














# HOUSEHOLD CHECKLIST

## The Lousy Work

Who Does It? I Did It!

Examine each family member's head daily for ten (10) days. 		
Go to the drugstore or Oakland County Health Division for lice treatment product.		
Treat only members of family who have lice or nits. (Lice products do not prevent lice and can be very harmful if overused or not used as directed.) 		
Soak combs and brushes in steaming hot water with 2-3 tablespoons of lice product. 		
Remove all nits. Take a small section of hair, comb through with special nit comb or remove each nit with fingernail. Hair clip completed sections and continue until entire head is nit free. 		
Wash and dry all bedding (sheets, pillow cases, blankets, mattress covers, and bedspreads) at hot settings. Allow water to get hot between loads of laundry. 		
Put pillows and non-washable bedding in hot dryer for twenty (20) minutes or seal in plastic bag for three (3) weeks. (Put stuffed animals/dolls with hair in plastic bag for three weeks). 		
Vacuum all mattresses before making with clean bedding. 		
Vacuum all upholstered furniture, carpeting, throw pillows, seats in cars, and car seats. After use, place vacuum bag in garbage bag and tie tightly. Use new vacuum bag for each cleaning. 		
Wash all jackets, sweaters, hats and other clothes that have come in contact with infested person. Fold clean clothes and put them away. 		
Take non-washable clothes to the cleaners or put in hot dryer for thirty (30) minutes, or seal in plastic bag for twenty-one (21) days. 		
Call all people who have recently been in contact with infested person (s): school, babysitter, latchkey, friends, relatives, or any place you have stayed. 		
Do daily head checks. Teach your child not to share hats, combs, hair ornaments, helmets, headphones, and so on. 		



The Oakland County Health Division will not deny participation in its programs based on race, sex, religion, national origin, age or disability. State and federal eligibility requirements apply for certain programs.