

# Healthy Meals for Families

## Do you want to s-t-r-e-t-c-h your food dollar?

Learn to shop wisely and choose nutritiously at this free course:  
**Eating Right When Money's Tight!**

Tuesday

February 7, 14, 21, 28 and March 6 and 13

1:00-2:00 p.m.

Michigan State University Extension—Oakland County

Instructional Room—1st Floor

1200 N. Telegraph Rd.

Building 26E

Pontiac, MI 48341

Call to register: 248-858-0499



**Participants must be parents of minor children and eligible for food assistance program**  
***A free cookbook and MSUE certificate issued after***  
***successfully completing all 6 classes!***

**MICHIGAN STATE**  
UNIVERSITY | **Extension**  
OAKLAND COUNTY

*MSU is an affirmative – action, equal opportunity employer.*

*MSU Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status, or veteran status.*