

Celebrate Children!

Children have little voice in society, yet their needs are great. Take time to recognize children and their families. By celebrating children, attention is drawn to their needs and self-esteem is boosted. Help pass on the message that children are special and valued people by engaging in efforts aimed at improving their quality of life. Listed below are some ways you can help celebrate children!

- Smile at a child.
- Hold a child's hand in yours, just for fun.
- Take a child care provider to lunch.
- Buckle up your own seat belt after making sure your child's is fastened.
- Do a safety check in your home to see if all dangerous materials are out of a child's reach.
- Hold a fire drill in your home for parents and children.
- Cuddle on the couch with your child and family pet.
- Check your child's nutritional habits.
- Spend as much time choosing childcare as buying a car.
- Contact a lawyer to make a will and arrange for guardianship of your children.
- Give a book to a child and sit down to read it together.
- Get your child or grandchild a library card.
- Attend a musical concert, play or movie with your child.
- Send a thank-you note to your own parents.
- Hug a child.
- Post your child's latest drawing in your office and let your child know you have done so.
- Make a dental appointment for your child.
- Check the ingredients of your child's favorite breakfast cereal.
- Let your child choose the activities for an entire Saturday.
- Make a donation to a local child abuse prevention agency.
- Send flowers to your child care provider.
- Make a doctor's appointment for yourself to assure your own well-being and ability to be a healthy parent.
- Remember to take the child-care credit on your income tax.
- Start a savings account for your child.
- Review your child's health records and bring his/her immunizations up-to-date.
- Play games with your child.