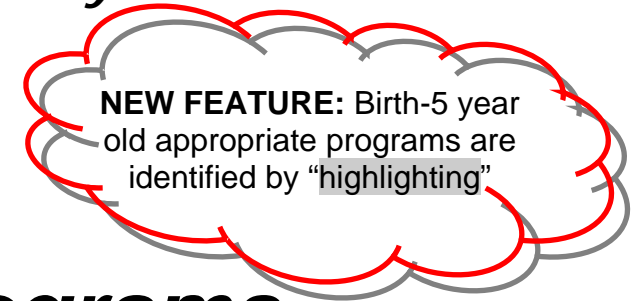




*Prepared & Distributed by Oakland County Youth Assistance*



# ***Family/Parenting Programs Available Throughout Oakland County For July 2010 and Beyond***



**In cooperation with the  
Oakland County Parenting Awareness Coalition**

## **IMPORTANT MESSAGE**

Beginning in October 2009 we will no longer be able to print and mail the Parenting Calendar.

Electronic editions of this calendar will be available and will still be updated monthly.

Please continue to send in any new programs to be added or changes to be made using the form in the front of the calendar as usual.

The electronic version will still be available on our website at:

[www.oakgov.com/circuit/calendar](http://www.oakgov.com/circuit/calendar)

*Thank you*

## UPCOMING FAMILY/PARENTING PROGRAMS IN OAKLAND COUNTY

Help us get the word out about parenting programs you are offering.

Please fill in the necessary information completely (*one form for each class*), then fax (248) 858-1493 or mail it to:  
Oakland County Youth Assistance, 1200 N. Telegraph Rd., Bldg. 14 East, Pontiac, MI 48341-0452

PROGRAM TITLE: \_\_\_\_\_

PRESENTER/FACILITATOR (NAME, LEVEL OF EXPERIENCE, CONTACT NUMBER): \_\_\_\_\_

START DATE/END DATE : \_\_\_\_\_ DAY/TIME: \_\_\_\_\_ FREQUENCY DURING THE YEAR: \_\_\_\_\_

BRIEF COURSE DESCRIPTION: \_\_\_\_\_ FUNDING SOURCE: \_\_\_\_\_

TYPE/FOCUS OF PROGRAM: \_\_\_\_\_  
I.E., TEEN, SUBSTANCE ABUSE, FATHER FOCUSED, GRANDPARENT FOCUSED \_\_\_\_\_

AGE OF TARGETED POPULATION: \_\_\_\_\_ CHECK HERE IF APPROPRIATE FOR 0-5 YEAR OLDS: \_\_\_\_\_

CLASS SIZE/RESIDENCY LIMITS: YES: \_\_\_\_\_ NO: \_\_\_\_\_ IF YES, PLEASE INDICATE LIMIT: \_\_\_\_\_

IF YOUR SESSION IS FULL OR HAS ENDED, WHOM DO YOU REFER THE PARENT/PERSON TO: \_\_\_\_\_

LOCATION/BUILDING, ADDRESS, INCLUDING ZIP CODE: \_\_\_\_\_

E-MAIL OR WEBSITE ADDRESS: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

WHAT IS THE COST OF REGISTRATION? \_\_\_\_\_ PER PERSON: \_\_\_\_\_ PER COUPLE: \_\_\_\_\_ MATERIALS: \_\_\_\_\_

NAME AND ADDRESS OF YOUR SPONSORING ORGANIZATION: \_\_\_\_\_

NAME AND TELEPHONE NUMBER OF CONTACT PERSON: \_\_\_\_\_

Thank you for completing this questionnaire. Please fax (248) 858-1493, phone (248) 858-0051, or mail to the address above.  
Information must be received by *the 10th of each month* for inclusion in the *next* calendar.

Please contact this office upon conclusion of your program.

**THANK YOU FOR YOUR SUPPORT! OAKLAND COUNTY PARENTING AWARENESS COALITION**

For questions or information, please contact Oakland County Youth Assistance at 248-858-0051.

## FOREIGN LANGUAGE PARENTING CLASSES

DATES/TIMES	PROGRAM/TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing Mondays-Thursdays 9:00 a.m.-4:00 p.m.	Spanish Immersion Preschool For ages 2 through 6. Learn and practice language, share culture, child development, Montessori style.	Hunter Community Center 509 Fisher Court Clawson	\$46/per week	Spanish for Toddlers, LLC	Maria Van Dyke 248-597-9930 Belinda Amner 248-545-4379
Ongoing on Fridays Please call for times	Spanish Immersion Programs For American or bilingual families-children ages 1-3 and parent(s). Learn and practice language, share culture, child development, Montessori style.	Hunter Community Center 509 Fisher Court Clawson	\$15/per week per family	Spanish for Toddlers, LLC	Maria Van Dyke 248-597-9930 Belinda Amner 248-545-4379
Ongoing 6 times a year 12-week program Mondays or Fridays 10:00 a.m. to 12:30 p.m.	Dare To Be You/Parenting program in Spanish for parents with children ages 3 to 4 years old. Class includes both parents and children.	Hispanic Outreach Services 295 W. Huron St. Pontiac	Please call Transportation and Day Care available Includes Lunch	Catholic Social Services of Oakland County/Hispanic Outreach Services	Gabriela Garcia-Torres 248-338-4250 X3707
Ongoing 5 times per year 8 week program Wednesdays 9:30 to 11:30 a.m.	Love and Logic (Amor y Logica) Parenting class in Spanish	Hispanic Outreach Services 295 W. Huron St. Pontiac	Please call Transportation and Day Care available	Catholic Social Services of Oakland County/Hispanic Outreach Services	Sara Radstake 248-338-4250 x3700
Ongoing 3 times per year September, January, and May Tuesdays/Thursdays 10:00 a.m. to 12:00 p.m. Mondays/Wednesdays 6:00 to 8:00 p.m.	English as a Second Language	Hispanic Outreach Services 295 W. Huron St. Pontiac	\$25/per person Transportation Day Care available	Catholic Social Services of Oakland County/Hispanic Outreach Services	Brenda Garza 248-338-4250 x3700
Ongoing 3 times per year Please call for times	Computer Class in Spanish teaching basic computer knowledge.	Hispanic Outreach Services 295 W. Huron St. Pontiac	Please call	Catholic Social Services of Oakland County/Hispanic Outreach Services	Jaime Tamez 248-338-4250 X3701
Ongoing year-round	Adult Education-Anyone 10 years and up who wishes to finish/continue basic education. (elementary and middle school certification)	Hispanic Outreach Services 295 W. Huron Pontiac	A fee applies	Catholic Social Services of Oakland County/Hispanic Outreach Services	Sara Radstake 248-338-4250 x3700
Ongoing	Hispanic Substance Abuse Education Program for Spanish Speaking Clients.	Oakland Family Services 114 Orchard Lake Rd. Pontiac	Low cost/No cost	Oakland Family Services	Maria Huanes 248-858-2674 (Spanish) 248-858-7766 (English)

<b>DATES/TIMES</b>	<b>PROGRAM/TITLE</b>	<b>LOCATION</b>	<b>COST</b>	<b>SPONSORING ORGANIZATION</b>	<b>CONTACT PERSON AND PHONE</b>
Ongoing/12-week sessions three times per year. Please call for dates and times.	Pontiac Even Start-Hispanic family literacy. For parents of children ages 0 to 7.	Oakland Family Services 114 Orchard Lake Rd. Pontiac	Free for eligible families if Pontiac residents.	Oakland Family Services <a href="http://www.ofs-family.org">www.ofs-family.org</a>	Josie 248-858-7766 x280 For Spanish, call ext. 276, 280, or 282
Ongoing year round Monday-Friday 9:00 to 5:00 p.m.	Prenatal Care – Follow-up during pregnancy and delivery	Hispanic Outreach Services 295 W. Huron Pontiac	Please call	Catholic Social Services of Oakland County/Hispanic Outreach Services	Sara Radstake 248-338-4250 x3700
Ongoing/ three times a year Mondays and Wednesdays 6:00 to 8:00 p.m.	GED Diploma	Hispanic Outreach Services 295 W. Huron Pontiac	\$25	Catholic Social Services of Oakland County/Hispanic Outreach Services	Sara Radstake 248-338-4250 x3700
Ongoing/ twice a year 12 weeks Tuesdays 6:00 to 8:00 p.m.	Financial Literacy	Hispanic Outreach Services 295 W. Huron Pontiac	Please call Day Care available Includes Dinner	Catholic Social Services of Oakland County/Hispanic Outreach Services	Sara Radstake 248-338-4250 x3700
Ongoing Please call for dates and times	Puentes (Bridges) Substance abuse treatment for Hispanic adolescents and their families. Individual, family, or group. Voluntary or court-ordered.	Centro Multicultural La Familia 35 W. Huron Suite 500 Pontiac	No cost for substance abusers.	Centro Multicultural La Familia	Yobany Pardo 248-858-7800
Ongoing Please call for dates and times	Nuevos Horizontes (New Horizons) Substance abuse treatment for Hispanic adults. Individual, group, recovery, anger management, or life-skills. Voluntary or court-ordered.	Centro Multicultural La Familia 35 W. Huron Suite 500 Pontiac	No Cost Transportation available or home-based.	Centro Multicultural La Familia	Yobany Pardo 248-858-7800
Ongoing Thursdays 10:00-11:30 a.m.	(Programa F.A.M.I.L.I.A.) Los Rosas/To increase awareness of domestic violence and to support and empower families.	Centro Multicultural La Familia 35 W. Huron Suite 500 Pontiac	No Cost	Centro Multicultural La Familia	Blanca Mares or Michelle Murtagh 248-858-7800
Ongoing Tuesdays 5:30-7:00 p.m.	Domestic Abuse Intervention Program/Men's non-violence program.	Centro Multicultural La Familia 35 W. Huron Suite 500 Pontiac	Sliding scale fee.	Centro Multicultural La Familia	Blanca Mares 248-858-7800

<b>DATES/TIMES</b>	<b>PROGRAM/TITLE</b>	<b>LOCATION</b>	<b>COST</b>	<b>SPONSORING ORGANIZATION</b>	<b>CONTACT PERSON AND PHONE</b>
Ongoing Mondays & Wednesdays 5:30-7:00 p.m.	Hispanic Substance Abuse Psycho educational Groups for Spanish-speaking clients. Mental health and substance abuse issues.	Centro Multicultural La Familia 35 W. Huron Suite 500 Pontiac	No Cost	Centro Multicultural La Familia	Misael Rosario 248-858-7800
Ongoing Mondays 11:00-1:00 p.m.	Prenatal Education Class - for pregnant women or women wanting to get pregnant.	Centro Multicultural La Familia 35 W. Huron Suite 500 Pontiac	No Cost	Centro Multicultural La Familia	Teresa Rangel 248-335-5638 x9
Ongoing the third Wednesday of the month 10:30-11:30 a.m. Please call for information	Nurturing and Support Program/For Japanese-speaking mothers and children ages 0 to 5 years. Child development, encouragement, communication.	Kaleidoscope Family Forum P. O. Box 463 Farmington	\$10/per person \$5/materials	Kaleidoscope Family Forum	Kikuko McCandlish 248-848-1723 248-553-1973
Ongoing Please call for dates and times	S.T.E.P.-Systematic Training for Effective Parenting for Japanese-speaking parents of children ages 3-18 years.	Kaleidoscope Family Forum P. O. Box 463 Farmington	Please call for fee.	Kaleidoscope Family Forum	Kikuko McCandlish 248-848-1723 248-553-1973
Ongoing Monday, Wednesday & Thursday 10:00am-12:30 pm Monday & Wednesday 5:30-7:30 p.m.	Employment/Life Skills for employment. Individuals looking for a job/better job	Centro Multicultural La Familia 35 W. Huron Suite 500 Pontiac	Please Call	Job Link/Oakland Schools Centro Multicultural La Familia	Sonia Acosta, PhD 248-858-7800 ext 1002
Ongoing 6 times a year 12 week program Mondays to Fridays 10:00 a.m.-12:30 p.m.	Dare to be You – program in Spanish for parent of children 3 to 4 years old	Hispanic Outreach Services 295 W. Huron Pontiac	Please call	Hispanic Outreach Services	Gabriela Garcia-Torres 248-338-425 ext. 3707
Ongoing 5 times a year Mondays or Wednesdays 9:30 a.m.-11:30 a.m.	Love and Logic (Amor y Logica) – Parents class in Spanish	Hispanic Outreach Services 295 W. Huron Pontiac	Please call Transportation & Day Care available	Hispanic Outreach Services	Brenda Garza 248-338-4250 ext. 3700
Ongoing 3 times a year Please call for days and times	Computer Class in Spanish–teaching basic computer knowledge	Hispanic Outreach Services 295 W. Huron Pontiac	\$25	Hispanic Outreach Services	Brenda Garza 248-338-4250 ext. 3700
Please call for days and times	Adult Education–anyone 10 years and up to finish/continue basic education (elementary and middle school certification GED)	Hispanic Outreach Services 295 W. Huron Pontiac	Please call	Hispanic Outreach Services	Lilia Rivera 248-338-4250 ext. 3709

DATES/TIMES	PROGRAM/TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
10 week group sessions beginning: Thursday 5-7-09 and Thursday 5-21-09	Project Parent—for parents expecting their first child or for parents with their first child up to 4 months of age. Support during the critical period of adjustment and relationship building.	Healthy Start at St. Joseph Mercy Hospital 44428 Woodward Ave. Pontiac	No Cost	Healthy Start/Healthy Families Oakland	Teresa 248-858-6948 or Alejandra Barnes 248-840-3376

## ENGLISH LANGUAGE PARENTING CLASSES

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing every other month, beginning 5/01/07 Please call for dates and times	Tuesday Toddler Storytime For children ages 2 ½ to 3 ½. Fingerplay, songs, simple crafts.	Madison Heights City Hall 300 West 13 Mile Rd. Madison Heights	No Cost	Madison Heights Public Library	Amanda Gehrke 248-588-7763
Ongoing every other month beginning 5/03/07 Please call for dates and times	Preschool Storytime For children ages 3 ½ to 6. Stories, puppets, and crafts.	Madison Heights City Hall 300 W. 13 Mile Rd. Madison Heights	No Cost	Madison Heights Public Library	Alex Krentzin 248-588-7763
Ongoing Tuesdays 6:30-8:00 p.m.	Parenting Is A Tough Job! Circle of Parents program. A place to talk about parenting and share your positive parenting strategies for Birth to 18 year olds.	New Hope Missionary Baptist Church 23455 W. Nine Mile Rd. Southfield	No Cost	New Hope Missionary Baptist Church	Brenda Jenkins 248-353-0675
Ongoing Saturday's – every 8 weeks 1:00-2:30 p.m.	Parenting Skills 4 Life – Behavior Modification for Parents with children in school or at home	Common Ground 100 West Big Beaver Rd #200 Troy	\$20/per person Materials-Free	Common Ground	248-252-7334
Ongoing Please call for dates and times	S.T.O.P. (Strategic Therapeutic Options for Prevention) Domestic and intimate partner violence intervention.	JEC Counseling 196 Oakland Ave., Suite B201 Pontiac	\$85/per person \$25/materials	JEC Counseling	Chimere Winton Kareem Harris 248-253-0176
Ongoing Please call for dates and times.	A.S.A.P. (Adolescent Substance Abuse Program) Teen focused substance abuse program. Appropriate for court-ordered.	JEC Counseling 196 Oakland Ave., Suite B201 Pontiac	No Cost	JEC Counseling	Chimere Winton Kareem Harris 248-253-0176
Ongoing Please call for dates and times	Anger Management/For adults. Appropriate for court-ordered.	JEC Counseling 196 Oakland Ave., Suite B201 Pontiac	\$90/per person	JEC Counseling	Chimere Winton Kareem Harris 248-253-0176

<b>DATES/TIMES</b>	<b>PROGRAM TITLE</b>	<b>LOCATION</b>	<b>COST</b>	<b>SPONSORING ORGANIZATION</b>	<b>CONTACT PERSON AND PHONE</b>
Ongoing one hour weekly. Please call for days and times	Open Doors: Social Skills Group/For ages 5-15. After school games, role plays, art, activities, social skills.	William Beaumont Center for Human Development 1695 W. 12 Mile Rd., Berkley	\$65/per group	William Beaumont Center for Human Development	Nicole Pollack 248-703-1092
Ongoing six days per week. Please call for days and times	PlayAway: Drop-in playtime for 0-3 year olds and caregivers. Playroom activities for child development, parent support, social interaction.	Salter Community Center 1545 E. Lincoln Royal Oak	\$7/per family per visit using a \$35 5-visit punch card.	Royal Oak Recreation Dept. (can volunteer at Center for free classes)	Belinda Amner 248-635-6757
Ongoing two days per week Wednesdays & Fridays Please call for dates & times.	PlayAway: Independent Play Club for children ages 2-4.	Salter Community Center 1545 E. Lincoln Royal Oak	Please call for cost.	Royal Oak Recreation Dept.	Belinda Amner 248-635-6757
Ongoing Please call for information	Pregnancy Counseling & Supportive Services Counseling for women of all ages w/their partners & families regarding adoption & pregnancy choices.	Forever Families, Inc. 42400 W. Grand River Suite 101 Novi	No Cost	Forever Families, Inc.	Denise Weiss or Jean Stenzel 248-344-9606
Ongoing Please call for dates and times	Adoption Orientation/Parent Support Group/Adoption process, types of adoptions available, and parent support group.	Forever Families, Inc. 42400 W. Grand River Suite 101 Novi	No Cost	Forever Families, Inc.	Denise Weiss or Jean Stenzel 248-344-9606
Ongoing the 2 <sup>nd</sup> & 4th Tuesday of each month 8 session program 7:00-9:00 p.m.	Survivors of Suicide Support Group/ Non-judgmental emotional support, free expression, good listeners.	Common Ground Sanctuary 1410 S. Telegraph Bloomfield Hills	No Cost Please call to register.	Common Ground Sanctuary	Walk-in or call crisis line at 248-456-0909 or 800-231-1127.
Ongoing three to four times per year. Please call for dates and times	Traumatic Loss-Homicide Support and Education Group/Adult family members and friends who have lost someone to violence.	Common Ground Sanctuary 1410 S. Telegraph Bloomfield Hills	No Cost	Common Ground Sanctuary	Don Desnoyers 248-456-8158 x220
Ongoing Please call for dates and times	Domestic Abuse Support Group/Feel empowered in your relationship.	Common Ground Sanctuary 1410 S. Telegraph Rd. Bloomfield Hills	No Cost	Common Ground Sanctuary	Margo Eby 248-456-8158 x222 or Jo Elyn Nyman 248-456-8158 x218
Ongoing during the year Mondays 6:00-8:00 p.m.	Growth and Healing Group Ten-week empowerment group open to girls ages of 13-17 who have experienced childhood sexual abuse, date-rape, or incest.	Common Ground Sanctuary 1410 S. Telegraph Bloomfield Hills	No Cost Please call to register	Common Ground Sanctuary	Molly Suhr-Krycka 248-456-8137 ext. 121
Ongoing during school year Thursdays-8-week program. Please call for dates and times.	Girl's Healthy Relationship Group (ages 16-19) Learn about relationships, love.	Common Ground Sanctuary REALife 1229 S. Washington Royal Oak	No Cost	Common Ground Sanctuary	Heather Robert 248-336-9272 x208

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing Please call for dates and times	Substance Abuse Treatment Group for ages 17-25.	Gateway Counseling Center 1463 E. 12 Mile Rd. Madison Heights	Please call for cost.	Gateway Counseling Center	248-414-3382
Ongoing Please call for dates and times	Domestic Violence and Anger Management classes.	Gateway Counseling Center 1463 E. 12 Mile Rd. Madison Heights	Please call for cost.	Gateway Counseling Center	248-414-3382
Ongoing for 4 weeks Mondays/4:00-5:30 p.m. Tuesdays/4:00-5:30 p.m. Tuesdays/6:30-8:00 p.m. Wednesdays/4:00-5:30 Thursdays/4:00-5:30 p.m. Thursdays/6:30-8:00 p.m.	Learn How to 'Fight Right' An exciting plan for students and/or parents struggling in their efforts to 'get along'. A series of four workshops with the focus on conflict resolution.	West Bloomfield Medical Center Henry Ford Behavioral Health 6777 West Maple Rd. West Bloomfield	\$100/per 4 sessions	Henry Ford Health Systems	Marla Shissman 248-229-3786
Ongoing Tuesdays 5:00-7:00 p.m.	Alcohol First Offenders/Five-week educational program for individual with one alcohol-related offense.	Counseling & Assessment Associates 32969 Hamilton Court Suite 100/Farmington Hills	\$200/per person Materials included.	Counseling & Assessment Associates	Shawn Guideau 248-324-9744
Ongoing Thursdays 4:00-5:30 p.m.	Drugs/Alcohol Program Eight-week educational program for those with repeat alcohol/drug-related offenses.	Counseling & Assessment Associates 32969 Hamilton Court Ste. 100/Farmington Hills	\$250/per person	Counseling & Assessment Associates	Julie Woochuk 248-324-9744
Ongoing Wednesdays 5:30-8:30 p.m.	Aggression and Aggression-Substance Abuse/Twelve-week program/The first half of the evening is anger management; the second half is substance abuse.	Counseling & Assessment Associates 32969 Hamilton Court Ste. 100/Farmington Hills	\$350/per person for Aggression \$700/for Aggression & Sub. Abuse	Counseling & Assessment Associates	Julie Woochuk 248-324-9744
Ongoing Mondays-Adults 6:30-8:45 p.m. Wednesdays-Adolescents 7:30-9:00 p.m.	Anger Management/Twelve-week program/Learn to manage anger, stop violence, develop self-control, and receive support.	Clean House, Inc. 24750 Swanson Southfield	\$20/per session/\$12 session if paid in advance	Clean House, Inc.	248-357-0600
Ongoing Times and Days Vary – Please Call	Grandparents Raising Grandchildren – Group focus is grandparents raising grandchildren 55 years and up. Support and outings for family	O.L.H.S.A. 196 Cesar Chavez Ave. Pontiac	No Cost	OLHSA-Oakland Livingston Human Services Agency	Bette Thomas 248-396-8236
Ongoing Support Group Times & days vary-please call	Young Mothers Support Group	Oakland Livingston Human Services Agency 345 E. Nine Mile/Ferndale	No Cost	OLHSA-Oakland Livingston Human Services Agency	John Eric 248-542-5860

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing Part-time.	Maternal Child Health Advocate Program/In-home care, education, coordination for pregnant women and infants in Oakland County.	O.L.H.S.A. 196 Cesar Chavez Ave. Pontiac	No Cost	OLHSA-Oakland Livingston Human Service Agency	Shelia Smothers 248-451-1783
Ongoing Wednesdays 12:30 p.m.	Anger Management/Voluntary or court-ordered. Adult-focused. Number of sessions depends on individual or court.	Baldwin Center 212 Baldwin Pontiac	No cost for Pontiac residents.	Baldwin Center	Barbara Kelley 248-332-6101
Ongoing during school year. Mondays-Thursdays-Saturdays Please call for dates and times.	Baldwin Center/Tutoring and youth enrichment programs.	Baldwin Center 212 Baldwin Pontiac	No Cost	Baldwin Center	Christina Meli 248-332-6101
Ongoing Please call for information	Baldwin Center Summer Camp	Baldwin Center 212 Baldwin Pontiac	\$15 registration fee.	Baldwin Center	248-332-6101
Ongoing 12 sessions	Beaumont Healthy Kids Program – weight reductions for children 3-18 yrs. old through education. Multidisciplinary - psychologist, dietician, exercise physiologist	William Beaumont Hospital 4949 Coolidge Hwy Royal Oak	Please call for cost information.	William Beaumont Hospital	Dr. Wendy Miller 248-655-5900
Ongoing Please call for dates and times	Parenting Skills –promotes healthy and life affirming values, knowledge and interaction between parents and their children.	Health Brings Wealth 21900 Greenfield Suite 205/Oak Park	Please call for cost information.	Health Brings Wealth, LLC	Rita McClendon 248-967-9561
Ongoing Please call for dates and times	Offenders/Defenders Program- Education, counseling, responsibility, behavioral modification	Health Brings Wealth 21900 Greenfield Suite 205/Oak Park	Please call for cost information.	Health Brings Wealth, LLC	Nedra Lucas 248-967-9561
Ongoing Please call for dates and times	Family Counseling Support Group	Health Brings Wealth 21900 Greenfield Suite 205/Oak Park	Please call for cost information.	Health Brings Wealth, LLC	Nedra Lucas 248-967-9561
Ongoing Please call for dates and times	Anger Management/Substance Abuse Education	Health Brings Wealth 21900 Greenfield Suite 205/Oak Park	Please call for cost information.	Health Brings Wealth, LLC	Nedra Lucas 248-967-9561
Ongoing Please call for dates and times	Domestic Violence Program <b><i>Appropriate for a court-ordered program.</i></b>	Health Brings Wealth 21900 Greenfield Suite 205/Oak Park	Please call for cost information.	Health Brings Wealth, LLC	Nedra Lucas 248-967-9561
Ongoing Please call for dates and times	Working to Heal Survivors of Sexual Abuse-develop healing and recovery process.	Health Brings Wealth 21900 Greenfield Suite 205/Oak Park	Please call for cost information.	Health Brings Wealth, LLC	Nedra Lucas 248-967-9561

<b>DATES/TIMES</b>	<b>PROGRAM TITLE</b>	<b>LOCATION</b>	<b>COST</b>	<b>SPONSORING ORGANIZATION</b>	<b>CONTACT PERSON AND PHONE</b>
Ongoing 8-week program Thursdays 7:30-9:00 p.m.	Controlling Anger For teens 13-18 years old.	Perspectives Counseling Ctr. 2690 Crooks, Suite 300 Troy	Please call for cost.	Perspectives Counseling Center	Chandler Fleming 248-244-8644
Ongoing Wednesdays 7:45-9:00 p.m.	Social Skills Workshop For ages 12-18 years old.	Perspectives Counseling Ctr. 2690 Crooks, Suite 300 Troy	Please call for cost.	Perspectives Counseling Center	Malissa Wood 248-244-8644
Ongoing Please call for dates/times	Transitions: Divorce Recovery For children ages 5-12 years.	Perspectives Counseling Ctr. 2690 Crooks, Suite 300 Troy	Please call for cost.	Perspectives Counseling Center	Malissa Wood 248-244-8644
Ongoing Please call for dates and times.	S.H.A.R.E.S. Emotional wellness in youth ages 6-12 years old.	Perspectives Counseling Ctr. 2690 Crooks, Suite 300 Troy	Please call for cost.	Perspectives Counseling Center	Malissa Wood 248-244-8644
Ongoing-held on Saturdays Please call for dates and times	ADD/ADHD Management for 12-16 year olds.	Perspectives Counseling Ctr. 2690 Crooks, Suite 300 Troy	Please call for cost.	Perspectives Counseling Center	Beth 248-244-8644
Ongoing Please call for dates and times	Grief Support Group for 5-18 year olds.	Perspectives Counseling Ctr. 2690 Crooks, Suite 300 Troy	Please call for cost.	Perspectives Counseling Center	Terri Jerve 248-244-8644
Ongoing-held on Mondays Please call for dates and times	The Adolescent EDGE Program-For parents/Parent education on the topic of teen self-injury.	Perspectives Counseling Ctr. 2690 Crooks, Suite 300,Troy	Please call for cost.	Perspectives Counseling Center	Leslie Ayers 248-244-8644
Ongoing monthly Please call for dates Wednesdays/7:00-9:00 p.m.	As Your Baby Grows: Terrific Toddler/Developmental tasks of toddlers ages one to three.	Barnum Center 746 Purdy Birmingham	\$20/per couple	Beaumont Hospitals Community Health Education	Beaumont Physician Referral Services 800-633-7377
Ongoing monthly Please call for dates Wednesdays/7:00-9:00 p.m.	As Your Baby Grows: Infancy 101/Child development from birth to six months.	Barnum Center 746 Purdy Birmingham	\$20/per couple	Beaumont Hospitals Community Health Education	Beaumont Physician Referral Services 800-633-7377
Ongoing monthly Please call for dates Wednesdays/7:00-9:00 p.m.	As Your Baby Grows: Infancy 201/Child development from six to twelve months.	Barnum Center 746 Purdy Birmingham	\$20/per couple	Beaumont Hospitals Community Health Education	Beaumont Physician Referral Services 800-633-7377
Ongoing	Wills, Guardianship and Financial Planning	Wm. Beaumont Hospital 3601 W. Thirteen Mile Royal Oak	\$10/per family	William Beaumont Hospital	1-800-633-7377
Ongoing Drop-In or Phone Call	Ferndale Parent Resource Center/For parents of children birth to 18 years. Parenting information, lending library, drop- in support, referral information.	Gerry Kulick Community Center 1201 Livernois Ferndale	No Cost	Ferndale Youth Assistance Southeast Oakland Coalition	Ferndale Youth Assistance 248-586-8700

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing Dates/times arranged with families	Healthy Start Healthy Families Oakland/In-home parent education & support for parents of children under 5 years old. Goal-setting, developmental screening, resources.	Central Office 44405 Woodward H-19 Pontiac	No Cost	St. Joseph Mercy Oakland	Nancy Kirsh 248-335-5638 x7
Ongoing the second Monday of each month in Pontiac 10:30-11:30 a.m. And the second Thursday each month in South Lyon 5:30-7:30 p.m.	Kinship Support Services For relative caregivers of minor children. Case management and support groups.	Held each month at Pontiac and South Lyon locations.	No Cost Free child care.	Catholic Social Services of Oakland County	Charlotte Webster 248-334-3595 x3225
Ongoing July-December Mondays 7:00-8:00 p.m.	Post Adoption Support Services Adoptive parents networking meeting.	Held at alternating Auburn Hills and Southfield locations. Please call for information.	No Cost	Catholic Social Services of Oakland County	Lisa Malloy 248-334-3595 x3228
Ongoing Please call for information	Anger Management Group for Adults/Self-awareness, stress management, communication skills, anger management.	Catholic Social Services 1424 E. Eleven Mile Rd Royal Oak	Please call for information.	Catholic Social Services of Oakland County	Wendy Suitt 248-548-4044 x3109
Ongoing Thursdays 5:00-6:30 p.m. Please call for information	Anger Management Group for Adults/Self-awareness, stress management, communication skills, anger management.	Catholic Social Services 6637 Highland Rd. Waterford	Please call for information.	Catholic Social Services of Oakland County	248-666-8870
Ongoing Thursdays 6:00-7:30 p.m.	Parenting Classes-development/ learning stages from birth to teens, discipline, consequences, praise, self-control & communication skills	White Rose Academy 1221 East Avon Road Rochester	\$10 per class	Deborah's Mocerri Agency, LLC	Deborah Mocerri 248-650-7999 or email dmocerri29@comcast.net
Mondays 9-20-10 through 11-1-10 7:00 p.m. - 9:00 p.m. six sessions	Active Parenting Now Parenting techniques and tips for parents of children 5-12 years old. Improve communication with children, diffuse power struggles, teach responsibility and other important values	Stone Haven Free Methodist Church 1349 W. Wattles Rd. Troy	\$15.00 per person \$20.00 per couple Workbook \$15.00(optional) Babysitting available (advanced registration)	Troy Youth Assistance	Troy Youth Assistance 248-823-5095

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing Tuesdays 6:30-8:00 p.m.	Active Parenting Now Parenting techniques and tips for parents of children 5-12 years old.	Our Lady of LaSalette 2600 Harvard Berkley	\$10/per session	Catholic Social Services of Oakland County	248-548-4044
Ongoing-the 2 <sup>nd</sup> & 4 <sup>th</sup> Saturday of each month 9:00 a.m.-3:30 p.m.	Foster Care Orientation and Training	St. Francis Family Center 17500 W. Eight Mile Southfield	No Cost	Catholic Social Services of Oakland County	Opal Moorer 248-552-0750 x221
Ongoing Monday-Thursday 10:00 a.m.–1:00 p.m. and home visits	Hazel Park Even Start Family literacy program for those in need of high school diplomas & w/children.	Webster School 431 W. Jarvis Hazel Park	No Cost	Catholic Social Services of Oakland County and Hazel Park Public Schools	Bernadette Ethridge 248-586-1423
Ongoing-8-week classes Wednesdays 6:30-8:00 p.m. Please call for dates	Parent Partner Childbirth education for pregnant teens.	Catholic Social Services 53 Franklin Blvd. Pontiac	No Cost	Catholic Social Services of Oakland County	Janet Popp 248-334-3595 x3235
Ongoing Thursday evenings 6:00-7:30 p.m. Please call for start dates	Parenting Under Stress/Positive parenting and nonviolent discipline techniques.	Catholic Social Services 53 Franklin Blvd. Pontiac (between Huron & Orchard Lake)	\$5/per session Pre-registration required.	Catholic Social Svs. of Oakland County-Oakland Partners with United Way	Peggy Akrigg 248-334-3595 x3229
Ongoing Thursday evenings 6:00-7:30 p.m. 4 twelve week sessions per year	Parenting Under Stress-for parents with children of all ages (7 to 17). Strategies based on 4 basis principles: expectations, behavior, communication, and discipline	Catholic Social Services 76 Williams St. Pontiac	\$10/per person per session Pre-registration required.	Catholic Social Svs. of Oakland County-Oakland Partners with United Way	Peggy Akrigg 248-334-3595 x3229
Ongoing-10-week series Wednesday evenings from 6:30-8:00 p.m. Please call for start dates	Parenting Classes Build and Improve Your Parenting: 10-Week Parenting Series.	Sheltering Arms 18310 W. Twelve Mile Rd. Southfield	\$10/per session Pre-registration required.	Catholic Social Svs. of Oakland County-Oakland Partners with United Way	Kim Rush 248-334-3595
Ongoing Saturdays 1:00 p.m. – 2:30 p.m.	Parenting Skills 4 Life – behavior modification program. Parent focused – children with behavior problems	Parenting Skills 4 Life Southfield, MI	\$160 per person \$240 per couple	Parenting Skills 4 Life Southfield MI	Charlette Adams 248-252-7334 <a href="mailto:cadams@commongroundhelp.org">cadams@commongroundhelp.org</a>
Ongoing Open enrollment	Teen/Parent Services/Home- based family support program.	Catholic Social Services 53 Franklin Blvd. Pontiac	No Cost	Catholic Social Svs. of Oakland County	Janet Popp 248-334-3595 x3235
Ongoing Day/Time varies, Please call for information	Anger Management-Adults. Focus on strategies to manage anger and its impact on life. For 18 yrs and older	Catholic Social Services 1424 E. 11 Mile Rd. Royal Oak	\$25/group	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044

<b>DATES/TIMES</b>	<b>PROGRAM TITLE</b>	<b>LOCATION</b>	<b>COST</b>	<b>SPONSORING ORGANIZATION</b>	<b>CONTACT PERSON AND PHONE</b>
Ongoing Tuesdays 7:30 p.m. – 8:45 p.m.	Anger Management. Focus on strategies to manage anger and its impact on you daily life for 17 yrs and older	Catholic Social Services 6637 Highland Rd. Waterford	\$25/group	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Day/Time varies, Please call for information	Seeing Red-Anger Management for Children. Teaching children how to control/manage their anger and frustration. For 6-8 & 9-11 yr olds	Catholic Social Services 1424 E. 11 Mile Rd. Royal Oak	\$15/group	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Day/Time varies, Please call for information	Adolescent Anger Management. Anger management strategies for teens ages 13-16 years old.	Catholic Social Services 1424 E. 11 Mile Rd. Royal Oak	\$15/group	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Day/Time varies, Please call for information	Being a Girl. Group that addresses the issues of teen girls. For 14-17 yr olds	Catholic Social Services 1424 E. 11 Mile Rd. Royal Oak	Please call for cost	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Day/Time varies, Please call for information	Children in Charge: Grief, Loss and Change. Helping children cope with grief, loss & change in their lives. For 6-8 and 9-12 yr olds	Catholic Social Services 1424 E. 11 Mile Rd. Royal Oak	\$10/group	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Day/Time varies, Please call for information	Friends Club. Social skills group for younger children ages 5-7 years old	Catholic Social Services 1424 E. 11 Mile Rd. Royal Oak	Please call for cost	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Day/Time varies, Please call for information	Jump Start – Substance abuse program for first offenders aged 18 years and older	Catholic Social Services 1424 E. 11 Mile Rd. Royal Oak	\$200/group	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Mondays 5:50 p.m.– 7:20 p.m.	Substance Abuse – Level I. Introduction to Substance Abuse. Substance abuse process group that assists with prevention strategies for 18 yrs and older	Catholic Social Services 6637 Highland Rd Waterford	\$40/group	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Wednesdays 6:30 p.m.– 8:00 p.m.	Substance Abuse – Level I. Introduction to Substance Abuse. Substance abuse process group that looks at prevention strategies for 18 yrs and older	Catholic Social Services 1424 E. 11 Mile Rd. Royal Oak	Please call for cost	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Day/Time varies, Please call for information	Substance Abuse – Level I. Introduction to Substance Abuse. Substance abuse process group that assists with prevention strategies for 18 yrs and older	Sacred Heart Church 3300 S. Adams Auburn Hills	Please call for cost	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044

<b>DATES/TIMES</b>	<b>PROGRAM TITLE</b>	<b>LOCATION</b>	<b>COST</b>	<b>SPONSORING ORGANIZATION</b>	<b>CONTACT PERSON AND PHONE</b>
Ongoing Day/Time varies, Please call for information	Substance Abuse for Teens–Level I. Substance Abuse for teens 13-16 years old that is prevention oriented	Catholic Social Services 1424 E. 11 Mile Rd. Royal Oak	Please call for cost	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Day/Time varies, Please call for information	Substance Abuse – Level II. Substance Abuse group for those in recovery who want assistance maintaining their recovery. For 18 yrs and older	Sacred Heart Church 3300 S. Adams Auburn Hills	Please call for cost	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Mondays 6:30 p.m.– 8:00 p.m.	Substance Abuse – Level II. Substance Abuse group for those in recovery who want assistance maintaining their recovery. For 18 yrs and older	Catholic Social Services 1424 E. 11 Mile Rd. Royal Oak	Please call for cost	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Mondays 7:30 p.m.– 9:00 p.m.	Substance Abuse – Level II. Substance Abuse group for those in recovery who want assistance maintaining their recovery. For 18 yrs and older	Catholic Social Services 6637 Highland Rd Waterford	\$40/group	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Wednesdays 6:00 p.m.– 7:30 p.m.	Women's Group-Substance Abuse. Support and treatment group for women ages 18 years and older.	Catholic Social Services 6637 Highland Rd Waterford	\$40/group	Catholic Social Svs. of Oakland County	Intake Dept 248-548-4044
Ongoing Please call for dates and times	Plan A (For Abstinence)/Abstinence program for parenting teen girls ages 12-18.	Bethany Christian Services 30685 Barrington, Suite 140 Madison Heights	No Cost	Bethany Christian Services	Missy Parker 248-414-4080
Ongoing Monday-Friday 8:00 a.m.-5:00 p.m.	Pregnancy Counseling/ Counseling and pregnancy assistance, resources and options available, adoption counseling.	Bethany Christian Services 30685 Barrington, Suite 140 Madison Heights	No Cost	Bethany Christian Services	Dawn Baker 248-414-4080
Ongoing/Mondays 6:00-7:00 p.m. Please call for next available class	A support and education group for teens struggling with tobacco, alcohol, drugs, & other peer-related issues.	Huron Valley Youth Assistance 5061 Duck Lake Rd. Highland	\$50/per person in-district	Huron Valley Youth Assistance \$150/per person out of district	248-676-8492
Ongoing Saturdays 12:00-1:30 p.m.	Survivors Group/For adult survivors of childhood sexual abuse. New ways to heal and to grow.	HAVEN Please call for location.	Please call for information.	HAVEN	Anne Sutton 248-334-1284 x155

<b>DATES/TIMES</b>	<b>PROGRAM TITLE</b>	<b>LOCATION</b>	<b>COST</b>	<b>SPONSORING ORGANIZATION</b>	<b>CONTACT PERSON AND PHONE</b>
Ongoing two days a week. Please call for dates and times.	Child Witness of Domestic Violence	HAVEN P. O. Box 431045, Pontiac	\$2/per person \$5/per family	HAVEN	Angela Brenz 248-334-1284 x384 Rick Fisher 248-334-1274
Ongoing January-July Please call for dates and times	Dynamic Dads-Support & Education for fathers of children who have delays, disabilities or developmental concerns.	Various locations in Oakland County	No Cost	Oakland Family Services	Craig Stone 248-858-7766 x 330 or Kevin Zoromski 248-858-7766 x 318
Ongoing by appointment Please call for dates and times	Focus on Fatherhood – Support & Education for any fathers or father figures	Oakland Family Services 114 Orchard Lake Rd. Pontiac	No Cost	Oakland Family Services	Carlton Elam 248-858-7766 x339
Ongoing Please call for dates and times	Fathers Resource/Support and education for fathers parenting children with delays and disabilities.	Various locations in Oakland County	\$15/per week	Oakland Family Services	Luginia Srygley 248-858-7766 x257
Ongoing	Pregnancy Counseling Affiliated	Oakland Family Services 114 Orchard Lake Rd., Pontiac	No Cost	Oakland Family Services	Janet McDonald 248-858-7766 x248
Ongoing	Foster Care Orientation/Learn more about fostering, state and agency regulations, and how you can apply to be a foster parent.	Oakland Family Services 114 Orchard Lake Rd. Pontiac	No Cost	Oakland Family Services	Pam Bejnar 248-858-7766 x236
Ongoing Please call for dates and times	Adoption Orientation Learn more about the adoption process and how to get started.	Oakland Family Service 114 Orchard Lake Rd. Pontiac	No Cost	Oakland Family Services	Pam Bejnar 248-858-7766 x236
Ongoing	The Fussy Baby Program	Home-based service.	Sliding Scale	Oakland Family Services	Esther Lee 248-858-7766 x209
Ongoing Please call for details	Early On Assessment and Individual Family Service Planning/For families with children ages 0-3 years.	Home-based service in Northeast, Northwest, and Southwest Oakland County.	No Cost	Oakland Family Services	Esther Lee 248-858-7766 x209
Ongoing Tuesdays 6:30-8:00 p.m.	Effective Parenting Eight-week program.	Oakland Family Services 2351 W. Twelve Mile Rd., Berkley	\$20/per class	Oakland Family Services	Linda Coleman 248-544-4004
Ongoing. Please call for dates and times	CHAMPS – prevention program for children 1 <sup>st</sup> – 5 <sup>th</sup> grades.	Various locations in Oakland County – call for details	No Cost	Oakland Family Services	Esther Lee 248-858-7766 x209

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing Tuesday afternoons from 12:00-1:30 p.m.	Women's Positive Parenting Group/For substance-abusing women with or without custody of children. Must be in treatment with PRISM program.	Oakland Family Services 114 Orchard Lake Rd. Pontiac	No Cost	Oakland Family Services	Erika Alexander 248-858-7766 x279
Ongoing Year-round Please call for dates and times	Adventure Center Activities designed to build family unity. Families, father-son, mother-daughter, mentors.	Crossroads for Youth 930 E. Drahnner Rd. Oxford	Please call for information.	Crossroads For Youth	Joshua Best 248-628-2561 x248
Ongoing	Boo-Boos, Bumps, and Bruises	Wm Beaumont Hospital 3601 W. Thirteen Mile Royal Oak	\$10/per family	William Beaumont Hospital	1-800-633-7377
Ongoing	Infant Massage/Please bring blanket. No siblings please.	Wm Beaumont Hospital Troy	\$40/per couple	William Beaumont Hospital	1-800-633-7377
Ongoing	Baby Care and Safety	Wm Beaumont Hospital Royal Oak and Troy locations.	\$30/per couple	William Beaumont Hospital	1-800-633-7377
Ongoing Please call for dates, times and locations	CPR for Family and Friend	Various locations. American Heart Association Instructors.	\$30/per person	William Beaumont Hospital	1-800-633-7377
Ongoing-1 <sup>st</sup> Monday of each month. 7:00-9:00 p.m.	CHADD: Support Group for Children & Adults with Attention Deficit Disorder.	Way Elementary School 765 W. Long Lake Rd. Bloomfield Hills	\$5/per family or membership in CHADD-\$45 yr.	CHADD <a href="http://www.eocc.homestead.com">www.eocc.homestead.com</a>	Dr. Fran Parker 248-932-2500
Ongoing Wednesdays 6:45-8:15 p.m.	Clarkston Free Methodist Youth Group	Clarkston Free Methodist Church 5482 Winnell Clarkston, MI	No Cost	Clarkston Free Methodist Church	Amy Horvath or Chris 248-623-1224
Ongoing Please call for information	Women's Issues Group Emotional and spiritual healing from childhood sexual abuse.	Crossroads Pregnancy Center/3205 South Blvd. Auburn Hills	No Cost	Crossroads Pregnancy Center	Tinker Johnston 248-293-0070
Ongoing Please call for information	Post-Abortion Support Group	Crossroads Pregnancy Center/3205 South Blvd. Auburn Hills	No Cost	Crossroads Pregnancy Center	Tinker Johnston 248-293-0070
Ongoing Please call for information	Childbirth Preparation and Newborn Care Classes	Crossroads Pregnancy Center/3205 South Blvd. Auburn Hills	No Cost	Crossroads Pregnancy Center	Tinker Johnston 248-293-0070

<b>DATES/TIMES</b>	<b>PROGRAM TITLE</b>	<b>LOCATION</b>	<b>COST</b>	<b>SPONSORING ORGANIZATION</b>	<b>CONTACT PERSON AND PHONE</b>
Ongoing Please call for information	Abstinence Education	Crossroads Pregnancy Center/3205 South Blvd. Auburn Hills	No Cost	Crossroads Pregnancy Center	Tinker Johnston 248-293-0070
Ongoing	Pregnancy Counseling and Pregnancy Assistance	Crossroads Pregnancy Center/3205 South Blvd. Auburn Hills	No Cost	Crossroads Pregnancy Center	248-293-0070
Ongoing the second Monday of each month 6:30-9:00 p.m.	Young Moms Support Group	Meadowbrook Christian Church/2741 Walton Blvd. Rochester Hills	No Cost	Crossroads Pregnancy Center	248-293-0070
Ongoing meetings the 4th Thursday of the month. Please call for times.	New Moms Support Group	Providence Hospital 16001 W. 9 Mile Rd. Southfield	No Cost	Providence Hospital	877-345-5500(toll free) or Jennifer Gargain 248-849-3919
Ongoing monthly classes. Please call for registration information.	Baby Care Basics	Providence Hospital Southfield, Livonia	\$20/per couple	Providence Hospital	877-345-5500 (toll free)
Ongoing every other Thursday 6:30-8:00 p.m.	Parent Support Group for early onset of bi-polar disorder in children.	Havenwyck Hospital 1525 University Drive Auburn Hills	No Cost	Havenwyck Hospital	248-373-9200
Ongoing Wed. evenings from 6:00-7:00 p.m. and Sat. 12:30-1:30 p.m.	Parent Support Group for parents of patients.	Havenwyck Hospital 1525 University Drive Auburn Hills	No Cost	Havenwyck Hospital	248-373-9200 Adolescent Unit
Ongoing Please call for dates and times	Foster Parent Orientation Overview of fostering and the rules and policies regarding foster care.	Childhelp Michigan 21455 Melrose Ave., Bldg. R Suite 1/Southfield	No Cost	Childhelp Michigan	248-353-0921
Ongoing Please call for dates and times.	Foster Parent Orientation Brief overview of fostering and the rules and regulations associated with foster care.	Orchards Children's Services 30215 Southfield Rd. Southfield	No Cost Please call to register.	Orchards Children's Services	Kamisha Brady 248-593-2167
Ongoing Please call for dates and times	Foster and Adoptive Parent Support Group/For foster and adoptive parents.	Orchards Children's Services 30215 Southfield Rd. Southfield	No Cost Please call to register.	Orchards Children's Services	Kamisha Brady 248-593-2167
Ongoing Please call for dates and times	Adoption Orientation	Orchards Children's Services 30215 Southfield Rd Southfield	No Cost	Orchards Children's Services	Jennifer Vandermark 248-593-2172
Ongoing during the school year. Please call for dates, times and locations.	Parent to Parent Workshops- Drug Prevention Class Parenting With Love and Logic	Birmingham and Bloomfield Hills Schools/\$10/per person/\$15/per couple workbook only.	\$30/per person \$35/per couple tapes & book.	Building Better Families through Action	Linda Beyer 248-341-6340

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing Monday-Friday 9:00 a.m.-5:00 p.m. 24-hour assistance available	Adoption Counseling for Unplanned Pregnancy/Locate prenatal resources, assistance from pregnancy through adoption.	Adoption Associates, Inc. 26105 Orchard Lake Rd. Suite 301, Farmington Hills Or will go out to meet moms.	No Cost	Adoption Associates, Inc.	Beth Barnes 248-474-0990
Ongoing 2 <sup>nd</sup> Thursday of the month 7:00 p.m.	Birth Parent Support Group Support for birth parents who are pregnant and planning adoption and who have made a voluntary adoption plan for their child/infant.	Adoption Associates, Inc. 26105 Orchard Lake Rd. Suite 301 Farmington Hills	No Cost	Adoption Associates, Inc.	Dawn Jacobs 248-474-0990 or Elizabeth Gabel 877-257-3591
Ongoing Evenings, 12 times per yr. 7:00-9:00 p.m.	Domestic Infant/International Adoption/For prospective, adoptive parents-either domestic or international adoption.	Adoption Associates, Inc. 26105 Orchard Lake Rd. Suite 301 Farmington Hills	No Cost	Adoption Associates, Inc.	Beth Barnes 248-474-0990
Ongoing the 3 <sup>rd</sup> Tuesday every other month. 6:00-8:00 p.m.	Adoption Orientation	Lutheran Adoption Services 21700 Northwestern Suite 1490/Southfield	No Cost	Lutheran Adoption Service	Pamela Ferguson 248-423-2770
Ongoing quarterly Please call for dates and times	Post Adoption Parent Support Group	Oakland Family Services 114 Orchard Lake Rd. Pontiac	No Cost	Oakland Family Services	Kathleen Newman-Boughton 248-858-7215 x255
Ongoing – held monthly Please call for dates and times	Adoption Orientation Domestic, infant, older, special needs, and international.	Bethany Christian Services 30685 Barrington St. Ste. 140 Madison Heights	No Cost	Bethany Christian Services <a href="http://www.bethany.org">www.bethany.org</a>	Deborah or Tina 248-414-4080
Ongoing Please call for appointment	Breastfeeding Support Services One-on-one appointment with the Lactation Consultant.	Crittenton Hospital Medical Center/1101 University Rochester	\$75/per hour	Crittenton Hospital Community Health and Education Dept.	248-652-5269
Ongoing once a month	Safe Babysitter/Basic skills such as diapering, infant care, choking, calling 911, role-playing situations.	Crittenton Hospital Medical Center/1101 University Rochester	\$25/per person	Crittenton Hospital Community Health and Education Dept.	248-652-5269
Ongoing in 3-week sessions	Infant Massage <a href="http://my.oakgov.com/sites/hr/Training/Pages/On-LineRegistration.aspx">http://my.oakgov.com/sites/hr/Training/Pages/On-LineRegistration.aspx</a>	Crittenton Hospital Medical Center/1101 University Rochester	\$40/per family	Crittenton Hospital Community Health and Education Dept.	248-652-5269
Ongoing	CPR for Family and Friends or Infant/Child Certified American Heart Association instructor.	Crittenton Hospital Medical Center/1101 University Rochester	Please call for cost.	Crittenton Hospital Community Health and Education Dept.	248-652-5269
Ongoing once a month	Parent Night Out Parenting topics.	Crittenton Hospital Medical Center/1101 University Rochester	\$10/per family	Crittenton Hospital Community Health and Education Dept.	248-652-5269

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing-weeknight evenings once a month 6:30-8:30 p.m. Please call for dates	Mothers & Daughters: Exploring Changes (class on puberty)	Crittenton Hospital Medical Center/1101 University Rochester	\$10/per family	Crittenton Hospital Community Health and Education Dept.	Karen Pfeffer 248-652-5269
Ongoing Thursday mornings and some evenings. Please call for dates and times	Streetwise Parenting 6:30-8:30 p.m. For parents in Troy & surrounding areas. Tips from parents who have been through current teen issues.	Steamers Troy Public Library 550 W. Big Beaver Rd. Troy	No Cost SAFE HOMES welcomes free-will donations!	Troy Families for SAFE HOMES Bring a friend!	Sherry St. Cyr 248-643-6708
Ongoing Thursdays 8:00-9:00 p.m.	Parenting Support Group Parent-focused on teen substance abuse.	New Hudson United Methodist Church 56730 Grand River New Hudson	No Cost	Lyon Area Substance Abuse Prevention Coalition	Maryann Mihalik 248-437-5815
Ongoing 4 times a year-January, March, August, & Nov.	Teens Accepting Responsibility for Parenting (Ages 14-18) Teen Parent Alternative Ed Program.	Community Educational Resource Center 455 E. Scripps Rd./Lake Orion	No Cost	Lake Orion Community Schools	Lauren Sanborn 248-693-5450
Ongoing 10 & 12-week sessions Thursday mornings 9:45-11:00 a.m. and Fridays 10-11:15 a.m.	Parent-Tot Playgroup/A variety of social, physical, and cognitive activities.	Congregation Beth Shalom 14601 W. Lincoln Oak Park	\$140/per person for members \$160 for non-members	Congregation Beth Shalom	Susan Gartenberg 248-547-7970
Ongoing for 10-weeks. Please call for dates and times	Art and Motion Creative Movement For 2-3 year olds.	Congregation Beth Shalom 14601 W. Lincoln, Oak Park	\$120/members \$135/non-members	Congregation Beth Shalom	Susan Gartenberg 248-547-7970
Ongoing monthly-for adolescents and parents. Saturdays 12:30-2:30 p.m.	Are You Concerned? For youth under 18 and their parent(s) or guardians. May meet any Youth Assistance or school mandated educational requirement. Not appropriate for under age 12.	Maple Grove Center 6773 West Maple Rd. West Bloomfield	No Cost <i>Must register by Friday prior to the Sat. session. Drop- ins not allowed.</i>	Maple Grove Community Education	248-661-6170
Ongoing monthly-for adults Saturdays 9:30-11:30 a.m.	Are You Concerned? For parents and other adults, 19 and over who are concerned about an adult's use of alcohol or other drugs.	Maple Grove Center 6773 West Maple Rd. West Bloomfield	No Cost <i>Must register by Friday prior to the Sat. session.</i>	Maple Grove Community Education	248-661-6170
Ongoing- fall, winter, and summer. Eight-week programs. Please call for dates and times	Maple Grove Children's Program & Summer Camp Program/Held at different locations. For children K-12 dealing with substance abuse/mental stress in the home.	Maple Grove Community Education 6773 West Maple Rd. West Bloomfield Also at other locations.	No Cost	Henry Ford Behavioral Health	Betty Conger, Kitty Burch, or Suzanne Brooks 248-661-6170 mce_cp@hfhs.org
Ongoing Monday evenings 7:30-9:30 p.m.	Adolescent Groups focusing on depression, anxiety, and relationships.	Perspectives of Troy Counseling/2690 Crooks Suite 300, Troy	\$50/per person per week	Perspectives of Troy	Leslie Ayers 248-244-8644

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing Monday-Friday Friday by Appointment 9:00 a.m. to-7:00 p.m.	Academic, Social and Emotional Skill Development for children, adolescents, and adults in a quiet private setting.	4000 Crooks Rd. Suite 203. Royal Oak	\$55/per person \$85/per couple or family	Healthy Family Development Center	Shanna D. Burrell 248-298-0180
Ongoing Mondays 7:00-8:30 p.m. Tuesdays 10:00-11:30 a.m.	Postpartum Adjustment Program - Support group for mothers with postpartum mood disorders. Ages 18-45.	<u>Mondays:</u> 1701 South Blvd. East #200, Rochester Hills <u>Tuesdays:</u> 1388 Anderson, Clawson	No Cost Registration requested but not required	Tree of Hope Foundation and Beaumont Hospitals	Deanna Robb 248-551-1455
Ongoing	Breastfeeding & Beyond-Taught by Oakland County Public Health Nurse. Solve common problems: sleeping through night, growth spurts,teething	Call for location	No Cost	Oakland County Health Division	248-858-4003 or toll free 1-888-350-0900 Ext 84003
Ongoing	Expectant Parent Classes – Preparing for childbirth, labor and delivery, care of newborn, breastfeeding and bottle feeding.	Call for location	\$25.	Oakland County Health Division	248-858-4003 or toll free 1-888-350-0900 Ext 84003
Ongoing	Maple Grove Children’s Program- education and support program for children, teens, parents and caregivers. Program to help children ages 5-17 learn skills needed to make safe decisions.	Call for location	No Cost	Maple Grove Community Education	248-661-6100 or 734-282-5497 <a href="mailto:mce_cp@hfhs.org">mce_cp@hfhs.org</a>
Ongoing Thursdays 11:00 a.m.	Spanish Language Storytime - Stories & songs, fingerplays for children 5 yrs & under with caregiver.	Pontiac Public Library 60 E. Pike Street Pontiac	No Cost	Pontiac Public Library	Heather Raymond 248-758-3938
Ongoing 6 week sessions Tuesdays 4:00-5:30 p.m.	Get A Job Get Ahead – Adult ed, teens – career prep 6-10 per class.	Baldwin Center 212 Baldwin Ave. Pontiac	No Cost	Baldwin Center	Crystal Green 248-332-6101
Ongoing Monthly – 2 hr. Workshop Monday & Saturday please call for times & info	Love and Logic Workshops – Strategies for effective parenting for parents of children ages 2-18.	Sage Counseling Services 30300 Telegraph Rd. Suite 125 Bingham Farms	\$30 per person \$50 per couple Class is limited to 20	Sage Counseling Services, PLLC	Bridget Kramer 734-558-1616
Ongoing Monthly 4 <sup>th</sup> Thursday every month	Daughters’ of Jacob Inc Support Group for Women – Support group for women who have survived childhood sexual abuse. Survivor focused/spiritually based	Please call for location	No Cost	The Daughters’ of Jacob, Inc.	Cheron M. Small 248-495-9113

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Ongoing thru year Wednesdays 7:00 – 9:00 p.m. 4 week series	Reconnect with Food – Eating disorder awareness, prevention, group support, Yoga for teens and adults interested in exploring their relationship with food, body image and emotions	Inner Door Center 317 E. Eleven Mile Rd. Royal Oak	\$179 per series	Inner Door Center <a href="http://www.innerdoorcenter.com">www.innerdoorcenter.com</a>	248-390-4150 Beverly Price
Ongoing weekly Tuesdays 7:00 – 8:30 p.m. 8 consecutive sessions	Clean Slate – Alcohol rehab/ substance abuse. Comprehensive program including education, intervention and yoga for court referred DUI's.	Inner Door Center 317 E. Eleven Mile Rd. Royal Oak	\$275	Inner Door Center <a href="http://www.innerdoorcenter.com">www.innerdoorcenter.com</a>	248-390-4150 Beverly Price
Ongoing thru year Mondays Call for times	Parenting 101 – learn new parenting skills and improve your relationships- for adults.	Inner Door Center 317 E. Eleven Mile Rd. Royal Oak	Please call 3 week series offered all year	Inner Door Center <a href="http://www.innerdoorcenter.com">www.innerdoorcenter.com</a>	248-990-1902 Ruth Z
Ongoing thru year Monday – Friday 8:30 p.m. – 5:30 p.m.	Breastfeeding Initiative-Mother-to-Mother Program –year round Pre and Post Breastfeeding counsel for Pregnant and Breastfeeding moms ages Teen through Adulthood.	Michigan State Univ. Extension Oakland County 1200 N. Telegraph Rd. Bldg 26E Pontiac	Free	Michigan State University Extension Oakland County	248-858-0912 Inger Blair & Maria Del Real
Ongoing every Friday 7:00 – 8:15 p.m.	Donation Based Yoga – Yoga donations help support the Prazamana Foundation for eating disorders.	Inner Door Center 317 E. Eleven Mile Rd. Royal Oak	Donation	Inner Door Center	Mark Martino 248-336-2868
8 weeks Mondays 5:30-6:30 p.m.	Young Men's Group: Stopping Violence and Building Hope. For young men ages 13-17 struggling with expression of their anger, use of abusive behavior.	HAVEN 2550 S. Telegraph Rd., Ste. 111 Bloomfield	Fee: Sliding Scale	HAVEN	248-334-1284 ext. 387
8 weeks Wednesdays 5:00-6:30 p.m.	Young Women's Support Group for Survivors of Sexual Assault. How to cope, address fears, self-esteem. Grouped by 17-20, 13-16 & 8-12 yr	HAVEN Please call	Please call	HAVEN	Carli 248-334-1284 ext. 389
7 weeks 7:30-9:00 p.m. Monday	S.T.E.P. (Systematic Training for Effective Parenting)-Early Childhood/For parents of children under 6. Behavior, self-esteem, cooperation, communication, discipline, and child development.	First Congregational Church UCC 1315 N. Pine Rochester	\$90/per household  \$15 additional for book	Rochester Community Schools/For information, Rochester Area YA- 656-3558.	Barbara Barnes 248-651-9097

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
8 weeks 7:30-9:00 p.m. Thursday	S.T.E.P. (Systematic Training for Effective Parenting) and S.T.E.P.-TEEN/For parents of elementary and secondary children. Behavior, self-esteem, communication, cooperation, and discipline.	First Congregational Church UCC 1315 N. Pine Rochester	\$100/per household  \$15 additional for book	Rochester Community Schools/For scholarship information, please call Rochester Area YA-656-3558.	Barbara Barnes 248-651-9097
7 weeks 7:00-9:00 p.m. Wednesdays	S.T.E.P. (Systematic Training for Effective Parenting) and S.T.E.P.-TEEN/For parents of Teens and Pre-Teens. Improved communication and learning problem solving skills.	Hazel Park High School 23400 Hughes Hazel Park	\$15/per person \$20/per couple Book included  Please call class size is limited	Hazel Park Youth Assistance	Francie Walters 248-398-1891
Monthly and private sessions upon request Day & time varies please call	Michigan Special Education Mediation Program – conflict management for all ages and those with special needs.	Oakland Mediation Center 550 Hulet Drive Bloomfield Hills	Please call	Oakland Mediation Center <a href="http://www.mediation-omc.org">www.mediation-omc.org</a>	248-338-4280 ext. 217 Jennifer Clending
6 – 8 week courses Thursdays 3:30 a.m. or 5:00 p.m.	Responsible Fatherhood Couple's Class – create an effective marriage/relationship & family strengthening program affected by incarceration. For incarcerated & newly released fathers, on probation/parole and their partners in long-term relationships.	Common Ground 1410 S. Telegraph Bloomfield Hills	Free	Oakland Livingston Human Service Agency (OLHSA)	248-830-9636 Cecilia Ybarra
Weekly drop-in Thursdays 7:00 – 8:30 p.m.	Clear Path to Your Goal-weekly mediation group. Designed to release mental & emotional blocks, develop clear vision-teens & adults.	Inner Door Center 317 E. Eleven Mile Rd. Royal Oak	\$10 per session	Inner Door Center <a href="http://www.innerdoorcenter.com">www.innerdoorcenter.com</a>	248-990-1902 Ruth Z
Quarterly Week Days and Nights	Becoming A Love and Logic Parent - for Parents or Guardians of children.	Please call for nearest location	No Cost - call to reserve space	Common Ground Sanctuary	Barbara Broesamle 248-547-2260
Quarterly Tuesdays 6:00 -8:00 p.m. 6 week sessions	Parenting with a Purpose – Group counseling for parents who are involved with MDHS	Inner Door Center 317 E. Eleven Mile Rd. Royal Oak, MI 48067	Please Call	Inner Door Center <a href="http://www.innerdoorcenter.com">www.innerdoorcenter.com</a>	Sharon Jackson 248-336-3868 or 248-891-9094
Twice Yearly Wednesday 6:00 -8:00 p.m. 6 week session	Basic Parenting Skills	Inner Door Center 317 E. Eleven Mile Rd. Royal Oak, MI 48067	\$30.00 per person \$150.00 per couple	Inner Door Center <a href="http://www.innerdoorcenter.com">www.innerdoorcenter.com</a>	Sharon Jackson 248-336-3868 or 248-891-9094

DATES/TIMES	PROGRAM TITLE	LOCATION	COST	SPONSORING ORGANIZATION	CONTACT PERSON AND PHONE
Twice Yearly Call for Start Dates	Communication 100 – Couples working to bridge the communication divide.	Inner Door Center 317 E. Eleven Mile Rd. Royal Oak	\$90.00 per person \$150.00 per couple	Inner Door Center www. <a href="http://www.innerdoorcenter.com">innerdoorcenter.com</a>	248-336-2868 or 248-891-9094 Sharon Jackson
12 Weeks Mondays 7:00 – 8:00 p.m.	Rainbows- a well organized peer support group for elementary age children who are trying to adjust to a single parent household, stepfamily, or change in their family life.	Birmingham Temple 28611 W. 12 Mile Road Southfield Between Inkster & Middlebelt	No Cost	National Council of Jewish Women- Greater Detroit Section	248-355-3300 ext. 0
Monday's 10 weeks 6:00 p.m. to 8:00 p.m.	Growth & Healing – Empowerment group for girls ages 13 - 17 who have experienced sexual abuse, date rape or incest.	Common Ground 1410 S. Telegraph Bloomfield Hills	Free Please call-space is limited	Common Ground	Molly Suhr-Krycka 248-451-2621
Call for Appointment days and time vary	Parenting Support Services – Individual sessions focusing on parenting, and co-parenting skills for 2-home families. For parents of children ages 2-18.	Sage Counseling Services 30300 Telegraph Rd Suite 125 Bingham Farms	\$120/initial session \$80/per session per person or couple	Sage Counseling Services, PLLC	Bridget Kramer 734-558-1616
Ongoing every Monday, Tuesday, Thursday and Friday. 9:30 a.m. – 10:30 a.m.	S.M.I.L.E. (Start Making It Livable For Everyone) An educational program for separating/divorced parents with children under 18.	Oakland County Friend of the Court , 230 Elizabeth Lake Road, Pontiac MI 48341	No Cost No Registration required.	Oakland County Circuit Court-Family Division	Angela Miller 248-858-0453
Ongoing	Dynamic Dads – Support and information program for parents with children of all ages.	Oakland Family Services	No Cost Call for schedule	Oakland Family Services	Kevin Zoromski 248-858-7766 ext 319
10 week group sessions Thursdays	Project Parent–for parents expecting their first child or for parents with their first child up to 4 months of age. Support during the critical period of adjustment and relationship building.	Healthy Start at St. Joseph Mercy Hospital 44428 Woodward Ave. Pontiac	Free	Healthy Start/Healthy Families Oakland	Teresa 248-858-6948 or Alejandra Barnes 248-840-3376
Wednesday 7-28-10 through 9-1-10 7:00 p.m. to 8:30 p.m. six sessions	Adult Bereavement Support Group – for individuals who have experienced the loss of a parent.	Bingham Office Park 30300 Telegraph Road Suite 125 Bingham Farms, MI 48205	No Charge (donations appreciated)	NCJW/Space ofr Changing Families	248-355-9936 Space@ncjwgds.org

## PARENT/FAMILY SPONSOR ORGANIZATIONS

44th District Court, Royal Oak/ETRS  
 Abilities Center, Inc. (The)  
 Adoption Associates, Inc.  
 Adoption Identity Movement of Michigan  
 Baldwin Center  
 Berkley/Huntington Woods Youth  
 Assistance  
 Bethany Christian Services  
 Birmingham Schools  
 Birmingham Youth Assistance  
 Bloomfield Youth Guidance  
 Boys & Girls Clubs of South Oakland County  
 Botsford General Hospital  
 Brandon-Groveland Youth Assistance  
 Building Better Families Through Action  
 Care House  
 Catholic Social Services of Oakland  
 County  
 CHADD  
 Clarkston Area Youth Assistance  
 Clarkston Community Education  
 Clarkston Free Methodist Church  
 Clawson Youth Assistance  
 Clean House, Inc.  
 Common Ground Sanctuary  
 Congregation Beth Shalom  
 Counseling and Assessment Associates  
 Crittenton Hospital  
 Crossroads for Youth  
 Crossroads Pregnancy Center  
 Families Involved Together  
 Farmington Youth Assistance  
 Ferndale Youth Assistance

First Baptist Church of Detroit  
 Forever Families, Inc.  
 Friends of Troy Public Library  
 Gateway Counseling Center  
 Great Start Collaborative-Oakland  
 HAVEN  
 Habitat for Humanity Of Oakland County  
 Hazel Park Library  
 Hazel Park Public Schools  
 Hazel Park Youth Assistance  
 Havenwyck Hospital  
 Head Start/Early On  
 Health Brings Wealth, Inc.  
 Healthy Start/Healthy Families-Oakland  
 Healthy Family Development Center, Inc.  
 Henry Ford Health Systems Maplegrove Ctr.  
 Hispanic Outreach Services  
 Holly Area Youth Assistance  
 Huron Valley Youth Assistance  
 Inner Door Center  
 Jason Foundation, The  
 JEC Counseling  
 Jewish Federation of Metro Detroit  
 Kaleidoscope Family Forum  
 Kleinstiver & Associates, P.C.  
 Lake Orion Community Schools  
 Lakes Area Youth Assistance  
 Living Word Lutheran Church  
 Lutheran Adoption Service  
 Lyon Area Substance Abuse Prevention  
 Coalition  
 Madison Heights Youth Assistance  
 Maplegrove Community Education  
 Michigan State University Extension  
 Milford Counseling Services  
 National Council of Jewish Women/Greater  
 Detroit Section (NCJW/GDS)

Oak Park Youth Assistance  
 Oakland County Circuit Court-Family Division  
 Oakland County Health Division  
 Oakland Family Services  
 OLHSA-Oakland Livingston Human Service  
 Agency  
 Oakland Schools-Early On  
 Orchards Children's Services  
 Perspectives of Troy  
 Pontiac Public Library  
 Providence Hospital & Medical Centers  
 Rochester Church of Christ  
 Rochester Community Schools  
 Rochester Area Youth Assistance  
 Royal Oak Community Coalition  
 Royal Oak High School  
 Royal Oak Recreation Department  
 Royal Oak Youth Assistance  
 Sage Counseling Services, PLLC  
 Save Our Youth  
 South Lyon Area Youth Assistance  
 Southeast Oakland Coalition  
 Southfield Parent-Youth Guidance  
 St. Joseph Mercy-Oakland  
 The Troy Community Coalition  
 Troy Families for SAFE HOMES  
 Troy Public Library  
 Troy Youth Assistance  
 United Way of Oakland County  
 Waterford Youth Assistance  
 West Bloomfield Youth Assistance  
 William Beaumont Hospitals Community  
 Health Education  
 Woodlawn Church – Royal Oak