

## EMERGENCY NUMBERS

**POLICE/FIRE (For Emergencies Only) Serves all Oakland County Communities.....911**

### **CRISIS COUNSELING/STRESS MANAGEMENT**

Catholic Social Services .....248-334-3595  
Common Ground Sanctuary (24 hours)..... 1(800) 231-1127, also 248-456-0909  
El Centro La Familia (Hispanic Counseling) .....248-858-5320  
H.A.V.EN. (Spouse Abuse).....248-334-1274  
National Youth Crisis Hotline..... 1(800) 448-4663  
Oakland Family Services.....248-858-7766  
Woman's Survival Center.....248-335-1520

### **SUICIDE**

Common Ground Sanctuary (24 hours)..... 1(800) 231-1127, also 248-456-0909  
Suicide Prevention Center (24 hours) .....313-224-7000

### **DOMESTIC AND SEXUAL ASSAULT SHELTERS FOR WOMEN AND CHILDREN**

Council Against Domestic Assault (24 hours) Lansing.....517-372-5572  
H.A.V.EN. (24 hours) Pontiac .....248-334-1274  
La Casa (24 hours).....248-227-7100  
National Sexual Assault Hotline ..... 1(800) 656-4673

**EMERGENCY PSYCHIATRIC SCREENING AND ASSESSMENT (COMMON GROUND SANCTUARY) .....248-456-1991**

### **SHELTER**

Pontiac Rescue Mission.....248-334-2187  
H.A.V.EN. (24 hours) (Women and Children) .....248-334-1274  
South Oakland Shelter (Royal Oak) .....248-546-6566

### **CHILD ABUSE**

National Child Abuse Hotline.....800-422-4453  
Oakland Family Services (Family Counseling) .....248-858-7766  
Parent's Helpline.....800-942-4357  
Protective Services (24 hours).....248-975-5010

**ABUSE OF AN ADULT (Protective Services) (24 hours).....248-975-5010**

**POISON CONTROL .....800-764-7661**

Children's Hospital of Michigan (24 hours).....313-745-5437  
National Poison Control Hotline ..... 1(800) 222-1200

### **RUNAWAY**

Common Ground Sanctuary (24 hours)..... 1(800) 231-1127, also 248-456-0909  
National Runaway Hotline (24 hours).....1(800) 621-4000 or 800-231-6946  
Vanished Children's Alliance ..... 1(800) 826-4743

### **SUBSTANCE ABUSE**

Alateen/Alanon-Family Groups .....888-4AL-ANON  
Alcoholics Anonymous .....248-332-3521  
Catholic Social Services (Counseling).....248-334-3595  
Common Ground Sanctuary (24 hours).....248-456-0909  
Oakland County Office of Substance Abuse.....248-858-0001  
Oakland Family Services (Counseling).....248-858-7766

### **FOOD AND CLOTHING**

Community Services of Oakland (Royal Oak/Hazel Park) .....248-542-5860  
FISH of Greater Pontiac (24 hours).....248-334-5555  
God's Helping Hands .....248-852-7400  
Lighthouse North (North Oakland County) .....248-620-6116  
Neighborhood House (Rochester Area) .....248-651-5836  
Open Door (Union Lake/White Lake/Waterford) .....248-360-2930  
Pontiac Area Lighthouse (Oakland County) .....248-920-6000  
Salvation Army - Pontiac (Oakland County) .....248-334-2407  
Salvation Army - Royal Oak (Oakland County) .....248-585-5600  
Troy People Concerned (Troy).....248-589-9199

### **MEDICAL CARE ASSISTANCE**

National AIDS Hotline..... 1(800) 342-2437  
North Oakland Medical Center Family Practice (Sliding Fee Scale).....248-857-7432  
St. Joseph Outpatient Clinic (Sliding Fee Scale) .....248-858-3069  
United Way First Call for Help (Prescriptions) .....248-456-8800

### **LEGAL ASSISTANCE**

Oakland County Lawyer Referral Service.....248-338-2100  
Oakland County Legal Aid .....888-783-8190

**FOR FURTHER ASSISTANCE CALL  
UNITED WAY FIRST CALL FOR HELP 456-8800**