

Halloween Safety Tips

All Dressed Up...

- 🍁 Children should wear flame retardant costumes with enough room to wear a jacket underneath if it's chilly, but not so big that they can trip on it.
- 🍁 Use non-toxic makeup instead of masks. Masks can make it hard to see clearly, increasing the chance of tripping or not seeing cars.
- 🍁 Choose light-colored costumes and use reflective tape to make children more visible after dark.
- 🍁 Accessories like swords or wands should be made of soft, flexible material to avoid injury.

The Trick-or-Treat Trail...

- 🍁 Serve a meal or nutritious snack before heading out. Children will be less tempted to sneak treats from their bags. Put a safe treat in their pocket to snack on.
- 🍁 A parent or responsible adult should always accompany young children.
- 🍁 Carry a flashlight with fresh batteries.
- 🍁 Only go to homes that are well lit.
- 🍁 Remind children to watch for cars.
- 🍁 Stay in familiar, well-lit places.
- 🍁 Never enter a home. Stand outside the door.

Healthy Halloween...

- 🍁 Before children begin trick-or-treating, tell them you will check their treats to make sure they're safe before they eat any. Make sure they understand the importance of a safety check.
- 🍁 Throw away any homemade treats and fruit unless someone you trust gave it out. Throw away candy if wrappers are faded, torn, or have been opened. When in doubt, throw it out!
- 🍁 Keep nutritious treats on hand to replace items you throw away.

Other Safety Tips...

- 🍁 To keep kids off the street, consider hosting a Halloween party.
- 🍁 Check your community for indoor parties – for example at malls, the fire department, or parks.
- 🍁 Let small children draw a face on the pumpkin and scoop out the seeds, but have an adult carve it.
- 🍁 Use a small flashlight in your jack-o-lantern instead of a candle.
- 🍁 If driving during trick-or-treat hours, be especially alert in residential neighborhoods.



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