

Danger Signs in Pregnancy



- blood or fluid from vagina
- cramps that continue
- pain in the lower belly or thigh
- ache or pain in the lower back
- fever
- vomiting
- chills
- bad headache
- swelling of hands or feet
- dizziness
- seeing spots
- blurred or double vision
- don't feel baby moving

**DO NOT WAIT
CALL YOUR DOCTOR**

Dr. _____
Phone _____



Know the Signs of Premature Labor

**Premature labor
is when you go
into labor 3 or
more weeks
before your
due date.**



- low, dull backache
- pain in the lower belly or thigh
- cramps that feel like your period
- cramps with or without diarrhea
- contractions or tightening with or without pain
- feeling that baby is pushing down
- clear, pink or brownish fluid from the vagina
- change in the vaginal discharge

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Department of Health & Human Services

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