During inclement weather or power failure:

Call your local city, village or township office to find out the warming or cooling centers in your area

For more resources and information:

Call Oakland County Nurse on Call at 800 848-5533 for other resources

Call 211, United Way of Southeast Michigan's information resource line

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Geriatric Assessment Centers & Case Management

Geriatric Assessment Centers

Senior Assessment Center at Botsford Commons	248 426-6930	21440 Archwood Cir Farmington Hills 48336	www.botsfordcommons.org/senior-assessment/
William Beaumont Hospital Geriatric Evaluation Clinic	248 551-1756	3535 W. 13 Mile Rd. Royal Oak 48073	www.beaumonthospitals.com A referral from a physician is required.
WBH Senior Hotline	800 328-2241	M-F 8-4:30pm	
Detroit Receiving Hospital- Rosa Parks Geriatric Center	888 264-0102	4201 St. Antoine Detroit 48201	www.drhuhc.org/services/geriatric
Genesys Hillside Center for Behavioral Services	810 424-2400	8435 Holly Road Grand Blanc 48439	www.genesys.org
WSU Physicians Group Krieger Center	248 937-4211	Sinai Guild Medical Offices 1 William Carls Dr, Ste 230 Commerce 48382	Office open on Tuesday and Thursday For appointments: call 313 745-4525
Turner Geriatric Clinic	734 764-6831	1500 E. Medical Center Dr. Ann Arbor 48109	www.med.umich.edu/geriatrics/TurnerGeriatricClinic

Care/Case Management

Assisting older adults to maintain independence at home, coordinate living arrangements and health services, or simply provide companionship and supervision, when the caregiver can't be there. Check the phone book or Area Agency on Aging at **800 852-7795** for more information.

Eldercare Solutions

248 592-1944

www.eldercaresolutionsofmi.org

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

National Association of Professional Care Managers

248 855-1072

www.aginganswers.info

Serving Seniors

248 375-9125

330 East Street, Suite 1, Rochester 48307

www.servingseniors.net

Senior Care Solutions

866 776-1869

www.oakwood.org/seniorsolutions

Assistance with Services and Housing Placement

A Place for Mom

877 MOM-DAD9

877 666-3239

www.aplaceformom.com

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Guardians/Conservators

What is a Guardian?

A **Guardian** is a person who is given authority by the Probate Court to be responsible for the personal and physical well being of an adult who is called a **Legally Incapacitated Individual** (LII). The Guardian has the same powers and duties over that LII as parents have over their children. A prospective Guardian may be nominated by petition (filed with the Probate Court) or may be named in a will.

When is a Guardian needed?

When the individual lacks sufficient understanding or capacity to make or communicate informed decisions about his or her personal well being because of impairment by reason of either:

- Mental illness
- Physical disability
- Mental deficiency
- Physical illness
- Chronic use of drugs
- Chronic intoxication

How do I become a Guardian?

To become a guardian, you must file a petition, pay the fee, serve interested persons, and appear at a hearing. Generally, anyone may petition to become guardian.

What is a Conservator?

A **Conservator** is a person who is given Probate Court authority to be responsible for the assets (called an “estate”) of an adult, who is called a **Protected Individual** (PI). A Conservator may be nominated by a petition filed with the Probate Court

When is a Conservator needed?

When the individual is unable to manage his or her property or business affairs effectively because of either:

- Mental illness
- Chronic intoxication
- Mental deficiency
- Confinement
- Physical illness
- Detention by a foreign power
- Physical disability
- Disappearance
- Chronic use of drugs
- Age or physical infirmity

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

How do I become a conservator?

To become a conservator, you must file a petition, pay the fee, serve interested persons, and appear at a hearing. Generally anyone may petition to become conservator.

Since the above described legal procedures and duties can substantially effect the rights of Legally Incapacitated Individuals or Protected Individuals, as well as to subject the Guardian or Conservator to personal liability, it is recommended that a person who is seeking to be appointed (or who is actually appointed as a Guardian or Conservator) consult with an attorney.

For more information, contact the Probate Court.

Oakland County Probate Court Staff members are available to serve you by mail, telephone and fax. Their website has many fact sheets and brochures to help you.

Oakland County Probate Court Mailing Address:

248 858-0260

1200 North Telegraph Rd., Dept. 457
Pontiac, MI, 48341-0457

www.oakgov.com/probate

Other Information:

Advance Directives & Durable Power of Attorney for Healthcare

www.michbar.org/elderlaw/adpamphlet.cfm

Do not resuscitate form

www.michbar.org/elderlaw/pdfs/dnr_phys.pdf

Alternatives to Full Guardianship of Adults

www.michbar.org/elderlaw/alternatives.cfm

Jewish Senior Life Harris Guardianship Program

248 661-1836

6710 West Maple Road
West Bloomfield, MI 48322

www.jslmi.org

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Home Delivered Meals

Available to older adults who are unable to leave their home due to illness, frailty or disability. Meals are available to anyone age 60 and older without regard to income. An in-home assessment is required to determine need.

Bloomfield Township Senior Services	248 723-3500
Bloomfield Hills, Bloomfield Township, Orchard Lake, West Bloomfield	
Emerald Food Services	248 689-0001
Berkley, Beverly Hills, Birmingham, Bingham Farms, Clawson, Ferndale, Franklin, Hazel Park, Huntington Woods, Oak Park, Pleasant Ridge, Royal Oak Township, Southfield, Troy	
City of Farmington Hills	248 473-1825
Farmington, Farmington Hills	
Jewish Family Services-Kosher Mobile Wheels	248 592-2311
<i>Kosher Home Delivered</i> – Anywhere in Oakland County	
Oakland County Mobile Meals	248 398-0990
Madison Heights, City of Royal Oak, Lathrup Village, Pleasant Ridge, Huntington Woods, parts of Clawson, Ferndale, Hazel Park & Troy	
Older Persons' Commission	248 608-0264
Addison Township, Auburn Hills, Brandon, Clarkston, Independence, Lake Angelus, Lake Orion, Leonard, Oakland Township, Orion Township, Oxford, Rochester, Rochester Hills	
Pontiac Meals On Wheels	248 738-9393
Pontiac, Keego Harbor, Sylvan Lake	
Waterford Senior Center	248 682-9450
Waterford Township	

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Western Oakland Meals on Wheels

888 886-8971 or 810 632-2155

Commerce, Groveland, Highland, Holly, Lyon Township, Milford, Northfield, Northville (north of 8 Mile Rd), Novi, Rose, South Lyon, Springfield, Walled Lake, White Lake, Wixom

Lighthouse of Oakland County-Liquid Meals Only

248 920-6100 Ext 2231

Serves: Northern Oakland county, including; Keego Harbor Lake Orion, Oxford, Pontiac, Sylvan Lake, Union Lake, Walled Lake, Waterford, White Lake, and Wixom.

Check with the Meal Program in other areas to see if they provide liquid nutrition.

There may be a location in the community where seniors can eat a meal and socialize with others. Congregate meal sites are often available in local senior centers and senior housing sites. See the list of senior centers or contact **Area Agency on Aging 1B at (800) 852-7795** for a site listing.

Home Repair and Weatherization

Oakland County Community & Home Improvement Program

Helps low and moderate income homeowners make needed repairs to improve the safety, energy conservation and structural preservation of the home.

248 858-0493

www.oakgov.com/chi

Rebuilding Together Oakland County

For low income Oakland County residents who are elderly, disabled, military veterans or families with children. Work is done yearly on the last Saturday in April.

248 889-5450

www.rebuildingtogether-oaklandcounty.org

Habitat for Humanity

Helps people in need by building and renovating houses and creating homeownership opportunities.

248 338-1843

www.habitatoakland.org

Senior Home Assistance Repair Program (SHARP)

www.nwcommunityfoundation.org

For information, residents of the following locations can call:

Auburn Hills

Clawson

Madison Heights

Troy

248 370-9353

248 589-0334

248 545-3464

248 524-3484

SHARP is available in several locations and helps seniors who are 60+ and physically challenged individuals in making home repairs and maintenance. Volunteers provide the labor and the homeowner provides supplies.

Oakland Livingston Human Service Agency (OLHSA) Home Injury Control Program

Provides some home chore services for an hourly fee, including installation of grab bars, smoke detectors, railings and more.

248 209-2676

www.olhsa.org

Oakland Livingston Human Service Agency Weatherization Program

Help make your home more energy efficient and save money on utility bills.

248 209-2760

www.olhsa.org

For resource information about ramps, see the *Home Safety & Medical Equipment* page.

Home Safety and Medical Equipment

Safety Monitoring and Emergency Alert Equipment

Equipment for home safety, monitoring, personal emergency call systems and more

Guardian Medical Monitoring

877 435-7225

www.guardianmedicalmonitoring.com

VRI/Lifeline

800 959-6989

www.semredcross.org/red-cross-lifeline

Response Link

248 935-9136

www.ResponseLinksemi.com

Critical Signal Technologies

888 557-4462 or 248 449-1672

www.criticalsignaltechnologies.com

ATT Special Needs Center

800 433-8505

www.att.com/gen/general?pid=10190

Alert Alarm

888 992-5378

www.alert-alarm.com

Ramps (permanent & rental), Home Modification and Safety Equipment

Making changes in a home to increase safety, accessibility and independence

American Medical Services

800 825 9915 or 248 332 6688 825 W Huron St., Pontiac 48341

www.amsmedical.net

ATXchange - website of medical equipment for loan, buy, sell, or donate.

www.ATXchange.org

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

CAPS Remodeling

248 246-1669

524 Ardmore • Ferndale 48220

www.capsremodeling.com

Chronic Illness Coalition Ramp Program

800 784-8862

www.cicmich.org

Creative Mobility Group

248-577-5430

<http://creativemobilitygroup.com/>

Disability Made Easy

248 569-1580

1729 E 14 Mile Rd., Ste. 210

<http://dmeasap.com/>

855 363-2727

Troy 48076

F. Lax Construction

800 547-1914

651 Livernois Rd., Ferndale 48220

www.flaxco.com

Oakland Livingston Human Service Agency (OLHSA) Home Injury Control Program

Southern Oakland County

Northern Oakland County

www.olhsa.org

248 546-5860 ext 3235

248 634-7236 or 248 634-3370

Specialistic Construction, Inc.

888.253.4367

PO Box 369 Highland 48357

www.gospecialistic.com

Medical Supplies and Equipment

Medical Supply

Wheelchairs and other mobility equipment, hospital beds, bath safety equipment; diabetic supplies; incontinence supplies; wound care products; oxygen and respiratory products; and more. Find out if the supplier accepts Medicare assignment or if they are an approved provider with your insurance company. Some equipment requires a prescription, so check with your health care provider. See the telephone directory for other medical suppliers.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Binsons Medical Supply

1-888-246-7667

www.binsons.com

Wright and Fillipis

1-800-843-0222

www.firsttoserve.com

American Medical Services

1-800-825-9915

www.amsmedical.net

Access to wheelchairs, walkers and other medical equipment

Lighthouse Emergency Services

Pontiac

248 920-6100

Clarkston

248 620-6116

www.lighthouseoakland.org

World Medical Relief

Equipment available for low-income clients. Doctor's prescription required. Small handling fee.

313 866-5333

www.worldmedicalrelief.org

Medication Dispensing Devices

Critical Signal Technologies

888 557-4462

www.criticalsignaltechnologies.com

Guardian Medical Monitoring

877 435-7225

www.guardianmedicalmonitoring.com

MedEx Direct

877 899-6337

www.medexvip.com

Home/Automobile Modification

A-1 Mobility Center

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

734-422-4234

www.almobilitycenter.com

Advantage Mobility Outfitters

800-990-8267

www.advantagemobility.net

Creative Mobility Group

248-577-5430

<http://creativemobilitygroup.com/>

Disability Made Easy

248-569-1580 or 855 363-2727

<http://dmeasap.com/>

Gresham Driving Aids

800-521-8930

www.greshamdrivingaids.com

Michigan Assistive Technology Loan Fund

Allows people with disabilities, seniors or their family to purchase assistive technology devices or services including vehicle modification, and training to use the equipment.

800-828-2714

www.michiganloanfunds.org/atlf/

Mobility Works

877 275-4930

www.mobilityworks.com

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Hospitals and Physician referral

Hospitals

Beaumont Hospital-Royal Oak(WBH)

248-898-5000	3601 W. 13 Mile Rd. Royal Oak 48073	Emergency 248-898-2000	Physician Referral 800-633-7377	www.beaumonthospitals.com
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Beaumont Hospital-Troy (WBH)

248-964-5000	44201 Dequindre Rd. Troy 48086	Emergency 248-964-5111	Physician Referral 800-633-7377	www.beaumonthospitals.com
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Botsford Hospital

248-471-8000	28050 Grand River Ave. Farmington Hills 48336	Emergency 248-471-8566	Physician Referral 877-422-7900	www.botsford.org
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Crittenton Hospital Medical Center

248-652-5000	1101 W. University Dr. Rochester 48307	Emergency 248-652-5000	Physician Referral 248-652-5418	www.crittenton.com
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Detroit Medical Center Surgery Hospital

248-733-2200	30671 Stephenson Hwy. Madison Hts. 48071	Mainly orthopaedic services Emergency 248-733-2430	Physician Referral 888-362-2500	www.dmcsurgeryhospital.org
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Doctors Hospital of Michigan

248-857-7200	461 W. Huron Pontiac 48341	Emergency 248-857-6720	Physician Referral 248-857-7200	www.dhofm.com
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Doctors Hospital of Michigan Emergency Center

248-666-9000	1305 N. Oakland Blvd. Waterford 48327			www.dhofm.com
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OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Genesys Regional Medical Center

810 606-5000	1 Genesys Parkway Grand Blanc 48439	Emergency 810 606-5710	Physician Referral 800 327-6262	www.genesys.org
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Henry Ford Hospital-West Bloomfield

248-325-1000	6777 W. Maple Rd. West Bloomfield 48322	Emergency 248-325-0300	Physician Referral 248-325-1000	www.henryford.com
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Henry Ford Hospital

313 916-2600	2799 West Grand Blvd. Detroit 48202			www.henryfordhealth.org
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Huron Valley Sinai Hospital

248 937-3300	1 William Carls Dr. Commerce 48382	Emergency 248 937-3400	Physician Referral 888 362-2500	www.hvsh.org www.dmc.org/physicians
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Karmanos Cancer Institute

800 527-6266	4100 John R Detroit 48201			www.karmanos.org
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Pontiac Osteopathic Hospital

248-937-3400	50 N. Perry St. Pontiac 48342	Emergency 248-338-5332	Physician Referral 248-338-5274	www.pohmedical.org
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Providence Hospital (St. Johns Health)

248-849-3000	16001 W. 9 Mile Rd. Southfield 48075	Emergency 248-849-3000	Physician Referral 866-501-3627	www.stjohn.org
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Providence Park Hospital

248-465-1400	47601 Grand River Ave. Novi 48374	Emergency 248-465-1400	Physician Referral 866-501-3627	www.stjohn.org/ProvidencePark
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OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

St. John Macomb-Oakland Hospital

248-967-7000	27351 Dequindre Rd. Madison Hts. 48071	Emergency 249-967-7000	Physician Referral 866-501-3627	www.stjohn.org
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St Joseph Mercy Ann Arbor

734 712-3456	5301 McAuley Ypsilanti, MI 48197	Emergency 734 712-3000	Physician referral 800 231-2211	www.sjmercyhealth.org
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St. Joseph Mercy Oakland

248-858-3000	44405 Woodward Ave. Pontiac, MI 48341	Emergency 248-858-3000	Physician Referral 800-372-6094	www.stjoesoakland.org
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University of Michigan


734 936-4000	1500 E. Medical Center Dr. Ann Arbor, MI 48109	Emergency 734 936-6666	Physician Referral 800 211-8181 Cancer Center 800 865-1125	www.med.umich.edu
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OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Housing: Assisted Living

Assisted Living Facilities are almost always privately paid.
Some long term insurance policies may cover a portion of the costs.

Auburn Hills

 Harbor Chase 3033 N. Squirrel 48326 248 340-9296 www.harborchase.com

Bingham Farms

Arden Courts 24005 W. 13 Mile Rd 48025 248 644-8100 www.hcr-manorcare.com



Bloomfield Hills

Maple Village 6257 Telegraph Rd 48302 248 723-6275 www.maplev.org

St. Elizabeth Briarbank 39315 Woodward Ave 48304 248 644-1011 www.briarbank.com

  Sunrise-Bloomfield 2080 S Telegraph Rd 48302 248 972-0800 www.sunriseseniorliving.com

  Sunrise-Bloomfield Hills 6790 Telegraph Rd 48302 248 858-7200 www.sunriseseniorliving.com

  The Woodward of Bloomfield Hills 41150 Woodward Ave 48304 248 629-0132 www.thewoodwardofbloomfieldhills.com
Coming late 2013-Call for info

Clarkston

Autumn Ridge 5700 Water Tower Place 48346 248 625-0500 www.autumnridgeofclarkston.com

Heather Pines 8541 N Eston 48348 248 394-0734 www.heatherpines.com

 Pine Tree Place 5480 Parview 48346 248 620-2420 www.pinetreelacellc.com

Farmington Hills

  Clare Bridge 27900 Drake 48334 248 489-9362 www.brookdaleliving.com

 Botsford Commons 21450 Archwood Circle 48336 248 426-6903 www.botsfordcommons.org

 Courtyard Manor 29750 Farmington Rd 48334 248 539-0104 www.courtyardmanor.com

 Haworth Assisted Living 30225 W Thirteen Mile 48334 248 539-3131 www.thebaptistmanor.org

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

D	🕒	Farmington Hills Inn	30350 W. 12 Mile Rd 48334	248 851-9640	www.seniorsrus.org
		Grand Court	36550 Grand River Ave 48335	248 476-7478	www.brookdaleliving.com/grand-court-farmington-hills.aspx
		Halsted Place	29451 Halsted 48331	248 489-8988	www.halstedplace.com
D	🕒	Sunrise-Farmington Hills	29681 Middlebelt 48334	248 538-9200	www.sunriseseniorliving.com/communities/sunrise-at-north-farmington-hills.aspx
<u>Lake Orion</u>					
D		Orion Manor	1814 S. Lapeer 48360	248 814-6714	www.oaklandcommunityalternatives.com
D		Pineview Manor	2888 Baldwin Rd 48359	248 814-6714	www.oaklandcommunityalternatives.com
D		Silverbell Manor	1241 Silverbell 48360	248 814-6714	www.oaklandcommunityalternatives.com
<u>Novi</u>					
D	⌘	Renaissance Gardens at Fox Run	41215 Fox Run Rd 48377	800 472-1299	www.thecareexperts.com/locations/frv
		Grand Court Novi	45182 N Park Dr. 48377	248 669-5330	www.brookdaleliving.com/grand-court-novi.aspx
D	🕒	Waltonwood at Twelve Oaks	27475 Huron Circle 48377	800 239-9725	www.waltonwood.com
<u>Oak Park</u>					
		Coville Assisted Living	15100 W Ten Mile Rd 48327	248 661-1836	www.jslmi.org
<u>Oxford</u>					
		Waterstone Independence Village	701 Market St 48371	800 579-0922	www.seniorvillages.com/waterstone/community-index.php
<u>Rochester Hills</u>					
		All Seasons	175 Nawakwa 48307	866 600-2300	www.allseasonspts.com
⌘		Sanctuary at Bellbrook	873 West Avon 48307	248 656-3239	www.trinityseniorsanctuary.org/bellbrook

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

D 🕒 Sunrise of Rochester 500 East University Dr 48307 248 601-9000 www.sunriseseniorliving.com/communities/sunrise-of-rochester.aspx

D 🕒 Waltonhood at Main 1401 N Rochester Rd 48307 800 239-0147 www.waltonwood.com

D 🕒 Waltonwood-University 3250 Walton Blvd 48309 800 250-7597 www.waltonwood.com

Royal Oak

🕒 Waltonwood 3450 W 13 Mile Rd 48073 800 239-1396 www.waltonwood.com

Southfield

D Fountains of Franklin 28301 Franklin Rd 48034 248 353-2810 www.watermarkcommunities.com/franklin

Franklin Terrace 26962 Franklin Rd 48034 248 358-0212

Brookdale-The Heritage 25800 W. 11 Mile Rd 48034 248 727-2000 www.brookdaleliving.com/the-heritage-southfield.aspx

D 🕒 St. Annes Mead 16106 W 12 Mile Rd 48076 248 557-1221 www.stannesmead.org

Troy

D Clare Bridge of Troy 4900 Northfield Pkwy 48098 248 267-9500 www.brookdaleliving.com

D Wynwood of Troy 4850 Northfield Pkwy 48098 248 952-5533 www.brookdaleliving.com/wynwood-of-troy.aspx

D 🕒 Sunrise of Troy 6870 Crooks 48098 248 293-1200 www.sunriseseniorliving.com/communities/sunrise-of-troy.aspx

Waterford

⌘ Canterbury on-the-Lake 5601 Hatchery Rd 48329 248 674-9292 www.canterburyonthelake.com

D Clausen Manor 2300 Watkins Lake Rd 48328 248 674-4732 www.lourdesseniorcommunity.org

Mendelson Home 2350 Watkins Lake Rd 48328 248 618-6362 www.lourdesseniorcommunity.org

Waterford Oaks Senior Care 3385 Pontiac Lake Rd 48328 248 681-4788 www.waterfordoaksseniorcare.com

West Bloomfield

D Fleischman Residence 6710 West Maple Rd 48322 248 661-1836 www.jslmi.org

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

D	Regent Street	4460 Orchard Lake Rd 48323	248 636-1130	www.regentstreetwestbloomfield.com
D	☰ Sunrise of West Bloomfield	7005 Pontiac Trail 48323	248 738-8101	www.sunriseseniorliving.com/communities/sunrise-of-west-bloomfield.aspx
<u>White Lake</u>				
	Independence Village	935 Union Lake Rd 48386	888 292-2490	www.seniorvillages.com/whiteLake/community-index.php
<u>Wixom</u>				
☞	Courtyard Manor Wixom	48578 Pontiac Trail 48393	248 669-5263	www.courtyardmanorwixom.com

Adult Foster Care Homes provide care to adults who need assistance with tasks of daily living. Many are located in private homes or small facilities. To locate a home, go to www.michigan.gov/dhs and look under “Online Lookups.”

Some independent living apartments may have services available to assist with tasks of daily living. See the *Housing Alternatives: Independent Living* page.

Other services such as short term stays, respite care, hospice care and more may be available. Check with each facility for options.

How to Select the Right Housing

Definitions of Housing

Independent Living

- Housing/ apartments in large complexes
- Some offer meals and other support services
- Must meet local health, safety, and zoning codes
- No licensing oversight
- Payment is private, some may offer a program for those with a limited income

Assisted Living/Home for the Aged

- Provide room and board, recreation, supervision, personal care
- Payment is private
- Licensed by the Michigan Department Community Health

Adult Foster Care

- Homes that provide room and board, supervision, personal care
- May specialize in type of care i.e. elderly, chronic mental illness, etc.
- Licensed by the Michigan Department Community Services
- Payment is private although some may accept SSI
- Go to www.michigan.gov/dhs, under online look-ups, go to adult foster care for aged

Assisted Living Facilities

- Larger facilities that provide Twenty-four hour protective oversight ,supportive services and may provide medication monitoring
- Not licensed except must meet local health, safety, and zoning codes
- Payment is private, funds may be available for support services

Nursing Home

- Facilities that provide 24-hour nursing care and medical supervision
- Services also include short term admission for someone who is recovering from an acute illness or injury

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- Levels of care include skilled (requires the skill and judgment of a licensed professional) and basic (provides necessities of daily living)
- Licensed by the Michigan Department of Community Services
- Payment is private, Medicare (Skilled care), Medicaid (basic care)

Continuum of Care Facilities

- Facilities offering two or more levels of care at the same location
- May require a long-term contract be signed prior to admission guaranteeing housing and services as long as resident lives
- May involve an entrance fee in addition to monthly fees

Resident Assessment Criteria

Description	Independent	Assisted	Nursing Home
Mobility	Capable of moving about independently. Able to seek and follow directions. Able to evacuate independently in an emergency. Ambulatory with cane/walker. Independent with a wheelchair but needs help in an emergency.	Ambulatory with minimal or no assistance. Requires occasional assistance to move about, but usually independent.	May require assistance with transfers from bed, chair, toilet. Requires transfer and transport assistance. Requires turning and positioning in bed and wheelchair.
Nutrition	Able to prepare own meals. Eats meals without assistance. Minimum of at least one meal a day available. Able to plan, purchase, and prepare own meals.	May require assistance getting to dining room and/or requires minimal assistance such as opening cartons or other packages, cutting food or preparing trays.	May be unable or unwilling to go to dining room. May be dependent on staff for eating/feeding needs. Totally dependent on staff for nourishment (includes reminders to eat and/or feeding).
Personal Care	Independent in all care including bathing and personal laundry.	May require assistance with bathing or hygiene. May require assistance, initiation, structure or reminders. Resident may complete the task.	May be dependent on staff for all personal hygiene.
Housekeeping	Independent in performing housekeeping functions (includes making bed, vacuuming, cleaning and laundry), or, may need assistance with heavy housekeeping, vacuuming, laundry and changing linens.	Housekeeping and laundry services provided.	Housekeeping and laundry services provided.
Toileting	Independent and completely continent, or, may have incontinence, colostomy or catheter, but independent in caring for self through proper use of materials/supplies.	Same as independent living. May have occasional problems with incontinence, colostomy or catheter. May require assistance in caring for self through proper use of materials/supplies.	May have problems with incontinence, colostomy, catheter, and require assistance. May be dependent and unable to communicate needs.

Description	Independent	Assisted	Nursing Home
Medications	Responsible for selfadministration of all medications.	Able to self-administer medications. Facility staff may remind and monitor actual process. May arrange for family or home health agency to establish a medication administration system. Facilities, staffed by RNs and LPNs, can administer medications to residents.	Medications administered by licensed personnel.
Mental Status	Oriented to person, place, time. Memory is intact, but has occasional forgetfulness without a consistent pattern of memory loss. Able to reason, plan and organize daily events. Mental capability to identify environmental needs and meet them. Able to manage finances.	May require occasional direction or guidance in getting from place to place. Orientation to time, place or person may be minimally impaired.	Judgment is likely to be poor. Resident may not attempt tasks that are not within capabilities. May require strong orientation and reminder program. May need guidance in getting from place to place. Disorientation to time, place and person, or memory, is severely impaired. Usually unable to follow directions.
Behavior Status	Deals appropriately with emotions and uses available resources to cope with inner stress. Deals appropriately with other residents and staff.	May require periodic intervention from staff to facilitate expression of feelings in order to cope with inner stress. May require periodic intervention from staff to resolve conflicts with others in order to cope with situational stress.	May require regular intervention from staff to facilitate expression of feelings and deal with periodic outbursts of anxiety or agitation. Maximum staff intervention is required to manage behavior. Resident may be a physical danger to self or others. Expectations are unrealistic and approach to staff may be uncooperative.

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Assisted Living Facility Checklist

QUESTIONS	Y	N	COMMENTS
ASSISTED LIVING LICENSING AND FINANCIAL INFORMATION			
Is the facility licensed?			
Is there an application fee or security deposit? Are they refundable?			
Is a signed contract for care/cost required?			
Can a contract be terminated by the resident/family?			
For what reasons will a contract be terminated by the facility? How much notice is given?			
Is there a refund policy?			
What services are included in the monthly rate?			
Are additional services available? What are the costs?			
What utilities are included in the monthly rate?			
What will happen when the resident's funds run out?			
Is the resident's personal property insured by the facility?			
May residents manage their own finances?			
FACILITY CHECKLIST			
Is the environment clean and well maintained?			
Is the atmosphere warm, friendly, homelike?			
Is there more than one type/style of housing unit?			
Are units furnished or unfurnished?			
Is there a 24 hour emergency response system/staffing?			

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May residents smoke in their room or in public areas?			
Is a kitchen area/unit provided?			
If there is no kitchen, may residents keep food in their unit?			
Is there a policy regarding pets?			
Is phone/cable TV available? How is it billed?			
Is the facility well designed for residents' mobility? (wide hallways with hand rails)			
Is there safety equipment including bathroom grab bars and emergency pull cords?			
Is there a safety program that allows residents to indicate that they are in at night/up in the morning?			
Is there a generator in case of power outages?			

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QUESTIONS	Y	N	COMMENTS
ASSISTED LIVING FACILITY CHECKLIST (continued)			
Is there a visitation policy?			
How many meals are provided in the monthly rate?			
Are the meals provided both balanced and appealing? Are beverages and/or snacks available between meals?			
Are special requests for food honored?			
May residents have their meal brought to their room?			
Are guest meals available? How much notice required?			
Is there a private room for entertaining guests?			
Are there overnight facilities for families?			
STAFFING/SERVICES			
Are the staff friendly, caring, and attentive?			
Is the direct care staff employed by the facility or another agency? Who supervises them?			
Is staff trained in assisting/caring for seniors?			
Are criminal background checks completed on all staff?			
Are resident's needs reassessed periodically?			
When care needs change, are alternatives discussed with the resident and/or family?			
Is there a policy on response to medical emergencies?			
Is staff available to give twenty-four hour assistance activities of daily living?			

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Is there onsite medical care available?			
Are there medication policies? (administration, storage, reminders)			
Is transportation service available? Do they provide group trips for errands and/or individual appointments?			
Is there an organized activity program? Are there planned activities outside the facility?			
What housekeeping and laundry services are provided in the monthly rate?			

Nursing Home Checklist

QUESTIONS	Y	N	COMMENTS
NURSING HOME LICENCING AND FINANCIAL INFORMATION			
Is the facility certified for Medicaid and/or Medicare?			
Is it private pay only? What is the daily rate?			
What services are covered in the daily rate?			
Will the facility provide assistance with Medicaid application when/if needed? Note: Under federal law, Medicare and Medicaid approved nursing homes cannot require anyone other than the resident to guarantee payment.			
Is there a waiting list for a Medicaid bed?			
Is a current licensing review, dated within past fifteen (15) months, posted in a prominent location?			
FACILITY CHECKLIST			

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Does the facility have the level of care that is needed (i.e. skilled nursing, custodial care, therapies)?			
Are there security measures in place to prevent residents from wandering from the facility?			
Does the nursing home appear clean and well kept?			
Are the residents clean, well groomed and appropriately dressed?			
Are the rooms clean, tidy and odor free?			
Is there storage for personal belongings?			
Is personal furniture, etc., allowed in resident rooms?			
Is a nurse call system by each bed that the resident can reach?			
Are there handrails in the hallways and grab bars in the bathrooms and shower areas?			
Did you observe the facility during a mealtime?			
Are residents given assistance with meals, if needed?			
Are snacks/beverages available between meals?			
Are there quiet areas where residents can visit with family and friends?			
Are there any visiting restrictions?			
Is the facility near the residents' family/friends?			
Is personal laundry done by the facility or by family?			

QUESTIONS	Y	N	COMMENTS
NURSING HOME STAFF			
Do staff seem attentive to residents' needs?			

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Do residents seem to be treated with respect and kindness?			
Does the ratio of staff to residents comply with licensing requirements?			
Are criminal background checks completed on all staff?			
SERVICES			
Is there a physician on staff? May the resident be seen by their own physician in the facility?			
Is there a psychiatrist available for consultation?			
Are foot care services available in the facility?			
Are physical, occupational and speech therapies available?			
Is there a social worker on staff to assist with Medicaid applications, family conferences and discharge planning?			
Is there a recreation activity director?			
What recreational activities are available in the facility?			
Are any activities held outside the facility?			
Are <u>all</u> residents encouraged to attend or included in events?			
TRANSFER AND DISCHARGE			
Are residents transferred or discharged from the facility when their care needs change?			
Are residents transferred or discharged from the facility when their money runs out?			
What is the policy for holding a resident's bed when they are hospitalized?			

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Housing: Independent Living

Auburn Hills

\$	Meadow Creek Village	2185 S. Boulevard 48326	248 253-8640	www.ncr.org
\$	Meadows of Auburn Hills	3131 N Squirrel Rd 48326	248 370-9393	www.firstcentrum.com

Berkley

	Oxford Park Towers	2345 Oxford, 48072	248 399-9300	www.oxfordparktowers.com
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Birmingham

♥	Baldwin House	200 Chester, 48009	248 540-4555	www.baldwinhousebham.com
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Bloomfield Hills

	Maple Village	6257 Telegraph Rd. 48301	248 723-6275	www.maplev.org
⌘	Woodward of Bloomfield Hills <i>Coming late 2013-Call for info</i>	41150 Woodward Ave 48304	248 629-0132	www.thewoodwardofbloomfieldhills.com

Clawson

\$	Clawson Manor	255 W. 14 Mile Rd. 48017	248 435-5650	www.clawsonmanor.org
\$	Clawson Senior Apartments	121 Renshaw 48017	248 435-4500	

Farmington/Farmington Hills

♥	American House	24400 Middlebelt Rd 48336	248 579-4422	www.americanhouse.com
⌘ ♥	Botsford Commons	21450 Archwood Cir 48336	248 426-6903	www.botsfordcommons.org
\$	Carrington Place	35250 Freedom Rd 48335	248 471-1780	
\$	Detroit Baptist Manor	30251 W 13 Mile Rd 48334	248 626-6100	www.thebaptistmanor.org
\$	Farmington Place	32900 Grand River 48336	248 478-8544	www.forestcity.net
\$	Freedom Square	34848 Freedom Rd 48335	248 442-7250	

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♥	Grand Court-Farmington Hills	36550 Grand River 48335	248 476-7478	www.brookdaleliving.com
♥	Halsted Place	29451 Halsted 48331	248 489-8988	www.halstedplace.com
\$	Sanctuary at Marian-Oakland	29250 W. 10 Mile Rd 48336	248 474-7204	www.trinityseniorsanctuary.org
\$	Tapiola Village	35150 W. 8 Mile Rd 48335	248 471-3802	
<u>Ferndale</u>				
\$	Autumn House	500 E. 9 Mile Rd 48220	248 547-9500	www.ferndalehousing.com
\$	Devon Trace Apartments	1225 Orchard 48220	248 541-7128	
	Royal Oak Towers	20800 Wyoming 48220	248 542-0881	www.continentalmgt.com
\$	Withington West	415 Withington 48220	248 547-9500	www.ferndalehousing.com
<u>Hazel Park</u>				
\$ ♥	American House	777 E. Woodward Hts 48030	248 545-0707	www.americanhouse.com
\$	Hazel Park Manor Co-op	701 E. Woodward Hts 48030	800 593-3052	www.csi.coop
\$	Hazelcrest Place	100 Hazelcrest Place 48030	248 542-5386	www.ncr.org
<u>Highland</u>				
\$	Highland Haven	917 Duck Lake Rd 48356	248 889-2726	www.trinityseniorsanctuary.org
\$	Highland Meadow View	923 Duck Lake Rd 48356	248 889-5100	www.trinityseniorsanctuary.org
<u>Holly</u>				
\$	Village of Holly Woodlands	3325 Grange Hall Rd 48442	248 634-0592	www.pvm.org
<u>Lake Orion</u>				
\$	Heritage Place	211 Atwater 48362	248 693-9197	www.heritageplacehud.org
	Village Creek Manor	147 S. Slater St. 48362	248 693-4119	e-mail: dcm@imsteam.net
<u>Madison Heights</u>				
\$	Madison Heights Co-op	500 E. Irving 48071	248 585-2336	www.csi.coop
\$	Madison Manor	27795 Dequindre 48071	248 542-1238	www.ncr.org
\$	Madison Towers	27777 Dequindre 48071	248 544-3800	www.ncr.org
\$	New Horizon Co-op	31101 Edward 48071	248 585-0999	www.csi.coop

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\$	Solberg Towers	27787 Dequindre 48071	248 542-6720	www.ncr.org
<u>Milford</u>				
\$	South Hill Apartments	585 Gwendolyn 48381	248 685-0620	www.continentalmgt.com
\$	Heritage Place at Ridge Valley	700 Nappa Valley Dr 48381	248 676-2121	www.hp-rv.com
<u>New Hudson</u>				
♥	Abbey Park at Mill River	28413 Abbey Lane 48165	248 437-6550	www.abbeypark.com
<u>Novi</u>				
♥ ⌘	Fox Run	41000 W. 13 Mile Rd 48377	800 917-8542	www.ericksonliving.com
♥	Grand Court Novi	45182 W Park Dr. 48377	248 669-5330	www.brookdaleliving.com
\$	Meadowbrook Commons	25075 Meadowbrook 48375	248 305-8646	
♥	Waltonwood at Twelve Oaks	27475 Huron Circle 48377	800 239-9725	www.waltonwood.com
<u>Oak Park</u>				
	Lincoln Towers	15075 W. Lincoln 48237	248 968-0202	
\$	Prentis Jewish Apartments	15100 W. 10 Mile 48237	248 661-1836	www.jasmi.org/prentis
\$	Teitel Jewish Apartments	15106 W. 10 Mile Rd 48327	248 661-1836	www.jasmi.org/teitel
<u>Oxford</u>				
\$	Hope Senior Apartments	210 W. Drahner 48371	248 628-7676	www.continentalmgt.com
\$	Oxford Square Apartments	39 N. Washington 48371	248 969-6963	
♥	Waterstone Independence Vlg	701 Market St 48371	800 579-0922	www.seniorvillages.com/waterstone/community-index.php
<u>Pontiac</u>				
\$ ♥	American House-Oakland	1915 Baldwin Rd 48340	248 335-7020	www.americanhouse.com
\$	Carriage Circle	255 Carriage Circle 48342	248 332-8345	
\$	Colonial Meadows	1246 E Walton Blvd 48340	248 373-0983	www.firstcentrum.com
\$ ♥	Elmhaven Manor	600 W. Walton 48340	248 451-1370	www.elmhavenmanor.com
\$	McDonald Senior Apartments	370 Baldwin Ave 48342	248 292-2095	www.voami.org

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\$	North Hill Farms	26 Lantern Lane 48340	248 334-7500	
\$	Phoenix Place Apartments	47251 Woodward Ave 48342	248 335-7520	www.amurcorp.com
\$	Village of Oakland Woods	420 Opdyke 48341	248 334-4379	www.pvm.org
\$	West Manor Apartments	245 South Paddock 48342	248 454-7748	www.continentalmgt.com
\$	Woodland Heights	120 North Edith 48342	248 334-3505	

Rochester Hills

♥	All Seasons of Rochester Hills	175 East Nawakwa 48307	248 299-0700	www.allseasonsliving.com
♥	American House Elmwood	2251 W Auburn Rd 48309	248 852-1980	www.americanhouse.com
♥	American House Stone	3741 S. Adams Rd 48309	248 853-2330	www.americanhouse.com
♥	American House-The Village	3617 S. Adams Rd 48309	248 853-6000	www.americanhouse.com
\$	Avon Tower	435 Livernois 48307	248 652-4394	
\$	Cliffview Apartments	1691 Cliffview Drive 48306	248 651-7665	www.lockwoodcompanies.com
\$	Danish Village	2566 Walton 48309	248 375-1810	www.danishvillage.org
⌘	Sanctuary at Bellbrook	873 West Avon 48307	248 656-6300	www.trinityseniorsanctuary.org
♥	Waltonwood at University	3250 Walton Blvd 48309	800 250-7597	www.waltonwood.com

Royal Oak

♥	American House Royal Oak	1900 N. Washington 48073	248 585-2550	www.americanhouse.com
\$	Barton Towers	333 North Troy 48067	248 546-0356	www.csi.coop
\$	Royal Oak Manor	606 Williams 48067	248 541-4197	www.csi.coop
\$	The Village of Royal Oak	3412 Devon Rd 48073	248 840-0340	www.continentalmgt.com

(Available 2011)

Southfield

♥	American House	27577 Lahser 48034	248 353-5835	www.americanhouse.com
♥	Brookdale-The Heritage	25800 W. 11 Mile Rd 48034	248 727-2000	www.brookdaleliving.com
♥	Franklin Terrace	26962 Franklin Rd 48033	248 358-0212	
♥	Fountains at Franklin	28301 Franklin Rd 48033	248 353-2810	www.watermarkcommunities.com

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♥	Heatherwood	22800 Civic Center Dr 48034	248 350-1777	www.heatherwoodretirementliving.com
\$	Highland Towers	25225 Greenfield Rd 48075	248 569-7077	www.mymichiganapartment.com
\$	McDonnell Towers	24400 Civic Center Dr 48033	248 355-2810	
\$	Meadowcrest Apartments	24200 Lathrup Blvd 48075	248 423-3690	www.firstcentrum.com
\$	River Park Place	24300 Civic Center Dr 48033	248 355-2810	
\$	Solarie Active Adult Community	15700 Providence Dr 48075	248 559-1605	http://solairesouthfield.com/
	The Park at Trowbridge	24111 Civic Center Dr 48034	248 352-0208	www.horizonbay.com
\$	Woodridge Apartments	25325 Grodan Drive N 48033	866 594-2319	www.woodridgeapartments.com
	<u>Troy</u>			
♥	American House Troy	2300 Grand Haven 48083	248 589-3555	www.americanhouse.com
\$	Bethany Villa	1680 Jackson Dr 48083	248 689-5838	www.bethanyvillatroy.com
\$	920 on the Park	920 John R 48083	248 588-7611	
\$	Oakland Park Towers II	930 John R 48083	248 585-9340	www.fourmidable.com
	<u>Walled Lake</u>			
\$	Walled Lake Villa	1035 Walled Lake Villa Dr 48390	248 624-8282	
	<u>Waterford</u>			
⌘	Canterbury on-the-Lake	5601 Hatchery Rd 48329	248 674-9292	www.canterburyonthelake.com
⌘	Fox Manor	2350 Watkins Lake Rd 48328	248 674-9590	www.lourdesseniorcommunity.org
♥	Inn at Cass Lake	900 N. Cass Lake Rd 48328	248 230-4853	www.holidaytouch.com
\$	Lakeland Place	2700 Elizabeth Lake Rd 48328	248 682-3122	www.forestcity.net
\$ ♥	Lockwood of Waterford	1407 Skipper Dr 48327	248 618-0777	www.lockwoodcompanies.com
\$	Waterford Meadows	834 West Alpha Pkwy 48328	248 683-2224	
\$	Whispering Woods	1450 Whispering Woods Dr	248 363-2775	www.amurcorp.com

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West Bloomfield

♥	American House West Bloomfield	5859 Maple Rd 48322	248 254-6943	www.americanhouse.com
\$	Hechtman Jewish Apartments	6700 West Maple 48322	248 661-1836	www.jslmi.org/index.php
	Meer Jewish Apartments	6760 West Maple 48322	248 661-1836	www.jslmi.org/index.php

White Lake

♥	Independence Village & Oaktree Apts	935 Union Lake Rd 48386	248 360-7235	www.seniorvillages.com
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For other sources for housing information, see the *Housing: Resources & Assistance* page.

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Housing: Nursing Homes

Medicare only pays for a limited stay following hospitalization.
Medicaid will pay for long term care when assets are exhausted.
Some long term insurance policies may cover a portion of the costs.

Beverly Hills

♣ ★ ◆	Cambridge South	18200 West 13 Mile Rd	248 647-6500
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Bloomfield Hills

♣ ◆ ⌚	Heartland Georgian Bloomfield	2975 N Adams Rd 48304	248 645-2900	www.ichooseheartland.com
⌘	The Woodward of Bloomfield Hills	41150 Woodward Ave 48304 <i>Coming late 2013</i>	248 629-0132 <i>Call for info</i>	www.thewoodwardofbloomfieldhills.com
♣ ★ ◆	Woodward Hills Nursing	39312 Woodward Ave 48304	248 644-5522	www.apremierlife.com/woodwardhills

Clarkston

♣ ★ ◆	Clarkston Specialty Health Care	4800 Clintonville Rd 48346	248 674-0903
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Clawson

♣ ★ ◆	Cambridge N Health Care	535 N Main 48017	248 435-5200
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Commerce

★ ◆	West Winds Nursing Center	10765 Bogie Lake Rd 48382	248 363-9400
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Farmington/Farmington Hills

♣ ★ ◆ ⌘	Botsford Health Care Community	21450 Archwood Circle 48336	248 477-7400	www.botsfordcommons.org
♣ ★ ◆	Farmington Health Care Ctr	34225 Grand River Ave 48335	248 477-7373	
♣ ★ ◆	Manor of Farmington Hills	21017 Middlebelt 48336	248 476-8300	

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Ferndale

♣ ★ ◆ Hilton Convalescent Home 3161 Hilton Rd 48220 248 547-6227

Holly

♠ ◆ Holly Convalescent Center 313 Sherwood St 48442 248 634-9281 www.hollyconvalescent.com

Lake Orion

♣ ★ ◆ Bortz Healthcare of Oakland 1255 W Silverbell 48359 248 391-0900 www.bortz.org

♣ ★ ◆ Lake Orion Nursing Center 585 E Flint St 48362 248 693-0505

Madison Heights

♣ ★ ◆ Cambridge East Health Care 31155 Dequindre 48071 248 585-7010

Milford

♣ ★ ◆ Medilodge of Milford 555 Highland Ave 48381 248 685-1460 www.medilodge.com

♣ ★ ◆ West Hickory Haven 3310 W Commerce 48380 248 685-1400

Novi

♣ ★ ◆ ☞ Renaissance Gardens at Fox Run 41215 Fox Run Rd 48377 800 472-1299 www.thecareexperts.com/locations/frv

♣ ★ ◆ Manor of Novi 24500 Meadowbrook Rd 48375 248 477-2000

♣ ★ ◆ Whitehall Health Care 43455 W 10 Mile Rd 48375 248 349-2200 www.whitehallofnovi.com

Orchard Lake

♣ ★ ◆ Bortz Health Care of Green Lake 6470 Alden Dr 48324 248 363-4121 www.bortz.org

Pontiac

♣ ★ ◆ Regency at Waterford 1901 N Telegraph 248 520-1251 www.cienafacilities.com
(Opening June 2011) 248 858-1415
(formerly Golden Oaks Medical Care Facility at 1200 N. Telegraph Rd, Pontiac)

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Rochester/Rochester Hills

♣ ★ ◆	Boulevard Health Center	3500 W South Blvd 48309	248 852-7800	www.boulevardsubacute.com
♣ ★ ◆	Medilodge	1480 Walton 48309	248 651-4422	www.medilodge.com
♣ ★ ◆ ☸	Sanctuary at Bellbrook	873 West Avon 48307	248 656-3239	www.trinityseniorsanctuary.org/bellbrook

Royal Oak

♣ ★ ◆	Greenfield Rehab & Nursing	3030 Greenfield Rd 48073	248 288-6610	
♣ ★ ◆	Sanctuary at Alexander	718 W Fourth St 48067	248 545-0571	www.alexandermercy.org

Southfield

♣ ◆	Evergreen Health & Living	19933 13 Mile Rd 48076	248 203-9000	www.apremierlife.com/evergreen
♣ ★ ◆	Lahser Hills Nursing	25300 Lahser 48034	248 354-3222	www.lahserhillscc.com
♣ ★ ◆	Lakeland Center	26900 Franklin Rd 48034	248 350-8070	
♣ ★ ◆	Medilodge of Southfield	26715 Greenfield Rd 48076	248 557-0050	www.medilodge.com
♣ ★ ◆	Oakland Nursing Center	22401 Foster Winter Dr 48075	248 423-5100	
◆	St. Annes Mead	16106 W 12 Mile Rd 48076	248 557-1221	www.stannesmead.org

South Lyon

♣ ★ ◆	South Lyon Senior Care & Rehab	700 Reynold Suite Pkwy 48178	248 437-2048	www.southlyonscr.com
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Troy

♣ ◆	Heartland Health Care Ctr	925 W South Blvd 48085	248 729-4400	www.ichooseheartland.com
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Waterford

♣ ★ ◆ ☸	Canterbury on-the-Lake	5601 Hatchery Rd 48329	248 674-9292	www.canterburyonthelake.com
♣ ★ ◆ ☸	Lourdes Nursing Home	2300 Watkins Lake Rd 48328	248 674-2241	www.lourdesseniorcommunity.org

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West Bloomfield

♣ ★ ◆	Bloomfield Orchard Villa	7277 Richardson Rd 48323	248 360-4443	
♣ ★ ◆ ⌚	Danto Family Health Ctr	6800 West Maple Rd 48322	248 788-5300	www.ichooseheartland.com
♣ ◆ ⌚	Heartland of W Bloomfield	6950 Farmington Rd 48322	248 661-1700	www.ichooseheartland.com
♣ ★ ◆	W Bloomfield Nursing Ctr	6445 W Maple Rd 48322	248 661-1600	www.beaumont hospitals.com/west-bloomfield-nursing-center

To find out more about area nursing homes:

www.medicare.gov/NHCompare

or

Citizens for Better Care

www.cbcmi.org

Other services such as short term stays, respite care, hospice care and more may be available. Check with each facility for options.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Housing: Resources & Assistance

Locating housing, solving mortgage problems and filing complaints

Locating Housing

See *Housing* pages in Senior Resource Directory

Alternatives for Seniors Resource Booklet

888 533-4636 www.AlternativesforSeniors.com

Area Agency on Aging 1B

(Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw)

800 852-7795 www.aaalb.com

Community Housing Network

Provides information on low-income housing, homeless resources and housing counseling

248 928-0111 or 866 282-3119 www.communityhousingnetwork.org 570 Kirts Blvd., Ste., 231, Troy 48084

U.S. Department of Housing and Urban Development (HUD)

Detroit Field Office

313 226-7900 www.hud.gov McNamara Federal Building
TTY: 313 226-6899 477 Michigan Ave., Detroit 48226

Flint Field Office

810 766-5112 www.hud.gov Phoenix Building - 4th Floor
TTY: 810 766-5106 801 S. Saginaw St., Flint 48502

Macomb Oakland Regional Center

Assists with community living options for individuals with developmental disabilities

248 276-8000 or 866 754-3398 www.morcinc.org 1270 Doris Rd.
TTY: 248 276-8009 Auburn Hills 48326-2617

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Michigan State Housing Development Authority (MSHDA)

313 456-3540

www.michigan.gov/mshda

TTY: 800 382-4568

Community and Home Improvement Division

248-858-0493

www.oakgov.com/chi

Oakland Pointe, Ste. 1900

250 Elizabeth Lake Rd., Pontiac 48341

Local Housing commissions

To find available housing, including subsidized apartments

Ferndale Housing Commission

248 547-9500

www.ferndalehousing.com

415 Withington St.

Ferndale 48220-2918

Madison Heights Housing Commission

248 583-0843

300 W 13 Mile Rd., Madison Heights 48071

Pontiac Housing Commission www.pontiahousing.com

Woodland Heights

120 N. Edith St. Pontiac 48342

248 334-3505

Central Office

132 Franklin Blvd. Pontiac 48341

248 338-4551

Carriage Circle

255 Carriage Circle Dr. Pontiac 48342

248 332-8345

Royal Oak Housing Commission

248 246-3280

211 Williams St., Royal Oak 48068-8068

Southfield Housing Department

248 796-4170

26000 Evergreen, Southfield, MI 48076

South Lyon Housing Commission

734 455-3670 x 222

432 Washington St., South Lyon 48178

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Housing and Mortgage Counseling

Community and Home Improvement Division

Foreclosure & Reverse Mortgage Counseling

248-858-0493

www.oakgov.com/chi

Oakland Pointe, Ste. 1900,
250 Elizabeth Lake Rd., Pontiac, 48341

Lighthouse Community Development

Foreclosure Prevention Program

248 920-6060 ext.2241

www.lighthouseoakland.org/lcdforeclosure.php

46156 Woodward Ave., Pontiac 48342

Oakland Livingston Human Service Agency (OLHSA)

Foreclosure Counseling & Home Buyer Education

248 209-2692

www.olhsa.org

196 E. Cesar Chavez Ave, Pontiac 48343

Tenant/Resident Issues and Complaints

Landlord/Tenant Issues

Community and Home Improvement Division

248-858-5402

www.oakgov.com/chi

Oakland Pointe
250 Elizabeth Lake Rd, Ste. 1900
Pontiac, 48341-0414

U.S. Department of Housing and Urban Development (HUD)

www.hud.gov

Detroit Field Office

McNamara Federal Building

477 Michigan Ave., Detroit 48226

313 226-7900/**TTY:** 313 226-6899

Flint Field Office

Phoenix Building - 4th Floor

801 S. Saginaw St., Flint 48502

810 766-5112/**TTY:** 810 766-5106

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Long Term Care Facility Complaints

Adult Foster Care and Homes for the Aged Complaints

866-856-0126

www.michigan.gov/dhs

Department of Human Services
Office of Children & Adult Licensing
Complaint Intake Unit
7109 W. Saginaw, 2nd Floor, P.O. Box 30650
Lansing, MI 48909

Citizens for Better Care (CBC)

866-485-9393

www.cbcmi.org

Ombudsmen are advocates for residents in long term care facilities and will assist residents and their families in resolving individual concerns about care, services, rights, safety, admission procedures, billing, and other issues. They are able to give assistance with finding nursing homes in your area. They can give information on locations and past Survey results. CBC staff WILL NOT endorse any nursing home, they will give information for you to make an educated decision.

Southeastern Michigan Office serving Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw, and Wayne Counties.

313 832-6387 or 800 833-9548

4750 Woodward Ave., Ste. 410
Detroit 48201-1308

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Legal Assistance

Lakeshore Legal Aid for Seniors over 60

888 783-8190 www.lakeshorelegalaid.org

Elder Law of Michigan, Inc., Legal Hotline for Michigan Seniors

800 347-5297 www.elderlawofmi.org

Oakland County Probate Court

248 858-0260 www.oakgov.com/probate

Handles estates after a death, guardianships, conservatorships, mental health and trust matters.

Oakland County Bar Association referral service

248 338-2100 www.ocba.org

State Bar of Michigan referral service

800 968-0738 www.michbar.org

Elder Law Answers-National Network

www.elderlawanswers.com

Grandparent Rights Organization

248 646-7191 www.grandparentsrights.org

100 W. Long Lake Rd., Ste. 250, Bloomfield Hills
48304

Legal Aid & Defender Association for low-income and eligible residents under 60 years of age

248 253-1548 www.ladadetroit.org

Oakland Towne Center, 28 N. Saginaw St.,
Pontiac, 48342

Outreach clinics are held on Fridays in Ferndale and Southfield. Call for dates and locations.

Mid-America Pension Rights

866 735-7737 www.elderlawofmi.org/pension_rights_project/

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Oakland Mediation Center

248 338-4280

www.mediation-omc.org/home.aspx

550 Hulet Drive, Ste., 102, Bloomfield Hills, 48302

Free Legal Assistance Clinics for low income individuals

www.oakgov.com/lawlib

1200 N. Telegraph Rd., Pontiac, 48341

University of Detroit Mercy School of Law Mobile Law Office

The Adams–Pratt Oakland County Law Library hosts this clinic every Thursday from **11:00 a.m. to 1:00 p.m.** This free legal assistance clinic is available to *low income individuals*. Attendees must sign in onsite before **12:30 p.m.**

Participation is first come, first served. Law professors, students and volunteer attorneys answer questions about the law, help citizens help themselves to resolve their legal issues, and make referrals to other agencies for non-legal matters.

Attorneys meet with patrons in the library which is located in the West Wing Extension of the Oakland County courthouse, Building 14E.

For more information, please call the University of Detroit Mercy School of Law Mobile Law Office at (313) 596-0262.

Family Law Assistance Project (F.L.A.P.)

Lakeshore Legal Aid and Thomas Cooley Law School are partnering to provide family law legal aid clinics. The clinics are held from **1:00 to 4:00 pm** on most first and third Wednesdays. Attendees must register in the Oakland County Law Library, **before 3:30 p.m.**

To participate in this clinic you must meet the following criteria:

1. You must be low-income and a United States citizen or eligible alien.
2. You must need legal services in Oakland County or live in Oakland County.
3. Your circumstances must be related to a family law issue such as divorce, custody, parenting time, child support, a Personal Protection Order (PPO), etc.
4. You must not be represented by an attorney.
5. Please bring all documents relating to your legal action to the clinic. This includes all complaints, motions, orders and judgments.

The clinic cannot offer assistance in cases relating to child abuse and neglect.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Our agency staff will verify your eligibility for services, conflict of interest and give background information to the attorneys. Any information you provide is protected by the attorney-client privilege. Participants will be considered for further legal services based on our resources. If you are seeking assistance completing court forms, we recommend you don't file the documents with the court until you receive notice from us regarding the availability of further services. We also recommend you do not sign any legal documents without consulting an attorney. Following your attendance at the clinic, you will receive written notification from staff whether your case has been accepted for further services. Typically these letters are mailed within 7 days of the date you attended the clinic. If your situation requires a more immediate response we will contact you earlier.

Other Legal Aid Information:

Planning for your Peace of Mind-A do-it-yourself guide to medical and legal decisions

(includes information on statutory wills and advance directives) www.legislature.mi.gov Look under publications. This document may also be available from your State Representative.

Advance Directives and Durable Power of Attorney for Healthcare

www.michbar.org/elderlaw/adpamphlet.cfm

Do not resuscitate form

www.michbar.org/elderlaw/pdfs/dnr_phys.pdf

Alternatives to Full Guardianship of Adults

www.michbar.org/elderlaw/alternatives.cfm

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Medical Care, Home Health and Hospice Services

Health Care Services

Health care professionals who provide services in the home.

Doctors Referral Service

877 423-6286 www.drshousecalls.com

Eye Travel

248 376-6046 www.eyetravel.us

Home Care Physicians, PC

586 443-5588 www.homecarephysicians.com

House Call Physicians

248 559-3400

Mobile Doctors

248 799-0086 www.mobiledoctors.com

Visiting Physicians Association

888 742 4695 www.visitingphysicians.com

For information about available health care services for those without insurance, contact the Oakland County Nurse on Call at 800 848-5533

Skilled Home Care Agencies

Short-term care given by licensed professionals including nurses, therapists, and social workers, usually following a hospitalization or a newly diagnosed illness. Care is often covered by Medicare or other insurance.

Arcadia Health Care

248-594-4574 or 800 371-2063 www.arcadiahealthcare.com

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Brightstar Healthcare

248 449-5110 www.brightstarcare.com

Cura Health Staff

248 416-1100 or 866 514- 4930 www.cura-health.com

Eminent Home Care

734 845-4533 www.eminenthomecare.com

Gentiva

248 649-5150 www.gentiva.com

Greater Oakland Visiting Nurse Association

248 683-1770 or 800 466-3234

Henry Ford Home Health Care

248 356 6767 www.henryfordhealth.org

Home Health Outreach

248 656-6757 www.homehealthoutreach.com

The Medical Team

888 611-9892 www.medicalteam.com

Metro Home Health Care

800 462-5632 www.metrohomehealthcare.com

Mercy Home Care Oakland

877 217-9901 www.trinityhomehealth.com

Optimal Care Home Care

248 723-9613 www.optimalcareinc.com Behavioral Health Care services available

Precision Home Health Care

888 576-1833 www.precisionhomehealthcare.net

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Visiting Nurse Association of Southeast Michigan

800 882-5720

www.vna.org/

Hospice Services

Angela Hospice

734 464-7810

www.angelahospice.org

Avalon Hospice

877 637-9432

www.avalonhospice.org

Beaumont Hospital

248-743-9400

www.beaumont Hospitals.com/hospice

Heartland Home Care & Hospice

248 948-1019

www.hcr-manorcare.com

Hospice Compassus

248-355-9900 or 800-397-9360

www.hospicecompassus.com

Hospice of Michigan

888 247-5701

www.hom.org

Mercy Hospice Oakland

877 217-9901

www.trinityhomehealth.com

Precision Home Health Care

888 576-1833

www.precisionhomehealthcare.net

Visiting Nurse Association of Southeast Michigan

800 882-5720

www.vna.org/

Other resources for health care at home may be found in the telephone directory under Home Health Services, Hospices, Nurses or Physicians, Surgeons & Podiatrists.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Medicare & Social Security

Medicare

800 MEDICARE or 800 633-4227

TTY/TDD: 877 486-2048

www.medicare.gov

Railroad Retirement Board for beneficiaries only

877 772-5772

TTY: 312 751-4701

www.rrb.gov

State Department of Insurance, Financial and Insurance Services of Michigan

To find out about Medigap policies available in your area, and insurance questions

877 999-6442

Local: 517 373-0220

www.michigan.gov/dleg

Medicare and Medicaid Assistance Hotline

Call Area Agency on Aging 1B

800 803-7174

www.aa1b.com

M-PRO

Works to build awareness about Medicare rights and handle beneficiary complaints and appeals

800 365-5899

TTY: 711-800-365-5899

www.mpro.org

Social Security Offices

800 772-1213

TTY: 800 325-0778

www.ssa.gov

You will be connected to the office closest where you are calling from. See list below.

Social Security
1280 Pontiac Rd.
Pontiac 48340

Social Security
23580 Orchard Lake Rd.
Farmington Hills 48336

Social Security
1515 E. Eleven Mile
Royal Oak 48067

Social Security
1149 Robert T. Longway
Flint, 48503

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Medication and sharps disposal

Disposing of medications:

Return unused, unneeded or expired medications to a drug disposal or take-back-program whenever possible. If a disposal program is not available in your area, use the following procedure to dispose of medications: Take them out of their original containers. Mix the medications with an undesirable substance, like used coffee grounds or kitty litter, and put in impermeable, plain containers, such as empty cans or sealable bags. Throw the sealed containers in the trash.

Operation Medicine Cabinet offers collection of expired and/or unused prescriptions. **No needles or sharps will be accepted.** For more information about collection times, locations and guidelines, call (248) 975-9700 or go to:

www.oaklandsheriff.com or www.operationmedicinecabinetmi.com

Collection Sites:

Oakland County Sheriff's Office

248-858-5000 1200 N. Telegraph Rd. Bldg. 38E, Pontiac 48341

Oakland County Sheriff Commerce Substation

248-624-0715 2401 Glengary Rd. Commerce Twp. 48307

Oakland County Sheriff Highland Township Substation

248-887-6240 165 N. John St. Highland Twp. 48356

Oakland County Sheriff Independence Township Substation

248 620-4970 6560 Citation Dr Independence Twp 48346

Oakland County Sheriff Lake Orion Substation

248-693-0093 2525 Joslyn Road, Lake Orion 48360

Oakland County Sheriff Rochester Hills Substation

248-537-3530 750 Barclay Circle Rochester Hills 48307

Beverly Hills Department of Public Safety

248-540-3400 18600 W. 13 Mile Rd. Beverly Hills 48025

Collection Hours:

Wednesdays from 8am-4pm

Wednesdays 8am-4pm

Wednesdays 8:30am-1:30pm & 2:30-4:30pm

Wednesdays 8am-4pm

Monday thru Friday 8am-4pm

Wednesdays 8am-4pm

Anytime, seven days per week

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Birmingham Police Department

248-530-1889 151 Martin Street Birmingham 48012 Anytime, seven days per week

Ferndale Police Department

Coming soon!

Holly Police Department

248-634-8221 315 S Broad St. Holly 48442 Anytime, seven days per week

Keego Harbor Police Department

248-682-3030 2020 Beechmont Street Keego Harbor 48320 Tuesday & Thursday 9am-2pm or by appt.

Madison Heights Police Department

248-585-2100 280 W. 13 Mile Rd. Madison Heights 48071 Anytime, seven days per week

Royal Oak Police Department

248-246-3500 221 E. Third Street Royal Oak 48067 Anytime, seven days per week

Southfield Police Department

248-796-5500 26000 Evergreen Road Southfield 48076 Anytime, seven days per week

Troy Police Department

248-524-3477 500 W. Big beaver Rd. Troy 48084 Monday thru Friday 7am-10pm & Sunday
8am-4pm

West Bloomfield Police Department

248-975-9200 4530 Walnut Lake Road, West Bloomfield 48325 Monday thru Friday 8am-4pm

Waterford Police Department (not part of Operation Medicine Cabinet)

248-674-0351 5150 Civic Center Dr. Waterford Anytime, seven days per week –
www.twp.waterford.mi.us/police/Drug%20Disposal.htm **Medications only, no sharps**

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Yellow Jug Old Drugs

989 736-8179

www.greatlakescleanwater.org

Call for location of participating pharmacies

Disposing of Sharps:

Sharps include needles, syringes and lancets used for health care needs. Do not place sharps in recyclable containers and send them to a recycling center. NEVER flush needles, syringes or lancets down the toilet.

Contact a hazardous waste company that might accept your sharps for a fee. A list of these companies and other information is available from the **Michigan Department of Environmental Quality** at **(800) 662-9278** or at

www.michigan.gov/deqmedwaste .

Smart Disposal

Visit website for information re: medication disposal.

800-344-9453

www.smarxtdisposal.net

Contact your local waste authority or hazardous waste collection program for information

Hazardous waste programs and the communities they serve		
SOCRRA Communities www.socrra.org/waste.html	(248) 288-5150	Berkley, Beverly Hills, Birmingham, Clawson, Ferndale, Hazel Park, Huntington Woods, Lathrup Village, Oak Park, Pleasant Ridge, Royal Oak, Troy
NOHAZ Communities www.nohaz.com	(248) 858-5656	Addison Twp, Groveland, Lake Angelus, Lake Orion, Oakland, Orion Twp, Oxford, Oxford Twp, Rochester, Rochester Hills, Village of Leonard
RRRASOC Communities www.rrrasoc.org	(248) 208-2270	Farmington, Farmington Hills, Novi, Southfield, South Lyon, Walled Lake, Wixom

Binson's Medical Supply

888 246-7667

www.binsons.com

Accepts sharps in proper container at no charge at all offices

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Contract with a U.S. Postal Service approved mail-back service. These services provide containers and directions to return sharps to the company through the U.S. mail.

Contact the **Coalition for Safe Community Needle Disposal** at **800 643-1643** or at www.safeneedledisposal.org

BD Sharps Disposal By Mail

888-232-2737 www.bd.com/us/diabetes

Contact to purchase container with postage-paid mailing box.

Group Mail-back Sharps Disposal

800-207-0976 www.sharpsdisposal.com

Mail back provides container and USPS return box

Stericycle Sharps Disposal Mailback Program

888-355-8733 www.stericycle.com/consumer-needle-disposal.html

Contact to order kit which includes approved plastic container with Postage-prepaid Mail back shipping box.

Waste Management Household Hazardous Waste Services

800 796-9696 www.wm.com/products-and-services/residential-curbside-pickup/household-hazardous-waste.jsp

Check online or call for information about services in your community

Other Counties:

Macomb County Medication Disposal

586-469-5236 www.macombcountymi.gov/publichealth

Call for information.

Wayne County Medication Disposal

734-326-3936

Call for information.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Oakland County Health Division Services

www.oakgov.com/health



1200 N. Telegraph Rd
 Pontiac, 48341-0432
 248 858-1280



27725 Greenfield Rd
 Southfield, 48076-3625
 248 424-7000

The Health Division office in Walled Lake will be closed as of September 2011. For information about services, call 248 926-3300 or the Nurse on Call at 800 848-5533.

Business Hours:

Monday thru Friday, 8:30 a.m. to 5:00 p.m.

General Clinic Hours:

Monday, 12:00 noon to 8:00 p.m. and Tuesday thru Friday, 8:30 a.m. to 5:00 p.m.

Services Available to Older Adults

- Telephone consultation to assess nursing/social needs
- Guidance to families regarding community resources, changes of aging and housing options
- Community flu immunization clinics in the fall
- Communicable disease and immunization information
- Senior Advocate newsletter
- Senior website at www.oakgov.com/seniors
- For more information, call 248 858-1406

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Dental Programs

Oakland County Health Division Dental Program provides dental services for low-income county residents who have no dental insurance. For more information, call 248 858-1306.

The Oakland County Dental Discount Program provides dental care for all ages and incomes. For a small fee, participants have access to participating dentists who charge discounted rates for their services. For information call 866 498-7914 or go to www.ocdiscountdental.com

Environmental Health

- Licenses and inspects food service establishments, investigates foodborne illness outbreaks and conducts food safety education classes.
- Issues permits for on-site sewage disposal systems and evaluates subdivisions and condominium developments.
- Indoor air information including Lead, Radon and Asbestos.
- Issues permits for on-site water systems, licenses public swimming pools and conducts water testing for drinking, swimming pools, and public beaches.
- Issues permits and conducts safety classes for body art practitioners and establishments.
- Investigates radiological contamination.

Pontiac 248 858-1312

Southfield 248 424-7190

Flu Clinics

Flu vaccine clinics begin in the fall and continue into the spring or until supplies run out. Information is available at our Flu Hotline during flu season at 800 434-3358.

General Clinic

Offers immunizations, HIV/AIDS counseling and testing, and treatment for some sexually transmitted infections at all Oakland County Health Division sites.

Pontiac 248 858-1305

Southfield 248 424-7046

Health Education

Health Education provides consultation, presentations and resource materials about many health topics, For information, call 248-858-4670.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Nurse on call

The Nurse on Call Program serves consumers, professionals, schools and businesses by providing health and general information, community resources and referrals.

800 848-5533, choose option **1** or e-mail at noc@oakgov.com

Nutrition Services

Oakland County Health Division's Nutrition Services works to establish healthier eating habits by individuals. The following programs and services are provided:

- Nutrition information, resources and referrals.
- Nutrition counseling for Oakland County individuals who are nutritionally at risk.

Contact the Nurse on Call at 248 858-1406 for more information.

Substance Abuse

Oakland County Health Division's Office of Substance Abuse Services (OSAS) provides the following general services:

P.A.C.E. (Prior Authorization and Central Evaluation)

Screening and assessment for alcohol and drug treatment for Oakland County residents with Medicaid or no insurance

Prevention and Treatment Services

Oakland County Health Division's Office of Substance Abuse Services (OSAS) funds Services and monitors substance abuse treatment and prevention programs throughout Oakland County

HIV Early Intervention Services

Training, education, HIV counseling and testing

For more information, call 248 858-0001.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Tuberculosis Control

The Health Division provides Tuberculosis (TB) skin testing, treatment and counseling services.

TB skin tests are done in the general clinic on the following days:

Monday 12:00 noon - 8:00 p.m.	Tuesday & Wednesday 8:30 a.m.- 5:00 p.m.	Thursday - No Testing	Friday 12:00 noon - 5:00 p.m.
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No TB tests are given on Fridays before Monday holidays. Chest X-rays are done only by referral after talking with a nurse.

For more information, please call:

Pontiac 248-858-1302

Southfield 248-424-7077

For information on other Health Division programs for other age groups, visit our website at www.oakgov.com/health or call the office locations listed at the top of this page.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Pests & Nuisance Animals

Oakland County Animal Control

Animal bite investigations, dogs and livestock running at large, cruelty complaints, dog licensing, kennel inspection.

248-391-4102

www.oakgov.com/petadoption/animal%5Fcontrol/ .

Dead stray animals

Avoid barehanded contact with dead birds and other animals. Use gloves or double plastic bags for small animals and place in the trash.

Birds

Use gloves, double bag in plastic bags and place in the trash.

Domesticated Animals

Contact Oakland County Animal Control

248-391-4102

www.oakgov.com/petadoption/animal%5Fcontrol

Deer

If found in the road report to **Oakland County Road Commission**

877-858-4804

www.rcocweb.org

If found on private property, the homeowner is responsible for removal. You may need to hire a private contractor for removal and disposal. Refer to the telephone directory for resources.

Wild Animal

Use gloves, double bag in plastic bags and place in the trash.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Pests

Bedbugs Pamphlets and Fact sheets

MSU Pesticide Safety Education Program
Questions and Answers about Bedbugs.

www.pested.msu.edu/Resources/pdf/Bedbug.pdf.

Michigan Department of Community Health Bedbug
Management Flowchart

www.michigan.gov/documents/emergingdiseases/BBflowchart_286041_7.pdf

Michigan Department of Community Health
Don't Let Bedbugs Bite

www.michigan.gov/documents/emergingdiseases/bed_bug_complete_web2_304873_7.pdf

Michigan Department of Community Health Bedbugs &
Mattresses Fact sheet for Consumers

www.michigan.gov/documents/emergingdiseases/mattress_fact_sheet_275417_7.pdf

Michigan Department of Community Health
How to Move and Leave Bedbugs Behind

www.michigan.gov/documents/emergingdiseases/Moving_286040_7.pdf

Michigan Department of Community Health
Bedbug Fact sheet

www.michigan.gov/documents/MDCH_Bedbugs_Factsheet_165671_7.pdf

MSU Cooperative Extension
Choosing A Pest Control Company

www.pested.msu.edu/Resources/pdf/ChoosingPestCompany.pdf

Refer to the telephone directory for other pest control resources.

Other nuisance or communicable illnesses

Lice, Lyme Disease, Rabies, Scabies, West Nile Virus

Oakland County Nurse on Call
800 848-5533

www.oakgov.com/health/info_pub/fs_index.html

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Prescription Resources

Patient Assistance Programs

Websites that list the patient assistance programs on generic and non-generic prescriptions available from drug companies and other special programs.

Needy Meds

www.needymeds.org/

Partnership for Prescription Assistance in Michigan

www.pparxmi.org

888 477-2669

Pfizer Helpful Answers

www.pfizerhelpfulanswers.com 866 706-2400

Rx Assist

www.rxassist.org/

Retail Pharmacy Prescription Programs

Many retail pharmacies have discount programs or offer certain prescription drugs at a reduced cost or, in a few cases, free. Contact the retailer for details.

CVS

www.cvs.com/healthsavingspass/

Costco (Membership not required for pharmacy services)

www.envisionrx.com/costco/cmpp.aspx

Kroger

www.kroger.com/pharmacy/Pages/default.aspx

Detroit Medical Center Pharmacy

www.dmc-care.org

Rite Aid

www.riteaid.com/pharmacy/

Meijer

www.meijer.com/pharmacy

Target

www.target.com

Sams Club (Membership not required for pharmacy services)

www.samsclub.com/pharmacy/

Walgreens

www.walgreens.com

VG's

<http://vgs.spartanstores.com>

World Medical Relief

\$5 per prescription per month for low-income adults who do not have prescription insurance.

Call 211 or 800 552-1183 to pre-qualify

www.worldmedicalrelief.org

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Free Prescription Cards:

Oakland County Prescription Program

Discount card available at Health Division offices and some local government locations. Gives a varying discount off the retail price of medications. Can be used when someone has no insurance or for prescriptions not covered by insurance.

877 321-2652 www.oakgov.com/pdc/

Rx savings Plus Card

877 673-3688 www.rxsavingsplus.com

Members Advantage Rx

888 636-2378 www.membersadvantage.net

Optimizerx

www.optimizerx.com/prescription-card/

Michigan Retailers Association

877 321-6755 www.retailers.com

Fee Based Prescription Cards:

AARP

800 853-0301 www.aarp.org Age 50+ and AARP membership required.

RxDrug Card

888 216-2461 www.rxdrugcard.com Fee based on family size.

For information on Medicare Part D Prescription Drug coverage:

800 633-4227 www.medicare.gov

Medicare and Medicare Assistance Program

800 803-7174 www.aaab.com

For information about disposal of prescription medications, see the *Medications and Sharps Disposal* page on this website

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Senior Centers

Senior Centers are a valuable resource for activity, information and assistance in their community.

Addison/Leonard

Addison Senior Center	1440 Rochester Rd 48367	248 628-3388
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Auburn Hills

Auburn Hills Community Center	1827 N Squirrel Rd 48326	248 370-9353	www.auburnhills.org
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Berkley

City of Berkley Senior Center	2400 Robina 48072	248 658-3470	www.berkleymich.org/seniors_home.shtm
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Birmingham

Birmingham Area Senior Council	2121 Midvale 48009	248 203-5270	www.bascc.net
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Bloomfield Township

Bloomfield Township Senior Svcs	4315 Andover Road 48301	248 723-3500	www.bloomfieldtpw.org/seniors
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Brandon/Groveland

Brandon Senior Center	345 Ball Street Ortonville 48462	248 627-6447	www.brandontownship.us
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Clarkston

Independence Twp Senior Center	6000 Clarkston Rd 48348	248 625-8231	www.twp.independence.mi.us/services/Adult50/overview.asp
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Clawson

Clawson Senior Center	509 Fisher Court 48017	248 583-6700	www.cityofclawson.com
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Commerce

Richardson Senior Center	1485 Oakley Park Drive 48390	248 926-0063	www.commercetwp.com/seniors
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Davisburg

Hart Community Center	495 Broadway 48350	248 634-0412	www.springfield-twp.us/pr_srservices.htm
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OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Farmington Hills

Farmington Hills Senior Division	28600 Eleven Mile Rd 48336	248 473-1830	www.fhgov.com/services/seniordivision/overviewsenior.asp
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Ferndale

Ferndale Senior Center	1201 Livernois 48220	248 544-6767	www.ferndale-mi.com
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Hazel Park

Hazel Park Senior Center	620 W Woodward Heights 48030	248 546-4093	www.hazelpark.org/senior-services
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Highland

Highland Senior Center	209 John St 48357	248 887-1707	www.highlandtwp.com Look under Community
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Holly

Village of Holly Woodlands	3325 Grange Hall Rd 48442	248 634-0592	
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Huntington Woods

Huntington Woods Senior Center	26325 Scotia 48070	248 541-3030	www.ci.huntington-woods.mi.us
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Lake Orion

Lake Orion Senior Center	21 E Church St 48362	248 693-2066	www.orion.lib.mi.us/township/seniorcenter/senior.html
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Madison Heights

Madison Heights Senior Center	29448 John R 48071	248 545-3464	www.madison-heights.org/departments/senior_center/index.jsp
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Milford

Milford Senior Center	1050 Atlantic St 48341	248 685-9008	www.villageofmilford.org/1/village/senior_center.asp
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Northville

Northville Senior Adult Services	303 W Main St 48167	248 349-4140	www.northvilleparksandrec.org
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OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Novi

Novi Senior Center	25075 Meadowbrook Rd 48375	248 347-0414	www.cityofnovi.org	Look under Departments
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Oak Park

Oak Park Senior Center	14300 Oak Park Blvd 48237	248 691-7577	www.ci.oak-park.mi.us
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Pontiac

Bowen Community Center	52 Bagley St 48341	248 758-3240	www.pontiac.mi.us/about/parks.html
Ruth Peterson Community Center/ LaAmistad Senior Club	990 Joslyn 48340	248 758-3204	www.pontiac.mi.us/about/parks.html

Rochester

Rochester OPC	650 Letica Dr 48307	248 656-1403	www.opcseniorcenter.org
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Royal Oak

Royal Oak Senior Center	3500 Marais 48073	248 246-3900	www.ci.royal-oak.mi.us/portal/departments/senior-community-center
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South Lyon

South Lyon Senior Center	1000 N Lafayette 48178	248 573-8175	www.slcs.us/Center_for_Active_Adults.html
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Southfield

Southfield Senior Adult Center	24350 Civic Center Dr 48034	248 796-4650	www.cityofsouthfield.com/jresidents/seniors/tabid/77/default.aspx
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Troy

Troy Community Center	3179 Livernois 48083	248 524-3484	www.troymi.gov/ParksRec/SeniorCitizenProgram
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Waterford

Waterford Senior Center	3621 Pontiac Lake Rd 48328	248 682-9450	www.waterford.K12.mi.us/seniorcenter
Golden Age Club	5640 Williams Lake Rd 48329	248 674-4881	http://twp.waterford.mi.us/parksandrec/

West Bloomfield

Parks & Recreation	4640 Walnut Lake Rd 48323	248 451-1900	www.westbloomfieldparks.org
Jewish Community Center	6600 W Maple 48322	248 661-1000	www.jccdet.org



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

White Lake

Dublin Center	685 Union Lake Rd 48386	248 698-2394	www.whitelaketwp.com/DublinCenter.asp
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Wixom

Wixom Senior Center	49015 Pontiac Trail 48393	248 624-0870	www.cityofwixom.com
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OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Senior Resource Information

Oakland County Health Division Nurse on Call

800 848-5533 or e-mail at noc@oakgov.com www.oakgov.com/health

United Way of Southeast Michigan

211 www.uwsem.org

Beaumont Hospital Older Adult Services

800 328-2241 www.beaumonthospitals.com/older-adult-services

Eldercare locator

800 677-1116 www.eldercare.gov

Jewish Senior Life

248 661-1836 www.jslmi.org

Macomb Oakland Regional Center, Inc.

Assists individuals with disabilities and mental illness

Oakland 248 276-8000 or 866 754-3398	Macomb 586 263-8700 or 866 807-6940
TTY: 248 276-8009	TTY: 586 286-5036

Michigan (OSA) Office of Services for the Aging

517 373-8230 www.michigan.gov/miseniors

Citizens for Better Care in SE Michigan

Investigates, reports and helps settle nursing home care complaints

313 832-6387 or 800 833-9548 www.cbcmi.org

Medicare and Medicaid Assistance Program

800 803-7174 www.aaalb.com

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Adult Abuse and Neglect Referrals:

Adult Protective Services - Oakland County

866 975-5010

www.michigan.gov/dhs/0,1607,7-124-5452_7122-15663--,00.html

Senior Programs in Cities and Counties:

Oakland County

248 858-1406

www.oakgov.com/seniors

City of Detroit

311 or 313 224-5444

www.detroitmi.gov/Departments/SeniorCitizensDepartment/tabid/147/Default.aspx

Genesee County

810 424-4478

www.gc4me.com/resident/senior_services/index.php

Lapeer County

810 245-5866

<http://lchd.lapeer.org/SeniorPrograms.php>

Livingston County

810 632-2155

www.co.livingston.mi.us/seniornutrition/

Macomb County

586 469-6313

www.macombcountymi.gov/seniorservices/

Washtenaw County

734 222-4357

www.ewashtenaw.org/government/departments/etcs/et_etconst.html

Wayne County

734 727-7373

www.waynecounty.com/

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

SE Michigan Area Agencies on Aging:

Area Agency on Aging 1B (Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw)
800 852-7795 www.aa1b.com

Detroit Area Agency on Aging 1A (Detroit, Hamtramck, Harper Woods, Highland Park, Pointes)
313 446-4444 www.daaa1a.org

1C Senior Alliance, Inc. (All of Wayne County except areas served by Detroit AAA)
734 722-2830 or 800 815-1112 www.aa1c.org

Valley AAA (Genesee, Lapeer, Shiawassee)
810 239-7671 or 800 978-6275 www.valleyaaa.org
TDD 810 233-4242

Other Resources

Better Business Bureau of Eastern Michigan
248 223-9400 www.detroitbbb.org

Michigan Protection and Advocacy Services Protects the legal rights of people with disabilities
Livonia Office www.mpas.org 29200 Vassar Blvd., Suite 200
800 414-3956 or 248 473-2990 Livonia, MI 48152-2116

Volunteer Opportunities:

Home Delivered Meals

Contact your local senior center or your local Area Agency on Aging (See above on this page)

Oakland Literacy Council

248 253-1617 www.oaklandliteracy.net

American Red Cross

313 833-4440 or 800 GIVE-LIFE www.semredcross.org

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Transportation

Donations may be suggested or fees required for the following transportation services. Check with the provider for details.

Addison

North Oakland Transportation Authority

248 628-7900

<http://notaride.org>

48 hours advance notice

Age 60+ residents of Addison, Lake Orion, Orion Twp, Oxford and Oxford Twp. Some weekend service available. Call for service area information & hours of service. Disabled riders under 60 need health care provider authorization

Auburn Hills

Senior Services

248 370-9353

www.auburnhills.org

24 hours advance notice

Age 65 + or disabled residents. Travels within city limits for errands & 5 mile radius for medical appts.

Berkley

Recreation Center

248 658-3470

www.berkleymich.org

Advance notice: 2 weeks for medical;

Call 9:00-11:30 am

48 hours-other

Age 50+ residents. Call for service area information & hours of service

Birmingham

Senior Center

248 203-5270

www.bascc.net/outreach

advance notice: 4 business days

Age 55+ or disabled living within Birmingham School District. Travels close to city limits and to Beaumont & St. Joseph-Pontiac hospitals

SMART Dial-a-ride

248 362-3436

www.smartbus.org

advance notice: 1 hour before ride needed

Birmingham, Troy & Beverly Hills residents, within Birmingham, Troy, Beverly Hills + Beaumont & Meijer, Royal Oak

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Bloomfield

Bloomfield Twp. Senior Transportation Services

866 962-5515 www.bloomfieldtpw.org/Services/SeniorServices/OverviewSeniorServices.htm 3+ days advance notice

Age 60+ residents of Bloomfield Hills & Bloomfield Township. Call for service area, eligibility and hours of service.

Clarkston - See Independence Twp.

Clawson

Senior Center

248 583-6700 www.cityofclawson.com 24 hours advance notice

Call 8 a.m.-12:30 p.m.

Age 55+ or disabled residents. Call for service area information, eligibility and hours of service

Farmington/Farmington Hills

Costick Center

248 473-1864 www.fhgov.com/services/seniordivision/Transportation.asp Up to 3 days advance notice

Age 55+ or disabled residents. Call for service area, eligibility and hours of service. A reduced-fare taxicab service is available to supplement our program. Call for details.

ABC Cab Dial-a-Ride

248 477-4300 www.rideabc.com/services/community-service/ 24 hour advance notice for handicap van. None for cab.

800 563-4222

Seniors or disabled residents. Within Farmington and Farmington Hills only. Call for details.

Ferndale

Senior Center

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

248 544-6767

3 day minimum advance notice

Residents of Ferndale & Pleasant Ridge. Travel 5 mile outside of city limits.

Hazel Park

Senior Center

248 546-4093

www.hazelpark.org/senior-services

2 days advance notice

Age 55+ seniors or disabled residents. 7 mile radius of city & local hospitals. Call for details.

Highland

Transportation Services

248 887-4979

www.highlandtwp.com

24 hours advance notice

Age 55+ or disabled residents of Highland Twp, Milford Twp & Village of Milford. Travels to Highland Twp, Milford Twp, Village of Milford and Huron Valley Sinai Hospital.

Holly

Transportation Services

248 531-0314

24-48 hours advance notice

call 9 a.m.-3 p.m.

Any age resident of Holly, Holly Twp, Rose Twp, Groveland Twp. Travels within those areas.

Huntington Woods

Community Center

248 541-3030

www.ci.huntington-woods.mi.us

48 hours advance notice

Age 55+ or disabled residents. Travels within 7 mile radius of city.

Independence Twp

Senior Center

248 625-8231

www.twp.independence.mi.us

2 days advance notice

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Age 55+ or disabled residents of Clarkston, Independence or Springfield Twps. Travels to Independence Twp, Clarkston or Springfield Twp and other selected areas. Call for details.

Lake Orion

North Oakland Transportation Authority

248 628-7900

<http://notaride.org>

48 hours advance notice

Age 60+ residents of Addison, Lake Orion, Orion Twp, Oxford and Oxford Twp. Some weekend service available. Disabled riders under 60 need health care provider authorization

Madison Heights

Senior Center

248 545-3464

www.madison-heights.org

Age 55+ residents. Call for service area information & hours of service

Milford

Transportation Services

248 887-4979

www.highlandtwp.com

24 hours advance notice

Age 55+ or disabled residents of Highland Twp, Milford Twp & Village of Milford. Travels to Highland Twp, Milford Twp, Village of Milford and Huron Valley Sinai Hospital.

Northville

Community Senior Center

248 449-9934

www.northvilleparksandrec.org

2 days advance notice

Call 9-11:30

Age 50+ or disabled residents of Northville or Northville Twp. Travels within 5 mile radius of Senior Center

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Novi

Senior Center

248 735-5617

www.cityofnovi.org

2 days advance notice

Age 55 + or disabled residents. Call for service area information, eligibility and hours of service

Oak Park

Senior Center

248 691-7575

www.oakpark-mi.com

24 hours advance notice

Age 55+ or disabled residents of Oak Park. 8 mile radius of city center + Providence and Royal Oak Beaumont Hospitals.

Ortonville

Brandon Senior Center

248 627-6447

www.brandontownship.us

2 days advance notice

Age 55+ or disabled residents of Brandon or Groveland Twp. Call for service area information, eligibility and hours of service

Oxford

North Oakland Transportation Authority

248 628-7900

<http://notaride.org>

48 hours advance notice

Age 60+ residents of Addison, Lake Orion, Orion Twp, Oxford and Oxford Twp. Some weekend service available.
Disabled riders under 60 need health care provider authorization

Pontiac

Pontiac Televan

248 758-3930

3 business days advance notice

Age 55+ or disabled residents. Must be able to get on and off bus alone. Open 7:30 – 4:00 except holidays.

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Rochester

Older Person's Commission

248 608-0271 www.opcseniorcenter.org

TDD: 800-649-3777

Age 60+ or disabled residents of Rochester, Rochester Hills and Oakland Twp. Travels to Rochester, Rochester Hills, Oakland Twp, Oakland University, or the Troy Beaumont.

Neighborhood House

248 651-5836 www.ranh.org 48 hours advance notice

Call T-F before 3PM

Elderly or disabled. Travels to Rochester, Rochester Hills, Leonard, Addison and Auburn Hills east of I-75.

Royal Oak

Senior Center

248 246-3914 www.ci.royal-oak.mi.us Up to 2 weeks advance notice

Age 60+ or disabled residents. Call for service area, eligibility and hours of service. Indicate if van with lift is needed.

South Lyon

People's Express

877 214-6073 www.peoplesexpressmi.com 3 business days advance notice

Senior Citizens. Call for service area information, eligibility and hours of service

Southfield

Transportation of Southfield Seniors (TOSS)

248 796-4658 www.cityofsouthfield.com

Age 60+ or disabled residents of Southfield or Lathrup Village. Call for service area, eligibility and hours of service.

SMART Connector

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

248 796-4650

www.cityofsouthfield.com

Age 60+ or disabled residents of Southfield or Lathrup Village. Transportation to events from established locations.

Troy **Community Center**

248 362-3436

www.troymi.gov

1 hour advance notice before ride

For Troy, Birmingham and Beverly Hills residents. Travels within Troy, Birmingham and Beverly Hills plus Beaumont Hospital and Meijer, Royal Oak.

Troy Medi-Go

248 457-1100

www.troymedigo.org

14 days advance notice

9 a.m.–4 p.m.

Age 60+ or disabled. Travels within Troy and surrounding area. Call for details.

Walled Lake **City of Walled Lake**

248 624-4847

www.walledlake.com or www.smartbus.org

3 days advance notice

Seniors or disabled residents. Call for service area information, eligibility and hours of service.

Waterford **Senior Center**

248 682-9450

www.waterford.k12.mi.us/seniorcenter

5 days or more advance notice

Senior residents of Waterford Twp or Waterford School District. Call for service area, eligibility and hours of service.

West Bloomfield Twp **Parks & Recreation**

248 706-2411

www.westbloomfieldparks.org

Up to 4 weeks advance notice

Age 55+ or disabled resident. Call for service area information, eligibility and hours of service

White Lake

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Dublin Community Senior Center

248 698-3994 www.whitelaketwp.com 1 day to 2 weeks advance notice

Senior and disabled residents of White Lake, Commerce and Wolverine Village. Call for service area information, eligibility and hours of service

Wixom

Senior Citizen Transportation

248 363-6033 www.cityofwixom.com Senior residents.

Services provided by Always From the Heart Transport. Call for service area, eligibility, hours of service and fees

Other transportation resources. Call for information on hours of services and **fees**.

American Cancer Society

800 227-2345 www.cancer.org Cancer patients for medical appts.

Jewish Family Services

248 592-2266 www.jfsdetroit.org Older adults or disabled 1 week notice

Loving Touch Transportation

586 992-1024 www.lovingtouchtransportation.com All ages. Some insurances accepted 24-48 hours notice

Metro Cab Ride

248 429-9067 <http://metrocabride.com/default.aspx> Available 7 days a week

Reddi Ride

248 559-2500 www.reddiride.com Seniors, disabled children & adults 2 days notice

S&L Transportation

313 897-6200 www.sandltransportation.com Available 7 days a week
800 623-6293 3 hours or more advance notice

SMART Bus

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

800 624-3455	www.smartbus.org	Fixed routes. Call for information	
Star EMS (ambulance & wheelchair vans)			
248 338-9073	www.starems.com	Some insurance billing.	24 hours notice
Transport Care Services			
888 811-4655	www.transport-care.com	Wheelchair transport. Available 24 hours every day.	
Veteran's Services			
248 858-0785	www.oakgov.com/veterans	To VA Medical Centers only in Ann Arbor and Detroit. Call for details.	1 week advance notice
248 655-1250			
Worry Free Transportation			
248 363-8442	www.worryfreetrans.com	Cars & wheelchair vans. Some insurances accepted.	24-48 hours advance notice
248 249-5453			
ZCD Transportation			
248 853-4346	www.zcdusa.com	Some insurances accepted.	24 hours advance notice

Longer Distance Travel

Amtrak			
800 872-7245	TDD: 800 523-6590	www.amtrak.com	
Stations:			
Birmingham	Royal Oak	Pontiac	Flint
Villa Rd & Lewis St 48009	202 S. Sherman 48069	51000 Woodward Ave 48342	1407 S. Dort Hwy 48503
Platform with shelter Board & disembark only No ticket office or services	Platform with shelter Board & disembark only No ticket office or services	Platform only Board & disembark only No ticket office or services	Station with waiting room Ticket office and baggage assistance

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Greyhound Lines

800 231-2222 TDD: 800 345-3109

www.greyhound.com

Greyhound Bus Stations:

Southfield

26991 Lahser Rd 48034
248 353-2870
Station with ticket office

Ann Arbor

116 W. Huron St 48104
734 662-5511
Station with ticket office

Pontiac

51000 Woodward Ave 48342
Board & disembark only
No ticket office or services

Flint

1407 S. Dort Hwy 48503
810 232-1114
Station with ticket office

Bike Trail Information

Rails to Trails

202 331-9696

www.trailink.com

Oakland County Parks

888 OCPARKS
888 627-2757

www.destinationoakland.com

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Utility Assistance

Heat and Electricity

Consumer's Power

800 477-5050

www.consumersenergy.com

Detroit Edison

800 477-4747

www.dteenergy.com

Contact your utility provider to ask about shutoff protection plans

Call **Miss Dig** before digging where utility lines may be buried

800 482-7171 or 811

www.missdig.net

Public Service Commission

Complaints and Questions about utilities

800 292-9555

www.michigan.gov/mpsc

Michigan Home Heating Hotline

800 292-5650

Emergency funds to assist with home heating bills may be available from local agencies. A shut off notice may be required for assistance. Call for information.

Lighthouse

Pontiac: 248 920-6100

Clarkston: 248 620-6116

www.lighthouseoakland.org

Michigan Low Income Home Energy Assistance Program (LIHEAP)

800 292-5650

www.michigan.gov/dhs/0,1607,7-124-5453_5531---,00.html

Oakland Livingston Human Service Agency

Pontiac: 248 209-2600

Ferndale: 248 542-5860

www.olhsa.org/heating.asp?catID=1&cty=oak

City of Southfield - Human Services Department

248 796-4540

www.cityofsouthfield.com

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

United Way of SE Michigan

Dial 211

www.uwsem.org

The above agencies may be aware of other sources for heating assistance. You can also call your local senior center or the Oakland County Nurse on Call at 800 848-5533.

To find out if you qualify for **Home Heating Credit** contact the **Michigan Department of Treasury** at **800 367-6263** or go to www.michigan.gov/treasury.

Home Weatherization programs may help make your home more energy efficient and save money on utility bills. Call these programs for assistance with weatherization information and services:

Oakland Livingston Human Service Agency

248 209-2760

www.olhsa.org/doe.asp?catID=3&cty=oak

Oakland County Community and Home Improvement

248 858-0493

www.oakgov.com/chi

Telephone

AT&T Center for Customers with Disabilities

Voice calls: 866 241-6568

TTY calls: 866 241-6567

www.att.com/gen/general?pid=10190

Programs offering free cell phone with limited minutes for qualifying low-income participants

Safelink Wireless: 800 977-3768

Assurance Wireless: 888 898-4888

Safelink Wireless: 800 977-3768

Emergency Senior Cell Phone Program

Oakland County Sheriff Department

Cell phone distribution hours are:

Every Friday from 9:00 a.m. to 12:00 p.m. (noon)

248 975-9700

Where: Oakland County Sheriff's Office

1200 North Telegraph Road Building 38E

Pontiac, Michigan 48341

Check with your local senior center for a resource for free emergency cell phones.

Vaccines and Immunizations for Older Adults

Hepatitis A

Given in a series of two doses, this vaccine prevents Hepatitis A infection. It is given to ages 12 months and older. It is available in a combination vaccine with Hepatitis B for persons 18 years and older.

Hepatitis B

Given in a series of three doses, this vaccine prevents Hepatitis B infection. It is given to any age. It is available in a combination vaccine with Hepatitis A for persons 18 years and older.

Influenza

Given yearly, this vaccine prevents or lessens the severity of the disease. It is currently given to all age groups over age 6 months. Usually available from September to June.

Measles-Mumps-Rubella (MMR)

Given as a series of two doses of vaccine to children age 12 months and older and usually as one dose to adults born after 1956. Some exceptions apply.

Pneumococcal

Given once or twice in a lifetime, this vaccine prevents or lessens cases of pneumonia and other infections. It is currently given to all adults age 65 and over and to children and adults, age 2 thru 64 years with certain health conditions.

Tetanus-diphtheria

Given as a series of three shots with a booster dose every 10 years for clients age 7 years and older.

Tetanus, diphtheria and pertussis

Currently given once in place of a booster doses for Tetanus-diphtheria. Given for children and adults age 10 thru 64 years old. Available to adults 65+ who have contact with infants under a year old. The vaccine provides protection against pertussis (whooping cough) which, until recently, has only been available in children's vaccines.

Zoster (Shingles):

Given in a single dose, this vaccine prevents or lessens the severity of the disease. Currently only given to persons age

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

60 and above who do not have immune system problems. Check with your doctor if you have questions about your health status.

The Oakland County Health Division provides immunizations for all ages at our three service locations.



1200 N. Telegraph Rd
 Pontiac, 48341-0432
 248 858-1280



27725 Greenfield Rd
 Southfield, 48076-3625
 248 424-7000



1010 E. West Maple Rd
 Walled Lake, 48390-3588
 248 926-3300

General Clinic hours:

Monday, 12:00 noon to 8:00 p.m. and Tuesday thru Friday, 8:30 a.m. to 5:00 p.m.

Adult immunizations available include

- Hepatitis A
- Hepatitis B
- Influenza
- Measles/Mumps/Rubella (MMR)
- Pneumococcal (pneumonia)
- Tetanus/Diphtheria (Td)
- Tetanus/Diphtheria/ Pertussis(Tdap)
- Zoster (Shingles)

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Fees for vaccines vary. Payment method is cash only, except for influenza and pneumococcal vaccines, which may be covered by Medicare or Medicaid. Fees are not refundable. Fees are for vaccine only; there is no charge for administering the vaccine. Call the Nurse on Call at 800 848-5533 for more information.

Other providers of immunization services

Contact your medical provider about immunizations they provide in their office. Consult with their office about price, availability and insurance coverage.

Some vaccines are available at local pharmacies. Consult with the pharmacist about availability, cost and insurance coverage.

Centers for Disease Control and Prevention (CDC)

For information on immunizations required for travel outside of the United States.

800 232-4636

www.cdc.gov/travel

Immunizations required for travel outside of the United States may be obtained from a travel clinic. For travel clinic information, contact the Nurse on Call at 800 848-5533 or 248 858-1406; press option 1

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Veteran's Services

Oakland County Veterans' Services

No Appointment Necessary

www.oakgov.com/veterans

Office Hours: Monday -Friday 8:30a.m.-12:00 noon & 1:00 p.m. - 5:00 p.m.

Veterans' Services Division Offices

Pontiac Office

248-858-0785 or 888-350-0900 ext.80785
North Office Building 26 East
1200 N. Telegraph Rd., Pontiac, MI 48341-0468

Southeast Oakland Office

248-655-1250
1151 Crooks Rd., Troy, MI 48084

Services:

- Initiate, develop and prosecute claims for federal, state and local veterans.
- Assist veterans with VA health care enrollment.
- Administer the county veterans burial allowance program and assist with other death benefits for veterans survivors.
- Utilize and coordinate emergency assistance from the Oakland County Soldiers and Sailors Relief Fund
- Refer veterans and their families to other appropriate agencies

Transportation Program

248-858-0785

Barrier-free transportation is provided to the U.S. department of Veterans Affairs Medical Centers in Detroit and Ann Arbor for veterans seeking treatment.

U.S. Department of Veterans Affairs

800 827-1000

TDD 800-829-4833

www.va.gov

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Veterans Health Administration Medical Centers:

Full Service Facilities:

John D. Dingell VA Medical Center

313-576-1000 or 800-511-8056 4646 John R, Detroit, 48201 www.detroit.va.gov

VA Medical Center Ann Arbor

734-769-7100 or 800-361-8387 2215 Fuller Rd., Ann Arbor, 48105 www.annarbor.va.gov

VA Medical Center Battle Creek

269-966-5600 or 888-214-1247 5500 Armstrong Rd., Battle Creek, 49015 www.battlecreek.va.gov

Aleda E. Lutz VA Medical Center

989-497-2500 or 800-406-5143 1500 Weiss St., Saginaw, 48602 www.saginaw.va.gov
Skilled Care and Rehabilitation Center.

Community Outpatient Clinics:

Pontiac VA Outpatient Clinic

248-332-4540 44200 Woodward Ave., Ste 208, Pontiac, 48341 www.detroit.va.gov/visitors/pontiac.asp

Flint VA Outpatient Clinic

810 720-2913 G3267 Beecher Rd, Flint, 48532 www.annarbor.va.gov/visitors/clinic_Flint.asp

Veteran's Centers

Detroit Vet Center

313-831-6509 4161 Cass Ave., Detroit, 48201

Dearborn Vet Center

313-277-1428 2881 Monroe St., Ste., 100, Dearborn, 48124

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Pontiac Vet Center

248 874-1015

44200 Woodward Ave, Ste 108, Pontiac, 48341

National Cemetery

Great Lakes National Cemetery

248-328-0386 or 866-348-8603

4200 Belford Rd., Holly, 48442

www.cem.va.gov/cems/nchp/greatlakes.asp

Fort Custer National Cemetery (Battle Creek/Kalamazoo area)

269 731-4164

15501 Dickman Rd, Augusta, 49012

www.cem.va.gov/CEM/cems/nchp/ftcuster.asp

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Vision and Hearing

Products to assist blind, low-vision, deaf and hearing impaired

Maxi-aids Products for Independent Living

For Information: 631-752-0521 **TTY:** 631-752-0738

www.maxiaids.com

Vision:

Eye care and glasses

Eye Care America (some free and reduced eye care costs)

Senior Eye Care	Glaucoma Eye Care	Diabetes Eye Care	Children's Eye Care	www.eyecareamerica.org
800 222-3937	800 391-3937	800 272-3937	800 628-6733	

Vision USA

800 766-4466

www.aoa.org/visionusa.xml

Call the Leader Dog School at 248 651-9011 for the contact person at the Lions Club in your area.

Low-vision Services

Greater Detroit Agency for the Blind & Visually Impaired

Library, rehab services, speaker's bureau

313 272-3900 16625 Grand River, Detroit, 48227

www.gdabvi.org

Michigan Commission for the Blind

Rehab, counseling, training

313 456-1646 or 800 292-4200 3038 West Grand Blvd., Ste 4-450, Detroit, 48202

www.michigan.gov/lara/0,1607,7-154-28077_28313---,00.html

William Beaumont Eye Institute

248 551-2020 3601 West 13 Mile Rd., Royal Oak, 48073

www.beaumont hospitals.com/eye-institute

Detroit Institute of Ophthalmology



OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

313 824-4710

15415 E. Jefferson Ave., Grosse Pte Park, 48230

www.eyeson.org

Detroit Radio Information Service

Reading of over 100 current publications over closed circuit radio

313 577-4207

www.wdet.org/dris

Library for the Visually and Physically Impaired

248 858-5050 or 800 774-4542 1200 North Telegraph Rd., Pontiac, 48341

TDD: 248 452-2247

www.oakgov.com/lvpi

Visually Impaired Information Center

The Directory of Visually Impaired Services

734 421-6599

www.vi-info-center.org

Check your local library for low-vision resources.

Low-vision products:

Able Zone in Troy

866 663-2253

www.ablezone.com/az.asp

Assistive Technology of Michigan

248 348-7161

43000 W. Nine Mile Rd, Ste. 113, Novi, 48375

www.myisminctest.com/

Low Vision Solution

877 277-1127

27520 West 7 Mile Rd., Livonia, 48152

www.lvsontheweb.com

Call Oakland County Nurse on Call at 800 848-5533 for other resources.

Hearing:

Hearing Aids

Lion's Hearing Center of SE MI: Income eligible individuals may receive assistance in obtaining hearing aids

313 745-4664 or 888 542-6424 4201 St. Antoine 5G-UHC, Detroit, 48201

www.lhcmi.org

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Branch offices:	Detroit	Dearborn	Bloomfield Hills	Southfield
	313 745-1924	313 253-0800	248 335-9800	248 357-4151

Lions Affordable Hearing Aid Project (Lions AHAP)

Low income clients. Contact local Lions Club for information or call (630) 203-3837 or email at LionsAHAP@lionsclubs.org

Better Hearing Institute

Info on hearing loss and treatment. Download guides to financial assistance for hearing aids and buying a hearing aid.

202 449-1100

www.betterhearing.org

Financial assistance for hearing aids/cochlear implants

<http://deafness.about.com/cs/hearingaids/a/haidcost.htm>

International Hearing Society

Has Hearing Aid Helpline, makes referrals to local providers.

734-522-7200

www.ihinfo.org/IhsV2/Home/Index.cfm

Local Providers of Audiology and Hearing Loss Services

Alliance Hearing Care, Waterford

248-886-0110

www.alliancehearingcare.com

Hear Clear

877-570-4993

www.hearingaids.miracle-ear.com

Oakland Audiology, Waterford

248-673-8000

www.oaklandaudiology.com

Premium Hearing Solutions, Clawson

248 566-6488

www.premiumhearingsolutions.com

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Deaf and Hard of Hearing Products

Harris Communications

Voice: 800 825-6758 TTY: 800 825-9187 Video Phone: 866 789-3468 www.harriscomm.com

Services for the Deaf

Deaf and Hearing Impaired Services Inc

Assists Detroit area deaf and hard-of-hearing older adults to access services.

Voice: 248-473-1888 TTY: 248 473-1875 www.dhisonline.org

Deaf Community Advocacy Network (Deaf C.A.N.)

Provides mental health, counseling and substance abuse services, case management, youth services

Voice: 248-332-3331 TTY: 248-332-3323 Video phone: 248 209-6437 www.deafcan.org

Deaf Options Mental health, counseling and substance abuse services

Voice: 313 592-3175 TTY: 888 843-7949 Video phone: 313 952-9285 www.deafoptions.net

E-Michigan Deaf and Hard of Hearing People Resource website

586 778-4188 www.michdhh.org/index.html

Hearing Loss Association of Michigan

Information, advocacy, support www.mi-shhh.org

The Holley Institute

Assists the Deaf, Deaf/Blind and hard of hearing by providing services and programs aimed at improving their quality of life

Office hours: 8:30 a.m. to 4:30 p.m., Monday-Friday

Voice: 313 343-3165 22151 Moross Rd., Professional Bldg. 1 <http://www.stjohn.org/Holley/>
Ste 223 Detroit, 48236-2172

Michigan Relay Center- For making calls to TTY/TDD users

800 649-3777 or 711 <http://michiganrelay.com/voice.htm>

OAKLAND COUNTY SENIOR RESOURCE DIRECTORY

Sign Language Services of Michigan

586 778-4188 (voice)

586-285-1842 (TTY)

<http://signlanguageservicesofmichigan.com/>

810 459-3965 (text messages)

24 hour Emergency Service number 810 459-3967

Web listings of Detroit area sign language interpreted stage performances.

www.terptheatre.com/

Web listings of accessible movie theatres in metro Detroit.

www.captionfish.com

Call Oakland County Nurse on Call at 800 848-5533 for other resources.