

# EPILEPSY/SEIZURE DISORDER FACT SHEET

Epilepsy is a generic term for a variety of seizure disorders characterized by recurrent seizures (convulsions). A seizure is a disturbance in the electrical activity of the brain. Seizure disorders range from mild to severe.

In a majority of cases the cause is unknown. Some known causes of seizures are: head injury, brain tumor, stroke, alcohol or drug use, and infections, such as meningitis.

Prompt diagnosis by a doctor is important because epilepsy-related seizures generally can be controlled with medication. Treatment for seizures is prescribed by a doctor and may consist of oral medications, special diet, electrical stimulation or surgery. It is important to follow a treatment plan. In some cases, the person may later be taken off medication by the doctor and remain seizure free.

It is very important to communicate openly with school staff about your child's seizure disorder. This will help them prepare a plan of action with you to meet your child's needs.

Source: [Epilepsy Facts Page](#) – Epilepsy Foundation of Michigan 7/2006



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